

THE VITAMIN OUTLET/FITNESS SYSTEMS  
104 EVANS AVE. SINKING SPRING PA 19608 U.S.A.

THE VITAMIN OUTLET/FITNESS SYSTEMS  
104 EVANS AVE. SINKING SPRING PA 19608 U.S.A.

PHONE ORDERS: 1-800-967-1827 (6:00 AM TO 10:00 PM ORDER LINE)  
1-800-822-9995 (QUESTIONS) OR 1-610-670-6549

FAX (TOLL FREE): 1-800-461-3979 (ORDERS ONLY PLEASE!)  
OR 610-670-0135

E-MAIL: vitaminout@aol.com



**California  
Department of Corrections  
and Rehabilitation**

*The California Department of Corrections and Rehabilitation (CDCR) has approved this independent vendor to sell merchandise to inmates and the public. CDCR's brief review and approval of this vendor was strictly limited to minimum security requirements and general business intent. CDCR is not affiliated with this vendor and does not guarantee that the vendor will fulfill any obligations, perform as expected, nor permanently remain in business, nor does CDCR guarantee the vendor's products in any way. Any purchases from this vendor are at the buyer's sole risk. CDCR assumes no liability whatsoever for such purchases, nor any aspect thereof. Any issues or disputes regarding the vendor's products are the sole responsibility of the buyer and/or the vendor, and CDCR is not obligated to mediate or resolve any such disputes.*

On Line Ordering:  
**[www.vitaminoutlet.net](http://www.vitaminoutlet.net)**

**SUPER DISCOUNTS INSIDE!**

**2024**

**MASTERCARD**

**WELCOME TO  
THE VITAMIN OUTLET/  
FITNESS SYSTEMS**

**VISA**

**DISCOVER**

**104 EVANS AVE  
SINKING SPRING PA 19608**

**AMEX**

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**SAVING CUSTOMERS MONEY SINCE 1985!  
6-PACK CASE PRICING ON OUR OWN TOP  
QUALITY SPORTS EDGE SUPPLEMENT LINE!**

DEAR SPORTS, STRENGTH AND HEALTH ENTHUSIASTS,

THANK YOU FOR YOUR INTEREST IN OUR TOP QUALITY FITNESS SYSTEMS "SPORTS EDGE" LINE AND OTHER LINES OF VITAMINS AND SUPPLEMENTS AT WHOLESALE AND DISCOUNT PRICES! SERVING CUSTOMERS WORLDWIDE SINCE 1985, THE VITAMIN OUTLET/FITNESS SYSTEMS OFFERS ONLY THE BEST 100% NATURAL SUPPLEMENTS AT SUBSTANTIAL SAVINGS AND CONVENIENT DELIVERY! WE ARE SURE YOU WILL BE ESPECIALLY PLEASED WITH OUR EXCLUSIVE "SPORTS EDGE" SUPPLEMENT LINE DUE TO ITS' UNSURPASSED QUALITY AT **WHOLESALE AND DISCOUNT PRICES!**

SINCERELY,

THE VITAMIN OUTLET/FITNESS SYSTEMS

**2024**

**COPYRIGHT 2024 FITNESS SYSTEMS MFG. CORP.**

**"THE VITAMIN OUTLET" SINCE 1985  
IS A FULLY OWNED DIVISION OF  
FITNESS SYSTEMS MFG. CORP.  
104 EVANS AVE  
SINKING SPRING PA 19608**

THE STATEMENTS PRESENTED IN THIS CATALOG HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

# THE VITAMIN OUTLET/FITNESS SYSTEMS

## ORDERING INSTRUCTIONS

**PHONE ORDERS:**      **1-800-967-1827 (6:00 AM TO 10:00 PM ORDER LINE)**  
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**FAX (TOLL FREE):**      **1-800-461-3979 (ORDERS ONLY PLEASE!)**  
**OR 610-670-0135**

**E-MAIL:**                      **vitaminout@aol.com**

### ORDERING METHODS:

\*WEBSITE ONLINE  
\*PHONE  
\*MAIL  
\*FAX  
\*E-MAIL

**MASTERCARD**

**VISA**

### PROCESSING TIME:

\*MOST ORDERS FILLED IMMEDIATELY

**DISCOVER**

**AMEX**

### PAYMENT OPTIONS:

\*VISA  
\*MASTERCARD  
\*DISCOVER  
\*NOVUS  
\*AMERICAN EXPRESS  
\*MONEY ORDER  
\*CASHIER'S CHECK  
\*CERTIFIED CHECK  
\*PERSONAL CHECK (SUBJECT TO BANK CLEARANCE BEFORE SHIPMENT AND MAY DELAY YOUR ORDER ). FOR QUICKEST SHIPMENT PLEASE PAY WITH MONEY ORDER, CERTIFIED CHECK, CREDIT CARD, OR DEBIT CARD.  
CHECKS RETURNS FOR NON-SUFFIENT FUNDS MAY COLLECTED ELECTRONICALLY  
ALONG WITH A RETURN FEE OF UP TO \$30.00.

**MAKE MONEY ORDERS OR CHECKS PAYABLE TO “THE VITAMIN OUTLET” OR “FITNESS SYSTEMS”**

### SHIPPING:

**FREE SHIPPING ON ORDERS  
OF \$150.00 OR MORE!!!**

**ORDERS BETWEEN \$40.00 AND \$149.99 SHIPPING RATE  
IS ONLY A FLAT \$8.00 TOTAL NO MATTER HOW MANY  
ITEMS ORDERED!**

**ORDERS UNDER \$40.00 ADD \$12.00 FLAT SHIPPING RATE.**

**BECAUSE PACKAGES MUST BE RECEIVED AT THE INSTITUTION WITHIN THE QUARTERLY PERIOD FOR WHICH THEY WERE PURCHASED, PLEASE ORDER AT LEAST 2 WEEK OR MORE IN ADVANCE OF THE QUARTER END.**

**THE FOUR QUARTERLY PERIODS ARE AS FOLLOWS:**

**QUARTER 1: JANUARY 1 THRU MARCH 31**

**QUARTER 2: APRIL 1 THRU JUNE 30**

**QUARTER 3: JULY 1 THRU SEPTEMBER 30**

**QUARTER 4: OCTOBER 1 THRU DECEMBER 31**

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# ALL PRODUCTS IN THIS CATALOG ARE APPROVED FOR QUARTERLY PACKAGES FOR PRIVILEGE GROUPS A, B, C AND D.

BACKORDERS AND SUBSTITUTIONS ARE NOT PERMITTED. IN THE EVENT AN ITEM IS OUT OF STOCK OR DISCONTINUED, A FULL REFUND FOR THAT ITEM WILL BE ISSUED TO THE PURCHASER.

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QUARTER 4: OCTOBER 1 THRU DECEMBER 31

PRICES GOOD THRU DECEMBER 31, 2024. PLEASE NOTE FROM TIME TO TIME SOME PRODUCTS MAY BE DISCONTINUED BEYOND OUR CONTROL BY THE MANUFACTURING LAB.

## MAXIMUM WEIGHT PER ORDER ALLOWED IS CURRENTLY 30 POUNDS

### HOW TO FIGURE WEIGHT OF YOUR PACKAGE

1. ALLOW 2 POUNDS FOR THE BOX AND PACKING MATERIALS.
2. EACH ITEM HAS A “WEIGHT IN POUNDS” LISTED BESIDE IT IN TENTHS OF A POUND . FOR EXAMPLE, AN ITEM LISTED AS 1.2 POUNDS IS 1 AND 2 TENTHS OF A POUND PER BOTTLE. AN ITEM LISTED AS .5 POUNDS IS 5 TENTHS OF A POUND OR ONE HALF POUND PER BOTTLE. FOR 6 PACK PRICING (OR 3 PACK PRICING), WE LISTED THE WEIGHT PER 6 PACK. FOR EXAMPLE A 6 PACK LISTED AS 4.1 POUNDS MEANS 6 BOTTLES OF THAT PRODUCT WEIGH 4.1 POUNDS, NOT 4.1 POUNDS PER BOTTLE. ANOTHER EXAMPLE: AN ITEM WEIGHING .6 POUNDS AND AN ITEM WEIGHING .4 POUNDS TOTALS 1 POUND ( $.6 + .4 = 1.0$  POUNDS OR 1 POUND EVEN).

EXAMPLE:

BOX AND PACKING MATERIAL ALLOWANCE	2.0 POUNDS
1 6 PACK (6 BOTTLES) OF #43 MAXIMUM ONE-A-DAY ( $1 \times 3.9 = 3.9$ )	3.9 POUNDS
2 BOTTLES OF #11 PROTEIN/AMINO ACID AT 1.6 POUNDS EACH ( $2 \times 1.6 = 3.2$ )	<u>3.2</u> POUNDS
TOTAL WEIGHT	9.1 POUNDS

WE WILL WEIGH ORDERS BEFORE SHIPPING. IF AN ORDER RECEIVED IS OVERWEIGHT (OVER 30 POUNDS), WE WILL USE OUR JUDGMENT AND FILL AS MUCH OF THE ORDER WE CAN AND ISSUE A FULL CREDIT OR REFUND TO YOU OR THE PURCHASER FOR THE BALANCE OF THE UNSHIPED AMOUNT.

FORMULA DESCRIPTIONS PRINTED IN THIS CATALOG MAY VARY SLIGHTLY FROM TIME TO TIME FROM ACTUAL PRODUCT RECEIVED DUE TO A SLIGHT FORMULA CHANGE AFTER CATALOG PRINTING OR DUE TO INADVERTENT PRINTING ERROR.

# REGULAR FREE PRODUCT OFFER FOR LARGE VOLUME ORDERS!

ORDERS OF \$250.00 OR MORE GET 1 BOTTLE CODE  
#99 VEGGIE VITAMINS 90 TABLETS FOR ONLY 1CENT!

(PRISON RULES DO NOT ALLOW US TO GIVE FREE ANYMORE SO WE DID  
THE NEXT BEST THING FOR A PENNY)

## SEE CATALOG FOR FULL SPORTS EDGE PRODUCT DESCRIPTIONS

### CATALOG LAYOUT

**PAGES 6 THRU 28 CONTAIN THE PRICE LIST. PAGES 29 THRU 38 CONTAIN  
THE FULL PRODUCT DESCRIPTIONS FOR THE WHOLESALE ITEMS PRICED  
ON PAGE 6. ORDER FORM IS ON BACK COVER.**

### RETURN POLICY:

BACKORDERS AND SUBSTITUTIONS ARE NOT PERMITTED. IN THE EVENT AN ITEM IS OUT OF STOCK OR  
DISCONTINUED, A FULL REFUND FOR THAT ITEM WILL BE ISSUED TO THE PURCHASER.

MERCHANDISE CAN BE RETURNED AT INMATE EXPENSE IN UNOPENED, UNMARKED, UNDAMAGED  
RESALEABLE CONDITION WITHIN 60 DAYS OF SHIPMENT FOR A FULL CREDIT (MINUS OUR COST OF  
SHIPPING TO INMATE) TOWARDS THE PURCHASE OF FUTURE MERCHANDISE. REQUEST FOR CHECK OR  
CREDIT CARD REFUND INSTEAD OF CREDIT TOWARD FUTURE PURCHASE IS SUBJECT TO AN ADDITIONAL  
15% RESTOCKING FEE. EXAMPLE: INMATE RETURNS MERCHANDISE TOTALING \$108.00 (\$100.00 WORTH OF  
MERCHANDISE PLUS \$8.00 SHIPPING) FOR A CREDIT TOWARDS A FUTURE PURCHASE. IF THE  
MERCHANDISE COST US \$20.00 TO ORIGINALLY SHIP, YOU WILL HAVE A \$88.00 CREDIT ON FILE (\$108.00 LESS  
OUR \$20.00 SHIPPING COSTS) GOOD TOWARDS A FUTURE PURCHASE. IN THE SAME EXAMPLE BUT  
INSTEAD REQUESTING A REFUND, THE REFUND WOULD BE FOR \$71.80 (\$108.00 LESS OUR \$20.00 SHIPPING  
COST LESS \$16.20 RESTOCKING FEE (15% OF \$108.00 RESTOCKING FEE)). UNITED PARCEL SERVICE (UPS)  
CHARGES US RETURN SHIPPING FEES FOR REFUSED/RETURNED PACKAGES THAT ARE NOT PREPAID BY  
THE INMATE. IF A PACKAGE IS RETURNED IN CASES OF US HAVING TO ALSO PAY RETURN SHIPPING  
AND/OR ISSUE A CALL TAG FOR UNWANTED MERCHANDISE INSTEAD OF INMATE RETURNING AT HIS  
EXPENSE, THOSE ADDITIONAL RETURN SHIPPING AND/OR CALL TAG COSTS WILL BE DEDUCTED FROM  
ANY CREDIT OR REFUND.

WE RECOMMEND YOU INSURE ANY RETURNED PACKAGE BECAUSE WE CAN NOT ISSUE CREDITS OR  
REFUNDS ON LOST OR DAMAGED PACKAGES (NOTE: PACKAGES WE SHIPPED THAT ARE UNOPENED  
AND IN THE ORIGINAL PACKAGING AND REFUSED BY THE INSTITUTION UPON ARRIVAL ARE  
AUTOMATICALLY INSURED)

OPENED MERCHANDISE OR FACTORY SEAL BROKEN MERCHANDISE CAN NOT BE RETURNED (UNLESS  
SOMEHOW DEFECTIVE). SEE BELOW FOR DAMAGED MERCHANDISE.

PACKAGES REFUSED BY INSTITUTION DUE TO DAMAGE OR PACKAGES CONTAINING DAMAGED  
MERCHANDISE AS A RESULT OF SHIPPING (OR IN THE VERY RARE CASE OF DEFECTIVE MERCHANDISE)  
DO NOT GO TO THE EXPENSE OF RETURNING THE DAMAGED ITEMS. HAVE THE INSTITUTION OR  
PURCHASER CONTACT US. WE WILL FILE A CLAIM WITH UNITED PARCEL SERVICE AND REPLACE THE  
DAMAGED MERCHANDISE AT NO EXTRA EXPENSE TO YOU OR ISSUE A FULL REFUND. (NOTE: AN  
EXAMPLE OF DEFECTIVE MERCHANDISE WOULD BE BROKEN TABLETS OR TABLET SHORTAGE (VERY  
RARE). "I DON'T LIKE THE TASTE" OR "I DIDN'T GET THE RESULTS I EXPECTED" IS NOT AN EXAMPLE OF  
DEFECTIVE MERCHANDISE)

REFUSED PACKAGES: (EXAMPLE: INMATE RECEIVED TOO MANY PACKAGES, ON ADMIN. SEG., BEING  
DISCIPLINED, PAROLED, DID NOT WANT, PRISON MISTAKE, ETC.) SAME AS ABOVE IN PARAGRAPH ONE  
BUT WE CAN RE-SHIP IF ALLOWED UPON REIMBURSING FOR OUR ACTUAL SHIPPING COSTS (AND RETURN  
SHIPPING COSTS IF ANY). EXAMPLE: PACKAGE IS RETURNED WHICH COST US \$20.00 TO ORIGINALLY SHIP  
AND WE ARE CHARGED \$20.00 FOR RETURN SHIPPING. UPON PAYMENT OF \$40.00 WE WILL RE-SHIP.

PAGE #	CODE #	PRODUCT	WHOLESALE PRICE LIST		RETAIL	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
29	11A	AMINO 2200 325 TABLETS		\$67.95		\$34.95	1.8	ABCD
		OR 6 BOTTLES FOR \$32.95 EACH				197.70	10.8	ABCD
29	10A	ANABOLIC MAX AMINO 400 TABLETS		77.95		41.95	2.2	ABCD
		OR 6 BOTTLES FOR \$39.45 EACH				236.70	13.0	ABCD
36	54	CHEAT THEN EAT 90 TABLETS		39.95		21.95	.5	ABCD
		OR 6 BOTTLES FOR \$19.95 EACH				119.70	2.5	ABCD
31	96B	COMPLETE MULTI 180 TABLETS		71.95		38.95	1.0	ABCD
		OR 6 BOTTLES FOR \$35.95 EACH				215.70	5.7	ABCD
33	15	DAILY VITAMIN PACK 30 PACKETS		43.95		22.95	.7	ABCD
		OR 6 PACKS FOR \$21.95 EACH				131.70	3.9	ABCD
30	105	ESSENTIAL FATTY ACID COMPLEX PACK 30 PACKETS		47.95		24.95	.6	ABCD
		OR 6 PACKS FOR \$22.95 EACH				137.70	3.4	ABCD
38	53	JOINT COMPLEX 180 TABLETS		59.95		29.95	.7	ABCD
		OR 6 BOTTLES FOR \$27.95 EACH				167.70	4.2	ABCD
33	43	MAXIMUM DAILY 90 TABLETS		39.95		20.95	.7	ABCD
		OR 6 BOTTLES FOR \$19.95 EACH				119.70	3.9	ABCD
34	98	MEGA MINERALS 100 TABLETS		19.95		9.95	.7	ABCD
		OR 6 BOTTLES FOR \$8.95 EACH				53.70	3.9	ABCD
32	21	MEGA ORGANIC GREENS COMPLEX 120 TABLETS		43.95		22.95	.3	ABCD
		OR 6 BOTTLES FOR \$20.95 EACH				125.70	1.5	ABCD
37	32	MEGA ORGANIC IMMUNE COMPLEX 120 TABLETS		43.95		22.95	.3	ABCD
		OR 6 BOTTLES FOR \$20.95 EACH				125.70	1.5	ABCD
35	97PT	NOS PLUS 250 TABLETS		79.95		39.95	1.2	ABCD
		OR 6 BOTTLES FOR \$36.95 EACH				221.70	7.0	ABCD
29	11	PROTEIN 2200 325 TABLETS		67.95		34.95	1.8	ABCD
		OR 6 BOTTLES FOR \$32.95 EACH				197.70	10.8	ABCD
29	10	PROTEIN MAX 400 TABLETS		77.95		41.95	2.2	ABCD
		OR 6 BOTTLES FOR \$39.45 EACH				236.70	13.0	ABCD
34	156	SENTRY DAILY 100 CAPLETS		14.95		7.95	.4	ABCD
34	157	SENTRY DAILY IRON FREE 100 CAPLETS		14.95		7.95	.4	ABCD
37	102T	SUPER FAT BURNER 120 TABLETS		59.95		29.95	.4	ABCD
		OR 6 BOTTLES FOR \$26.95 EACH				161.70	2.4	ABCD
30	16	ULTIMATE WHEY PROTEIN 3000 CHEWABLE 300 WAFERS		99.95		57.95	3.1	ABCD
		OR 6 BOTTLES FOR \$55.95 EACH				335.70	18.6	ABCD
33	99	VEGGIE VITAMINS 90 TABLETS		21.95		10.95	.4	ABCD
		OR 6 BOTTLES FOR \$10.45 EACH				62.70	2.1	ABCD
33	99B	VEGGIE VITAMINS 180 TABLETS		39.95		19.95	.7	ABCD
		OR 6 BOTTLES FOR \$18.75 EACH				112.50	3.8	ABCD

CODE	PROTEIN BARS	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
NOTE: BARS SOLD AS SINGLES PACKED LOOSE. SINGLES BOUGHT IN INCREMENTS OF 12 PER FLAVOR PACKED IN THE ORIGINAL BOX.				
6360002	BARBELLS PROTEIN BAR - 12 1.94 OUNCE (55 GRAM) BARS GREAT TASTING BARS WITH 20 GRAMS PROTEIN (CALCIUM CASEINATE, WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE) AND NO ADDED SUGAR. CARAMEL CASHEW, CHOCOLATE DOUGH, COOKIES & CREAM, CREAMY CRISP, HAZELNUT & NUGAT, OR SALTY PEANUT. EACH BAR CONTAINS 20-21 GRAMS PROTEIN, 7-9 GRAMS FAT, 1-2 GRAMS SUGAR, 16-20 GRAMS CARBS, 35-105 MG SODIUM AND 190-200 CALORIES.	42.00	1.8	ABCD
0181120	BSN PROTEIN CRISP BAR - 12 1.97 OUNCE (56 GRAM) BARS LOW SUGAR PROTEIN BARS WITH A LIGHT, RICE CRISPY TEXTURE FILLED WITH DECADENT FLAVOR. CHOCOLATE CRUNCH, PEANUT BUTTER CRUNCH, SALTED TOFFEE PRETZEL, OR VANILLA MARSHMALLOW. EACH BAR CONTAINS 20 GRAMS PROTEIN, 6-7 GRAMS FAT, 2-4 GRAMS SUGAR, 22-24 GRAMS CARBS, 160-260 MG SODIUM AND 230-240 CALORIES.	45.00	1.8	ABCD
CB02	CLIFF BUILDER PROTEIN BAR - 1 2.4 OUNCE (68 GRAM) BAR	SINGLE BAR 3.18	.2	ABCD
	ONE OF THE HEALTHIER PROTEIN BARS ON THE MARKET, FEATURES ALL-NATURAL INGREDIENTS AND ABSOLUTELY ZERO TRANS FATS OR HYDROGENATED OILS. CONTAINS A BLEND OF COMPLEX AND SIMPLE CARBS PLUS 20 GRAMS OF SOY AND NUT PROTEINS SO YOU WILL FEEL SATISFIED AND ENERGIZED WITHOUT BEING WEIGHED DOWN BY A HEAVY BAR. INGREDIENTS ARE ABOUT 1/3RD ORGANIC AND INCLUDE 23 VITAMINS AND 4 GRAMS OF FIBER IN ADDITION TO PROTEIN. PERFECT SNACK WHEN YOU NEED TO REFUEL FAST. CHOCOLATE, CHOCOLATE CHIP COOKIE DOUGH, CHOCOLATE MINT, CHOCOLATE PEANUT BUTTER, CRUNCHY PEANUT BUTTER, COOKIES & CREAM, OR VANILLA ALMOND. EACH BAR CONTAINS 20 GRAMS PROTEIN, 9-11 GRAMS FAT, 16-17 GRAMS SUGAR, 29-31 GRAMS CARBS, 200-330 MG SODIUM AND 280-300 CALORIES.			
CNB03	CLIFF NUT BUTTER FILLED ORGANIC ENERGY BAR - 12 1.76 OUNCE (50 GRAM) BARS ENERGY BAR MADE FROM ORGANIC BASED NON-GMO INGREDIENTS WITH PLANT BASED PROTEIN. BRINGS TOGETHER TWO GREAT ENERGY FOODS - A DELICIOUS, CREAMY NUT BUTTER INSIDE AN ORGANIC ENERGY BAR - TO DELIVER SUSTAINED ENERGY. CHOCOLATE PEANUT BUTTER OR PEANUT BUTTER FLAVORS. EACH BAR CONTAINS 5-7 GRAMS PROTEIN, 10-11 GRAMS FAT, 9-11 GRAMS SUGAR, 26-29 GRAMS CARBS, 65-180 MG SODIUM AND 220-230 CALORIES.	40.00	1.9	ABCD
8940505	GATORADE RECOVER PROTEIN BAR - 1 2.8 OUNCE (80 GRAM) BAR	SINGLE BAR 2.80	.2	ABCD
	THE PROTEIN BAR USED BY THE NFL, NBA, NHL AND MLB. SCIENTIFICALLY DEVELOPED FOR ATHLETES, EACH BAR CONTAINS A MIX OF PROTEINS AND CARBS TO HELP YOUR BODY REBUILD AND REFUEL. MADE WITH 20 GRAMS OF HIGH QUALITY WHEY AND MILK PROTEIN TO HELP REBUILD YOUR MUSCLES AND FUEL MUSCLE RECOVERY SO YOU COME BACK STRONG. CHOCOLATE CARAMEL, CHOCOLATE CHIP, CHOCOLATE PRETZEL, COOKIES AND CREME, MINT CHOCOLATE CRUNCH, PEANUT BUTTER CHOCOLATE, OR SMORES FLAVORS. EACH BAR CONTAINS 20 GRAMS PROTEIN, 10-13 GRAMS FAT, 25-30 GRAMS SUGAR, 40-43 GRAMS CARBS, 160-380 MG SODIUM AND 330-350 CALORIES.			
1140001	MF MUSCLE SANDWICH BARS - 12 2 OUNCE (57 GRAM) BARS A PEANUT BUTTER GRAHAM CRACKER PROTEIN SNACK IN CHOCOLATE (ORIGINAL) OR VANILLA FLAVORS. EACH BAR CONTAINS 13 GRAMS PROTEIN, 16-17 GRAMS FAT, 14-15 GRAMS SUGAR, 24-25 GRAMS CARBS, 140-220 MG SODIUM AND 290 CALORIES.	28.00	1.7	ABCD

		8			
CODE	PROTEIN BARS	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP	
0590135	MT BIG 100 COLOSSAL MEAL REPLACEMENT BAR - 9 3.52 OUNCE (100 GRAM) BARS. CHOCOLATE CHIP COOKIE DOUGH, CRISPY APPLE PIE, FRUITY CEREAL CRUNCH, PEANUT BUTTER PRETZEL, SUPER COOKIE CRUNCH, OR VANILLA CARAMEL CHURRO. EACH BAR CONTAINS 30-32 GRAMS PROTEIN, 10-15 GRAMS FAT, 17-31 GRAMS SUGAR, 40-48 GRAMS CARBS, 330-660 MG SODIUM AND 390-430 CALORIES PLUS SOME VITAMINS AND MINERALS.	40.00	2.3	ABCD	
0221058	ONE BAR - 12 2.12 OUNCE (60 GRAM) BARS DELICIOUS SNACK BAR WITH 20 GRAMS PROTEIN AND ONLY ONE GRAM SUGAR. BIRTHDAY CAKE, BLUEBERRY COBBLER, CHOCOLATE ALMOND BLISS, CHOCOLATE BROWNIE, CHOCOLATE CHIP COOKIE DOUGH, CINNAMON ROLL, COOKIES & CREME, LEMON CAKE, MAPLE GLAZED DOUGHNUT, PEANUT BUTTER CUP, PEANUT BUTTER PIE, OR SMORES. EACH BAR CONTAINS 20 GRAMS PROTEIN, 7-9 GRAMS FAT, 1 GRAM SUGAR, 22-24 GRAMS CARBS(INCLUDES ABOUT 8 GRAMS FIBER), 105-180 MG SODIUM AND 210-230 CALORIES.	45.00	1.8	ABCD	
151006	PC POWER CRUNCH BARS - 12 1.4 OUNCE (40 GRAM) BARS CREME FILLED WAFER PROTEIN BARS. IDEAL ON-THE-GO PROTEIN SNACK TO SATISFY HUNGER IN BETWEEN MEALS, AS A PRE-WORKOUT OR POST-WORKOUT PROTEIN SNACK, OR SIMPLY CRAVING SOMETHING CRUNCHY AND SWEET. CHOCOLATE COCONUT, CHOCOLATE MINT, COOKIES & CREME, FRENCH VANILLA CREME, LEMON MERINGUE, PEANUT BUTTER CREME, PEANUT BUTTER FUDGE, RED VELVET, SALTED CARAMEL, SMORES, STRAWBERRY CREME, OR TRIPLE CHOCOLATE. EACH BAR CONTAINS ABOUT 12-14 GRAMS PROTEIN, 12 GRAMS FAT, 5-8 GRAMS SUGAR, 10-13 GRAMS CARBS, 80-130 MG SODIUM, AND 205-220 CALORIES.	30.00	1.3	ABCD	
0270100	PN PROMAX BARS - 12 2.53-2.64 OUNCE (72-75 GRM) BARS PROVIDES 20 GRAMS OF HIGH QUALITY PROTEIN FROM A PROPRIETARY PROTEIN BLEND OF WHEY AND SOY. ALSO INCLUDES ENERGY PRODUCING CARBS AS WELL AS IMPORTANT VITAMINS, MINERALS, AND ANTIOXIDANTS. GLUTEN FREE. NO ARTIFICIAL SWEETENERS. CHOCOLATE CHIP COOKIE DOUGH, CHOCOLATE PEANUT CRUNCH, COOKIES ‘N CREAM, DOUBLE FUDGE BROWNIE OR NUTTY BUTTER CRISP. EACH BAR CONTAINS 20 GRAMS PROTEIN, 5-8 GRAMS FAT, 19-31 GRAMS SUGAR, 37-40 GRAMS CARBS, 100-200 MG SODIUM AND 280-300 CALORIES.	30.00	2.2	ABCD	
8110051	QUEST PROTEIN BAR - 12 2.12 OUNCE (60 GRAM) BARS HIGH QUALITY LOW SUGAR GREAT TASTING NUTRITIONAL PROTEIN BARS PACKED WITH FIBER AND FREE OF ARTIFICIAL SUGARS, FLAVORS AND OTHER UNHEALTHY ADDITIVES. BIRTHDAY CAKE, BLUEBERRY MUFFIN, CARAMEL CHOCOLATE CHUNK, CHOCOLATE BROWNIE, CHOCOLATE CHIP COOKIE DOUGH, CHOCOLATE PEANUT BUTTER, CHOCOLATE SPRINKLED DONUT, COOKIES & CREAM, DIPPED CHOCOLATE CHIP COOKIE DOUGH, DIPPED COOKIES & CREAM, DOUBLE CHOCOLATE CHUNK, LEMON CAKE, MINT CHOCOLATE CHUNK, OATMEAL CHOCOLATE CHIP, SMORES, OR WHITE CHOCOLATE RASPBERRY. EACH BAR CONTAINS 20-21 GRAMS PROTEIN, 6-9 GRAMS FAT, 1-2 GRAMS SUGAR, 20-24 GRAMS CARBS (INCLUDES 13-19 GRAMS FIBER), 190-330 MG SODIUM AND 170-210 CALORIES.	45.00	1.8	ABCD	
5440011	REDCON 1 MRE BAR - 12 2.36 OUNCE (67 GRAM) BARS REAL FOOD PROTEIN MEAL REPLACEMENT BAR. CONTAINS ONLY WHOLE-FOOD SOURCES WHICH WON’T UPSET YOUR STOMACH, CAUSE CRAMPING, OR GIVE YOU UNWANTED GAS. PERFECT TO FUEL YOUR WORKOUT WITHOUT A DRASTIC INSULIN SPIKE AND HELP YOU PERFORM YOUR BEST. BANANA NUT BREAD, BLUEBERRY COBBLER, CARAMEL TRAIL MIX, COOKIE DOUGH, CRUNCHY PEANUT BUTTER CUP, GERMAN CHOCOLATE CAKE, OATMEAL CHOCOLATE CHIP OR SPRINKLED DONUT. EACH BAR CONTAINS 20 GRAMS PROTEIN, 9 GRAMS FAT, 6 GRAMS SUGAR, 29 GRAMS CARBS, 300 MG SODIUM AND 260 CALORIES.	42.00	2.0	ABCD	
5340008	RX BAR - 12 1.83 OUNCE (52 GRAM) BARS WHOLE FOOD PROTEIN BARS MADE WITH CLEAN, SIMPLE INGREDIENTS. EGG WHITES, DATES, NUTS AND OTHER NATURAL INGREDIENTS ARE COMBINED TO MAKE DELICIOUS FLAVORS. NO ADDED SUGAR. NO GLUTEN, DAIRY, SOY, ARTIFICIAL FLAVORS, PRESERVATIVES OR FILLERS. GMO, WHOLE 30 COMPLIANT AND KOSHER. BANANA CHOCOLATE WALNUT, BLUEBERRY, CHOCOLATE CHIP, CHOCOLATE SEA SALT, COCONUT CHOCOLATE, MINT CHOCOLATE, MIXED BERRY, PEANUT BUTTER, PEANUT BUTTER CHOCOLATE. OR VANILLA ALMOND. EACH BAR CONTAINS 12 GRAMS PROTEIN, 7-10 GRAMS FAT, 12-17 GRAMS SUGAR, 21-26 GRAMS CARBS (INCLUDES 5-6 GRAMS FIBER), 105-310 MG SODIUM AND 210-220 CALORIES.	44.00	1.4	ABCD	



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CODE	A&D/BETA-CAROTENE	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
1023	A 10,000 IU 250 SOFTGELS (AS RETINYL PALMITATE/FISH OIL) HELPS MAINTAIN HEALTHY EYE, SKIN, HAIR, AND IMMUNE SYSTEM. TAKE 1 DAILY.	9.00	.4	ABCD
4301	A & D-3 5,000/400 IU 100 SOFTGELS (FROM FISH LIVER OIL) TAKE 1 DAILY	6.00	.1	ABCD
114B	BETA-CAROTENE 25,000 IU 100 SOFTGELS (NATURAL SOURCE OF VITAMIN A FROM CARROT OIL) TAKE 1 DAILY	7.50	.2	ABCD
20265	D-3 1,500 IU 100 TABLETS (CHOLECALCIFEROL) MOST BIOLOGICALLY ACTIVE FORM OF VITAMIN D AVAILABLE (SAME VITAMIN D YOUR BODY MAKES WHEN EXPOSED TO SUNLIGHT). HELPS SUPPORT HEALTHY BONES AND TEETH, COLON AND THE IMMUNE SYSTEM. TAKE 1-3 DAILY.	5.00	.1	ABCD
19377	D-3 5,000 IU 100 SOFTGELS (CHOLECALCIFEROL) TAKE 1 DAILY.	9.00	.1	ABCD

## B VITAMINS/B-C COMP.

SN0409	B-2 RIBOFLAVIN 100 MG 100 TABLETS THIS IMPORTANT B VITAMIN PLAYS A KEY ROLE IN THE PROCESS OF SUPPORTING ENERGY PRODUCTION. ALSO REGULATES THYROID METABOLISM, AND IT ALSO HELPS ACTIVATE OTHER B VITAMINS SUCH AS FOLIC ACID AND VITAMIN B-6. SUITABLE OF VEGETARIANS AND HYPOALLERGENIC. EACH TABLET CONTAINS 100 MG RIBOFLAVIN (VITAMIN B-2) AND 89 MG CALCIUM. TAKE 1 TABLET DAILY.	9.00	.2	ABCD
102A	B-6 50 MG 100 TABLETS (PYRIDOXINE HCL) TAKE 1 DAILY.	6.00	.2	ABCD
207A	B-12 500 MCG 100 TABLETS (CYANOCOBALAMIN) TAKE 1-3 DAILY.	7.00	.2	ABCD
17176	B-12 1,000 MCG 100 TABLETS (METHYLYCOBALAMIN) TAKE 1-3 DAILY. FASTEST ACTING, HIGH ABSORPTION METHYLCOBALAMIN (THE NEUROLOGICALLY BIOLOGICALLY ACTIVE FORM OF B-12). MELTS UNDER THE TONGUE FOR RAPID ABSORPTION! ESSENTIAL FOR NATURAL ENERGY PRODUCTION IN EVERY CELL OF YOUR BODY. VITAL FOR NERVOUS SYSTEM HEALTH, CARDIOVASCULAR WELLNESS, PHYSICAL PERFORMANCE AND MENTAL ACUITY.	9.00	.1	ABCD
790A	B-12 5,000 MCG 30 TABLETS (METHYLCOBALAMIN) HIGH ABSORPTION METHYLCOBALAMIN (THE NEUROLOGICALLY BIOLOGICALLY ACTIVE FORM OF B-12). TAKE 1 DAILY.	9.00	.1	ABCD
106B	BALANCED B-100 MG COMPLEX 100 TABLETS	15.00	.4	ABCD
106C	250 TABLETS SUSTAINED RELEASE FOR GRADUAL RELEASE OF THE B-COMPLEX OVER A PROLONGED PERIOD OF TIME. EACH MEGA-POTENCY TABLET PROVIDES A COMPLETE COMPLEX OF ALL THE B VITAMINS. EACH TABLET CONTAINS 100 MG. <b>EACH</b> VITAMINS B-1, B-2, B-6, NIACIN, PANTOTHENIC ACID, CHOLINE, INOSITOL AND PARA-AMINO BENZOIC ACID; 100 MCG. <b>EACH</b> VITAMIN B-12 AND BIOTIN; AND 400 MCG. FOLIC ACID. IN A BASE OF LECITHIN, PARSLEY, RICE BRAN AND WATERCRESS. TAKE 1-2 DAILY.	32.00	1.0	ABCD
2843	FOLIC ACID 800 MCG 250 TABLETS B VITAMIN, ALONG WITH B-6 & B-12, THAT SUPPORTS HEART AND CARDIOVASCULAR HEALTH, NERVOUS SYSTEM HEALTH, SUPPORTS ENERGY METABOLISM, AND PLAYS ROLE IN FORMATION OF NEW CELLS. TAKE 1 DAILY.	7.00	.2	ABCD
791A	STRESS B COMPLEX WITH C 90 TABLETS HIGH POTENCY COMPLETE B-COMPLEX, VITAMIN C, HERBS AND MINERAL FORMULA FOR REDUCING SYSTEM STRESS. EACH 3 TABLETS PROVIDES 500 MG VITAMIN C, 75 MG. <b>EACH</b> B-1, B-2, B-6; 50 MG. <b>EACH</b> NIACINAMIDE, PANTOTHENIC ACID, CHOLINE, INOSITOL, PARA-AMINO BENZOIC ACID; 60 MCG. <b>EACH</b> B-12 AND BIOTIN; 100 MCG. FOLIC ACID, 600 MG CALCIUM, 300 MG MAGNESIUM; AND 75 MG <b>EACH</b> HERBS VALERIAN ROOT, HOPS, CHAMOMILE, AND PASSION FLOWER. OTHER INGREDIENTS: MAGNESIUM STEARATE, STEARIC ACID, CELLULOSE, SILICON DI., VANILLA BEAN. TAKE 3 DAILY.	11.00	.4	ABCD

## E VITAMINS

112B	E-400 IU 100 SOFTGELS (D-ALPHA TOCOPHERYL)	14.00	.2	ABCD
112C	250 SOFTGELS (D-ALPHA TOCOPHERYL) 100% CERTIFIED NATURAL FORM OF E THAT SUPPORTS HEART HEALTH, IMMUNE FUNCTION AND PROSTATE. BEWARE OF CHEAP INEFFECTIVE FORMS FROM SYNTHETIC OR PARTIAL SYNTHETIC E. TAKE 1 SOFTGEL DAILY.	28.00	.5	ABCD

110C	C-500 MG 250 TABLETS (ASCORBIC ACID IMMEDIATE RELEASE FORTIFIED WITH ROSE HIPS AND CITRUS BIOFLAVONOID COMPLEX). TAKE 1-3 DAILY	14.00	.5	ABCD
108B	C-1,000 MG COMPLEX 100 TABLETS	14.00	.6	ABCD
108C	250 TABLETS EACH TABLET 1000 MG VITAMIN C (ASCORBIC ACID) SUSTAINED RELEASE FORTIFIED WITH 5 MG ROSE HIPS, 525 MG CITRUS BIOFLAVONOIDS, 10 MG ACEROLA AND 50 MG EACH QUERCETIN, RUTIN, AND HESPERIDIN COMPLEX. TAKE 1 DAILY.	29.00	1.3	ABCD
NWF0700	C-1000 COMPLEX BUFFERED 90 TABLETS SUPPLIES CALCIUM ASCORBATE, A BUFFERED FORM OF VITAMIN C THAT IS BIOAVAILABLE AND NON-ACIDIC. ENHANCED WITH BIOFLAVONOIDS WHICH WORK SYNERGISTICALLY WITH C. BOOSTS ANTIOXIDANT PROTECTION WITHOUT UPSETTING THE STOMACH. EACH TABLET PROVIDES 1,000 MG VITAMIN C (CALCIUM ASCORBATE), 100 MG CALCIUM (CALCIUM ASCORBATE), 250 MG CITRUS BIOFLAVONOID COMPLEX, 50 MG ACEROLA POWDER, AND 50 MG RUTIN. TAKE 1 TABLET DAILY.	17.00	.4	ABCD
AM090	ESTER-C 500 MG 225 VEG TABLETS ESTER-C IS A BREAKTHROUGH PATENTED VITAMIN C FORMULA SUPPORTED WITH NATURALLY OCCURRING METABOLITES. METABOLITES HELP ENHANCE THE RETENTION OF VITAMIN C BY YOUR WHITE BLOOD CELLS, AN IMPORTANT PART OF YOUR IMMUNE SYSTEM. UNIQUE, CHEMICAL FREE MANUFACTURING PROCESS NEUTRALIZES pH, MAKING IT NON-ACIDIC AND GENTLE ON THE STOMACH. IN A DAILY 1,000 MG DOSE, ESTER-C DELIVERS 24-HOUR IMMUNE SUPPORT, SO ONCE A DAY IS ALL YOU NEED. EACH 2 VEGETARIAN TABLETS CONTAIN 1,000 MG VITAMIN C (AS ESTER-C CALCIUM ASCORBATE) AND 110 MG CALCIUM (AS ESTER-C CALCIUM ASCORBATE). TAKE 2 TABLETS ONCE DAILY, PREFERABLY WITH A MEAL.	27.00	.5	ABCD

## MINERALS

120A	CALCIUM 250 WITH D 100 TABLETS EACH TABLET CONTAINS 250 MG CALCIUM (CARBONATE) AND 250 IU VITAMIN D (CHOLECALCIFEROL) TAKE 1-4 DAILY.	6.00	.3	ABCD
4440	CALCIUM 500 MG 100 TABLETS (SWALLOW OR CHEWABLE) EACH TABLET CONTAINS 500 MG OF CALCIUM AS CALCIUM CARBONATE. THESE PLEASANT TASTING CHEWABLE TABLETS CAN NOW GIVE YOU YOUR DAILY SUPPLY OF CALCIUM. TAKE 2-3 DAILY	11.00	.9	ABCD
6390	CHROMIUM PICOLINATE 200 MCG 100 TABLETS TAKE 1 DAILY.	6.00	.2	ABCD
41383	IRON 65 MG (FERROUS SULFATE) 100 TABLETS TAKE 1 DAILY.	11.00	.1	ABCD
SN0848	OPTIZINC (ZINC METHIONINE SULFATE COMPLEX) 120 TABLETS ZINC IS A TRACE ELEMENT WHICH IS ESSENTIAL FOR NORMAL GROWTH, DEVELOPMENT OF THE REPRODUCTIVE ORGANS, NORMAL FUNCTIONING OF THE PROSTATE GLAND, HEALING OF WOUNDS, AND THE MANUFACTURE OF PROTEINS AND NUCLEIC ACIDS (THE BUILDING BLOCKS FOR RNA AND DNA). IT IS ALSO NECESSARY FOR OVER 100 DIFFERENT ENZYME SYSTEMS IN THE BODY. EACH TABLET CONTAINS 30 MG ZINC (AS ZINC METHIONINE SULFATE COMPLEX (OPTIZINC)) AND 300 MCG COPPER (AS COPPER SEBACIC ACID COMPLEX). TAKE 1 TABLET DAILY WITH A MEAL.	14.00	.1	ABCD
817B	POTASSIUM 99 MG 250 TABLETS TAKE 1 DAILY. (FROM GLUCONATE WITH 150 MCG IODINE FROM KELP)	11.00	.5	ABCD
184B	SUPER CALCIUM/MAGNESIUM WITH D & MINERAL COMPLEX 250 TAB (3 TABLETS PROVIDE 1,000 MG CALCIUM (CARBONATE), 500 MG MAGNESIUM (OXIDE), AND 200 IU VITAMIN D (CHOLECALCIFEROL)). TAKE 3 DAILY.	15.00	.9	ABCD
2457	VANADYL SULFATE 10 MG 120 TABLETS TAKE 1 DAILY	10.00	.2	ABCD
223A	ZINC 50 MG 100 TABLETS (OXIDE/CITRATE) TAKE 1 DAILY	5.00	.2	ABCD
SW203	ZINC 30 MG 250 TABLETS (GLUCONATE) TAKE 1-2 DAILY.	10.00	.2	ABCD

CODE	SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
SWU667	5-HTP ENTERIC COATED 100 MG 30 TABLETS PROMOTES MENTAL WELL-BEING, HEALTHY STRESS MANAGEMENT AND SOUND SLEEP. TAKE 1 DAILY.	12.00	.1	ABCD
NWF166	ACETYL L-CARNITINE 750 MG 90 TABLETS HELPS MAINTAIN HEALTHY CELLULAR ENERGY METABOLISM AND SUPPORTS BRAIN FUNCTION. SUPPORTS CELLULAR ENERGY PRODUCTION BY ASSISTING IN THE TRANSPORT OF FAT INTO THE MITOCHONDRIA WHERE IT IS OXIDIZED AND CONVERTED INTO ATP (CHEMICAL ENERGY FOR THE CELL). HIGHLY BIOAVAILABLE FORM THAT CAN CROSS THE BLOOD-BRAIN BARRIER, WHERE IT EXERTS AN ANTIOXIDANT EFFECT. TAKE 1 TO 2 TABLETS 1 TO 3 TIMES DAILY.	40.00	.4	ABCD
ET428	ACIDOPHILUS PEARLS ELITE PROBIOTIC BEADS 30 SOFTGELS <b>NO REFRIGERATION NEEDED!</b> 5 BILLION LIVE CULTURES DESIGNED TO SURVIVE STOMACH ACIDS. FEATURES TRUE DELIVERY TECHNOLOGY THAT ENSURES ACTIVE CULTURES SURVIVE STOMACH ACIDS, ARRIVE IN THE INTESTINES AND THRIVE TO PROVIDE EXCEPTIONAL SUPPORT. THE PROPRIETARY BLEND OF LACTOBACILLUS PLANTARUM LP-115, BIFIDOBACTERIUM LACTIS BL-04, B. LONGUM BB536, AND L. ACIDOPHILUS NFCM HELPS BALANCE INTESTINAL MICROFLORA FOR DIGESTIVE SYSTEM HEALTH AND BOOSTING OF NATURAL BODY DEFENSES. A HEALTHY DIGESTIVE SYSTEM SUPPORTS A FAVORABLE ENVIRONMENT FOR THE ABSORPTION OF NUTRIENTS AND HELP SUPPORTING A HEALTHY IMMUNE SYSTEM. SUPPORTS DIGESTIVE FUNCTION AND HELPS CLEANSE THE INTESTINAL TRACT. TAKE 1 SOFGEL DAILY WITH OR WITHOUT FOOD.	35.00	.1	ABCD
NWF722	ACIDOPHILUS PROBIOTIC 180 TABLETS REFRIGERATION PREFERRED TO MAINTAIN FULL POTENCY BUT NOT REQUIRED. SUSTANTIAL OVERAGES ABOVE ADVERTISED 3 BILLION CULTURES CONTAINED BUT IF STORED AT ROOM TEMPERATURE PRODUCT STARTS TO LOSE POTENCY SOONER SO BEST TO TAKE WITHIN 3 TO 5 MONTHS OF RECEIPT TO HAVE NEAR FULL POTENCY TOWARD END OF CONSUMPTION. CONTAINS CULTURES OF LACTOBACILLUS ACIDOPHILUS. THIS HEALTHY INTESTINAL FLORA PROMOTES POSITIVE PROBIOTIC BALANCE AND IMMUNE SYSTEM SUPPORT. USES SPECIFIC FERMENTATION AND DRYING TECHNIQUES TO ENSURE THAT EACH BATCH HAS THE HARDIEST STRAINS OF LACTOBACILLUS ACIDOPHILUS. (NOTE: FOR COMPARISON PURPOSES THIS FORMULA USES ONLY ONE FORM OF PROBIOTIC WHILE ABOVE ACIDOPHILUS BEADS USES A BALANCED 4 FORMS OF PROBIOTICS. (ONE SUGGESTION IS TO USE A MIX OF BOTH FORMULAS OR ALTERNATE.) TAKE 1 TABLET 1 TO 3 TIMES DAILY, PREFERABLY WITH A MEAL.	21.00	.3	ABCD
SN0746	ACTIVATED QUERCETIN 100 TABLETS A UNIQUE BIOFLAVONOID DERIVED FROM PLANT SOURCES. QUERCETIN HAS BEEN SHOWN TO INHIBIT HISTAMINE RELEASE. BROMELAIN IS A PINEAPPLE ENZYME THAT MAY ASSIST THE BODY IN TIMES OF STRESS, WHILE VITAMIN C HELPS SUPPORT THE IMMUNE SYSTEM. EACH 3 TABLETS CONTAIN 788 MG VITAMIN C, 50 MG MAGNESIUM, 1,000 MG QUERCETIN AND 300 MG BROMELAIN. TAKE 3 TABLETS 1 TO 2 TIMES DAILY IN DIVIDED DOSES BETWEEN MEALS.	35.00	.3	ABCD
290322	ADRENAL OPTIMIZER 120 TABLETS COMBINES IMPORTANT NUTRIENTS AND NUTRACEUTICALS THAT SUPPORT ADRENAL HEALTH. THE ADRENAL GLANDS HELP YOU COPE WITH PHYSICAL AND MENTAL STRESS. OVERTRAINING, CHRONIC ANXIETY, WORRY, NERVOUS TENSION AND OTHER FACTORS ASSOCIATED WITH EXCESSIVE CORTISOL RELEASE ARE LINKED TO ADRENAL EXHAUSTION AND FATIGUE. OVER-RELIANCE ON CAFFEIN AND OTHER STIMULANTS ALSO TAXES THE ADRENALS. EACH 2 TABLETS CONTAIN 100 MG EACH VITAMIN C, SHATAVARI, GOTU KOLA, RHODIOLA ROSEA, ELEUTHERO, LICORICE AND KSM66 ASHWAGANDHA; 250 MG VITAMIN B5, 125 MG CHAMOMILE, 80 MG SCHIZANDRA, AND 25 MG DMAE. TAKE 2 TABLETS 1 TO 2 TIMES DAILY.	28.00	.3	ABCD
SN525	ALFALFA 648 MG 250 TABLETS CERTIFIED PURE ORGANIC ALFALFA LEAF (MEDICAGO SATIVA). NATURAL SOURCE OF CHLOROPHYLL, BETA CAROTENE AND OTHER HEALTH-PROMOTING NUTRIENTS FOR AIDING GOOD HEALTH YEAR ROUND. TAKE 6 DAILY.	24.00	.8	ABCD
2683	ALOE VERA EXTRACT 200 SOFTGELS 25 MG EXTRACT EQUIVALENT TO 5,000 MG OR 1 TEASPOON OF 100% PURE ALOE VERA INNER LEAF GEL! ALOE VERA CONTAINS A VAST ARRAY OF VITAMINS, MINERALS, AMINO ACIDS, POLYSACCHARIDES AND PHENOLIC COMPOUNDS. HAS BEEN SHOWN TO SUPPORT A HEALTHY DIGESTIVE SYSTEM. TAKE 3 DAILY.	17.00	.8	ABCD

SPECIALTY NUTRITION		YOUR PRICE	WEIGHT IN POUNDS	12 PRIV. GROUP
NA416	ALPHA LIPOIC ACID 600 MG 45 TABLETS 12 HOUR TIME RELEASE DELIVERY WITH 100 MG CALCIUM. A VITAMIN-LIKE ANTIOXIDANT THAT HELPS NEUTRALIZE CELL-DAMAGING FREE RADICALS. ALSO HELPS METABOLIZE SUGAR IN THE BODY, ESPECIALLY IN MUSCLES, WHERE IT PROMOTES ENERGY. TAKE 1 TABLET DAILY.	19.00	.2	ABCD
13576	ALPHA LIPOIC ACID 300 MG 60 SOFTGELS RAPID RELEASE	15.00	.3	ABCD
GDS033	ANTACID WITH CALCIUM CARBONATE 500 MG 150 TABLETS ACTIVE INGREDIENT CALCIUM CARBONATE HELPS OBTAIN RELIEF FROM OCCASIONAL ACID INDIGESTION, HEARTBURN AND SOUR STOMACH. NEUTRALIZES GASTRIC ACIDITY.	8.00	.4	ABCD
SWD036	APPLE CIDER VINEGAR 200 MG 120 TABLETS FOR WEIGHT LOSS SUPPORT AND AID FOR FLUSHING YOUR SYSTEM. AIDS IN CLEANSING AND DETOXIFICATION BY HELPING REGULATE THE BODY'S ACID/ALKALINE BALANCE. ALL THE BENEFITS IN A CONVENIENT TABLET. TAKE 1 TABLET ONE TO TWO TIMES DAILY.	8.00	.2	ABCD
1241	APPLE CIDER VINEGAR FORMULA 90 TABLETS SUPPORTS FAT, SUGAR AND PROTEIN METABOLISM. EACH 3 TABLETS CONTAIN 720 MG APPLE CIDER VINEGAR WITH 150 MG APPLE PECTIN (FRUIT), 600 MG GYMNEMA SYLVESTRE, 200 MCG CHROMIUM, 25 MG VITAMIN B-6, 123 MG CALCIUM, AND 96 MG PHOSPHORUS. TAKE 3 TABLETS DAILY WITH A MEAL.	15.00	.2	ABCD
PF051	ASHWAGANDHA 570 MG 120 TABLETS FULL SPECTRUM FORMULA FEATURING WHOLE ROOT POWDER AND ROOT EXTRACT TO CAPTURE ALL THE PLANTS VALUABLE COMPOUNDS THAT REJUVENATES THE BODY, RELAXES THE MIND, AND INCREASES RESISTANCE TO STRESS. ONE OF THE WORLD'S MOST POWERFUL ADAPTOGENS HELPING THE BODY ADAPT TO PHYSIOLOGICAL AND PSYCHOLOGICAL STRESS. EACH TABLET CONTAINS 500 MG ASHWAGANDHA ROOT, 70 MG ASHWAGANDHA ROOT EXTRACT (25:1 YIELDING 5% WITHANOLIDES), AND 59 MG CALCIUM. TAKE 1 TABLET TWICE DAILY.	22.00	.3	ABCD
58148	ASHWAGHANDA (ORGANIC) 675 MG 120 TABLETS GMO GREE ORGANIC ASHWAGHANDA. BLACK PEPPER ADDED FOR ITS' ANTI-INFLAMMATORY PROPERTIES. HIGH IN ANTIOXIDANTS AND MAY BENEFIT THE BRAIN. EACH TABLET CONTAINS 675 MG ORGANIC ASHWAGANDHA ROOT POWDER AND 5 MG ORGANIC BLACK PEPPER (FRUIT). TAKE 1 TO 3 TABLETS DAILY PREFERABLY WITH MEALS.	15.95	.3	ABCD
36202	ASTAXANTHIN 5 MG 30 SOFTGELS ANTIOXIDANT FROM FISH & ALGAE WHICH HELPS FIGHT THE CELL DAMAGING FREE RADICALS THAT CAN LEAD TO OXIDATIVE STRESS WHICH MAY CONTRIBUTE TO THE PREMATURE AGING OF CELLS. TAKE 2 SOFTGELS DAILY.	19.00	.1	ABCD
30457	ASTRAGALUS EXTRACT 1000 MG 100 SOFTGELS HERB CONTAINING NATURALLY OCCURRING FLAVONOIDS AND POLYSACCHARIDES TO HELP WITH THE IMMUNE SYSTEM. TAKE 1 TO 2 SOFTGELS DAILY.	12.00	.2	ABCD
PF0521	BACOPA EXTRACT 225 MG 120 TABLETS HUMAN STUDIES SHOW BACOPA, A TRADITIONAL AYURVEDIC HERB SUPPORTS COGNITIVE FUNCTION. PRELIMINARY RESEARCH SHOWS BACOPA MAY PROVIDE ANTIOXIDANT PROTECTION IN MANY PARTS OF THE BRAIN, PARTICULARLY IN THE HIPPOCAMPUS - THE CENTER OF LEARNING AND MEMORY. THIS FORMULATION CONTAINS THE BENEFITS OF THE WHOLE PLANT PLUS A VERY RICH 12% LEVEL OF BACOSIDES, THE ACTIVE COMPOUND OF THE HERB MOST ASSOCIATED WITH EFFICACY. EACH TABLET CONTAINS BACOPA WHOLE PLANT EXTRACT (12% BACOSIDES A + B). TAKE 2 TABLETS TWICE DAILY.	18.00	.2	ABCD
4390	BEE POLLEN COMPLEX 100 TABLETS EACH TABLET CONTAINS 1,000 MG BEE POLLEN, 10 MG BEE PROPOLIS, AND 10 MG ROYAL JELLY. TAKE 2 TABLETS DAILY.	22.00	.4	ABCD
1180	BEET ROOT 1,000 MG 250 TABLETS SHOWN TO PROMOTE NORMAL BLOOD PRESSURE AS PART OF A HEALTHY LIFESTYLE. PROVIDES CIRCULARTORY SUPPORT. PROMOTES PLANT- BASED HEART HEALTHY ENERGY AND STAMINA. SUPPORTS HEART HEALTH. PROVIDES ANTIOXIDANT SUPPORT TO HELP PROTECT AGAINST OXIDATIVE STRESS AND DAMAGE. BEETS HELP TO DILATE BLOOD VESSELS, WHICH PROMOTES HEALTHY BLOOD FLOW AND SUPPORTS BLOOD PRESSURE LEVELS THAT ARE ALREADY IN A HEALTHY RANGE. EACH TABLET CONTAINS 1,000 MG BEET ROOT POWDER (BETA VULGARIS) (FROM 250 MG OF 4:1 EXTRACT). TAKE 2 TABLETS DAILY, PREFERABLY WITH A MEAL.	30.00	.4	ABCD

CODE		YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
SPECIALTY NUTRITION				13
SN1574	BETA-GLUCAN 250 MG 30 TABLETS BIOACTIVE CARBOHYDRATE DERIVED FROM THE CELL WALL OF BAKERS’ YEAST. USED TO MAINTAIN OR STIMULATE THE EFFECTIVENESS OF THE IMMUNE SYSTEM. UNIQUE PURIFICATION PROCESS USED TO ENHANCE THE EFFECTIVENESS. EACH TABLET PROVIDES 110 MG CALCIUM AND 250 MG BETA-1,3/1,6-GLUCAN. TAKE 1 TABLET DAILY BEFORE A MEAL.	39.00	.1	ABCD
SN0644	BIOPERINE BLACK PEPPER FRUIT EXTRACT 10 MG 120 TABLETS BIOPERINE IS A PURE FORM OF PIPERINE, DERIVED FROM THE FRUITS OF BLACK PEPPER. STUDIES INDICATE THAT BIOPERINE PROMOTES NUTRIENT ABSORPTION DUE TO BIOPERINE’S NONIRRITATING INTERACTION WITH THE SURFACE OF THE INTESTINAL TRACT. EACH TABLET CONTAINS 28 MG CALCIUM AND 10 MG BLACK PEPPER EXTRACT (BIOPERINE) YIELDING 95% PIPERINE. TAKE 1 TABLET WITH A VITAMIN SUPPLEMENT 30 TO 60 MINUTES BEFORE MEALS. DO NOT EXCEED 2 TABLETS DAILY.	14.00	.1	ABCD
29634	BIOTIN 5,000 MCG 60 SOFTGELS TAKE 1 DAILY. PROMOTES HEALTHY SKIN AND HELPS MAINTAIN HEALTHY HAIR	8.00	.1	ABCD
SN2757	BLACK SEED OIL 500 MG 120 SOFTGELS SUPPORTS HEALTHY MEMORY AND COGNITIVE SUPPORT. MAY SUPPORT A HEALTHY RESIRATORY SYSTEM ALONG WITH HEALTHY INTESTINAL FUNCTION. TAKE 2 SOFTGELS DAILY WITH A MEAL.	24.00	.1	ABCD
SN2614	BRAIN CHARGE 60 TABLETS PROVIDES AN ARRAY OF SCIENCE-BACKED HERBS AND NUTRIENTS TO SUPPORT THE MAINTENANCE OF HEALTHY COGNITIVE FUNCTION INCLUDING HEALTHY MEMORY, LEARNING AND MEMORY SUPPORT, AND CELLULAR ENERGY PRODUCTION AND BRAIN METABOLISM. EACH 4 TABLETS CONTAIN: 1 GRAM DIETARY FIBER, 15 MG THIAMIN (B-1), 15 MG RIBOFLAVIN (B-2), 50 MG NIACIN, 50 MG B-6, 340 MCG DFE FOLATE, 200 MCG B-12, 100 MCG BIOTIN, 47 MCG PANTOTHENIC ACID, 34 MG CALCIUM, 15 MG SODIUM, 750 MG ACETYL-L-CARNITINE, 750 MG GOTU KOLA WHOLE PLANT EXTRACT, 250 MG ASHWAGANDHA ROOT EXTRACT, 250 MG RHODIOLA ROOT EXTRACT, 200 MG GLYCEROPHOSPHATIDYLCHOLINE, 130 MG DMAE, 120 MG GINKGO LEAF EXTRACT, 100 MG N-ACETYL-TYROSINE, 100 MG GRAPE SEED EXTRACT, 90 MG SHARP PS (PHOSPHATIDYLSERINE), 50 MG COENZYME Q10, 30 MG VINPOCETINE, 25 MG ALPHA-LIPOIC ACID, AND 150 MCG HUPERZINE A. TAKE 4 TABLETS DAILY WITH BREAKFAST OR LUNCH	31.00	.3	ABCD
SN1104	BROCCOLI SPROUTS EXTRACT 250 MG 60 TABLETS RESEARCHERS HAVE ISOLATED A KEY COMPONENT OF BROCCOLI IS AN ISOTHIOCYANATE CALLED SULFORAPHANE WHICH CAN BE BENEFICAL TO YOUR HEALTH WITH ITS’ MANY PROTECTIVE PROPERTIES BY STIMULATING ENZYMES IN THE BODY. FRESHLY GERMINATED BROCCOLI SPROUTS CONTAIN UP TO 50 TIMES THE CONCENTRATION OF ISOTHIOCYANATES AS MATURE BROCCOLI. THIS FORMULA PROVIDES 2,000 MCG OF SULFORAPHANE PER SERVING, UP TO 5 TIMES MORE THAN AN AVERAGE SERVING OF FRESH BROCCOLI. EACH 2 TABLETS CONTAIN 500 MG BROCCOLI SPROUTS STANDARDIZED EXTRACT YIELDING 2,000 MCG SULFORA-PHANE AND 356 MG CALCIUM. TAKE 2 TABLETS 1 TO 2 TIMES DAILY.	19.00	.2	ABCD
7412	BROMELAIN 500 MG 120 TABLETS TAKE 3-4 DAILY. NATURAL DIGESTIVE ENZYME DERIVED FROM PINEAPPLE HELPS DIGEST PROTEIN IN THE GASTROINTESTINAL TRACT ALONG WITH THE NUTRITIONAL COMPONENTS OF FATS AND CARBOHYDRATES.	22.00	.4	ABCD
SN0870	CALCIUM D-GLUCARATE 500 MG 60 TABLETS TALE 2-6 DAILY. PROMOTES THE BODY’S DETOXIFICATION PROCESS AND SUPPORTS HORMONAL BALANCE. ALSO CAN BE USED AS AN ESTROGEN BLOCKER WHEN USED FOR STRENGTH TAINING. EACH TABLET 500 MG CALCIUM D-GLUCARATE AND 63 MG CALCIUM.	29.00	.1	ABCD
CEN015	CENTRUM SILVER 125 TABLETS LOWER DOSE GMO AND GLUTEN FREE MULIVITAMIN/MULTI MINERAL FORMULA FOR ADULTS AGE 50 AND OVER THAT HELPS SUPPORT THE HEART, BRAIN, EYES AND OVERALL HEALTH. TAKE ONE TABLET DAILY.	22.50	.4	ABCD

SPECIALTY NUTRITION		YOUR PRICE	WEIGHT IN POUNDS	14 PRIV. GROUP
CODE				
SN2022	CHELA-DETOX HEAVY METAL DETOXIFIER 60 TABLETS HEAVY METALS SUCH AS LEAD AND MERCURY ARE INCREASINGLY FOUND IN OUR AIR, FOOD, AND WATER. THIS FORMULA IS A BIO-ALIGNED FORMULA THAT CONTAINS A COMPLEX ARRAY OF TARGETED, EFFECTIVE COMPOUNDS THAT HAVE BEEN SHOWN IN PUBLISHED SCIENTIFIC STUDIES TO SUPPORT THE LIVER AND TO PROMOTE DETOXIFICATION OF THE BODY. EACH 3 TABLETS CONTAIN 1 GRAM DIETARY FIBER, 400 IU VITAMIN A, 60 MG VITAMIN C, 100 IU VITAMIN E, 2 MG VITAMIN B-6, 400 MCG FOLATE, 50 MCG VITAMIN B-12, 1 MG IRON, 10 MG SODIUM, 1,000 MG CHLORELLA, 500 MG NAC, 275 MG ROSEMARY LEAF EXTRACT, 270 MG MODIFIED CITRUS PECTIN, 270 MG BROCCOLI SPROUTS (.4% SULFORAPHANE), 250 MG TUMERIC ROOT EXTRACT (95% CURCUMINOIDS), 250 MG GARLIC BULB, 225 MG HOLY BASIL LEAF EXTRACT, 200 MG SILYMARIN, 166 MG LOIVE LEAF EXTRACT, 125 MG GREEN TEA LEAF EXTRACT, 120 MG CALCIUM D-GLUCARATE, 62 MG SHILAJIT MINERAL RESIN EXTRACT, 50 MG R-LIPOIC ACID, 5 MG CONEZYME Q10, AND 3 MG BLACK PEPPER FRUIT EXTRACT. EACH BOTTLES COMPLETES A 2 MONTH DETOXIFICATION CYCLE PER DIRECTIONS. REPEAT CYCLE IF NEEDED. TAKE WITH A MULTIMINERAL THAT INCLUDES CALCIUM, IRON, MAGNESIUM, ZINC, AND SELENIUM OR TAKE INDIVIDUALLY.	36.00	.2	ABCD
17077	CHOLEST WISE 120 SOFTGELS FORMULA CONTAINS BENEFICIAL INGREDIENTS THAT PROMOTE CIRCULATORY HEALTH AND MAY REDUCE THE RISK OF HEART DISEASE. HELPS MAINTAIN HEALTHY CHOLESTEROL LEVELS ALREADY WITHIN NORMAL RANGE AND WORKS TO PROMOTE CARDIOVASCULAR AND CIRCULATROY WELLNESS. EACH 3 SOFTGELS CONTAIN 600 MG NIACIN (FLUSH FREE), 975 MG PHYTO-STEROL COMPLEX (BETA SITOSTEROL, CAMPESTEROL, STIGMA-STEROL), 750 MG FISH OIL (PROVIDES 225 MG OT TOTAL OMEGA-3 FATTY ACIDS COMPRISING OF EPA, DHA AND OTHER FATTY ACIDS), 375 MG ODORLESS GARLIC, 37.5 MG PENTETHINE, 150 MG INOSITOL, AND 7.5 MG POLICOSANOL. TAKE UP TO 4 SOFTGELS DAILY.	35.00	.5	ABCD
NW720	CHOLINE 500 MG 100 TABLETS SUPPORTS CELLULAR HEALTH AND PROMOTES HEALTHY BRAIN FUNCTION. EACH TABLET 500 MG CHOLINE (AS CHOLINE BITARTRATE). TAKE 1 TABLET DAILY, PREFERABLY WITH FOOD.	18.00	.3	ABCD
55602	CINNAMON EXTRACT 500 MG 60 TABLETS EXCELLENT FOR DIABETICS, THIS 4:1 EXTRACT HELPS MAINTAIN HEALTHY BLOOD SUGAR LEVELS ALREADY WITHIN THE NORMAL RANGE. TAKE 2 TABLETS DAILY.	7.00	.2	ABCD
PF215	CINNAMON GLUCOSE BALANCE 90 TABLETS EXCELLENT FOR DIABETICS, THIS DYNAMIC METABOLIC MODULATOR SUPPORTS HEALTHY GLUCOSE LEVELS ALREADY WITHIN THE NORMAL RANGE. THIS COMPREHENSIVE BLEND OF HERBS AND NUTRIENTS HAVE ALSE BEEN SHOWN BY MODERN RESEARCH TO SUPPORT INSULIN FUNCTION AND DEFEND AGAINST FREE RADICALS. EACH TABLET CONTAINS 333IU VITAMIN D-3; 66 MCG CHROMIUM POLYNICOTINATE; 100 MG ALPHA-LIPOIC ACID; AND A 772 MG PROPRIETARY BLEND OF FENUGREEK SEED EXTRACT, CINNAMOMUM AROMATICUM BARK EXTRACT, BITTER MELON FRUIT EXTRACT, GYMNEMA LEAF EXTRACT, HOLY BASIL LEAF EXTRACT, BLUEBERRY LEAF EXTRACT, MILK THISTLE SEED EXTRACT, HAWTHORN BERRY EXTRACT, AND CHINESE SALVIA ROOT EXTRACT. TAKE 1 TABLET THREE TIMES DAILY.	32.00	.2	ABCD
272A	CLA CONJUCATED LINOLEIC ACID 60 SOFTGELS (FROM 1000 MG TONALIN YIELDING 72-82% CLA). HELPS REDUCE BODY FAT WHILE INCREASING LEAN TISSUE. MAY REDUCE APPETITE, BOOST METABOLISM AND STIMULATE THE BREAKDOWN OF BODY FAT. TAKE 1-4 SOFTGELS DAILY.	12.00	.3	ABCD
16615	COCONUT OIL 1,000 MG 120 SOFTGELS HEART HEALTHY FOOD THAT CAN BOOST THYROID FUNCTION HELPING TO INCREASE METABOLISM, ENERGY AND ENDURANCE. HELPS INCREASE DIGESTION AND HELPS ABOSRB FAT-SOLUBLE VITAMINS. USED TO HELP INCREASE GOOD CHOLESTEROL, DECREASE BAD CHOLESTEROL, AND REDUCE WAIST CIRCUMFERENCE AND ABDOMINAL OBESITY. ANTIFUNGAL PROPERTIES THAT MAY MAKE IT USEFUL IN COUNTERACTING FUNGAL INFECTIONS SUCH AS VALLEY FEVER. TAKE UP TO 4 DAILY.	15.00	.6	ABCD
16614	COCONUT OIL 1,000 MG 240 SOFTGELS	30.00	1.1	ABCD
SWE048	COD LIVER OIL (PRISTINE NORWEGIAN) 1,000 MG 60 SOFTGELS 100% PURE COLD PRESSED OIL! NATURAL SOURCE OF VITAMINS A & D, EPA/DHA AND OTHER OMEGA-3'S. HELPS MAINTAIN HEALTHY BONES & SKIN, EYE HEALTH AND COGNITIVE FUNCTION. HELPS REGULATE THE IMMUNE SYSTEM AND SUPPORT CARDIOVASCULAR HEALTH. TAKE 2 SOFTGELS DAILY.	15.00	.3	ABCD

SPECIALTY NUTRITION		YOUR PRICE	WEIGHT IN POUNDS	15 PRIV. GROUP
CODE				
NA606	COGNIUM 60 TABLETS (UP TO ONE MONTH SUPPLY) CLINICALLY SHOWN TO IMPROVE MEMORY AND RECALL. ENHANCES MENTAL AGILITY BY IMPROVING COGNITIVE FUNCTION. RESULTS IN AS LITTLE AS 4 WEEKS. KEEPS YOUR MIND SHARP AND MEMORY STRONG USING #1 MOST CLINICALLY STUDIED INGREDIENT. COGNIUM IS POWERED BY A SILK PROTEIN HYDROLYSATE, WHICH IS FOUND IN THE THREADS OF SILKWORM COCOONS. A BRAIN IMAGING STUDY INDICATES THAT COGNIUM ENERGIZES THE BRAIN BY INCREASING BLOOD FLOW AND GLUCOSE UPTAKE IN THE BRAIN’S CENTERS FOR LEARNING AND MEMORY. AN IN VITRO STUDY SUGGESTS IT ADDITIONALLY ACTS LIKE AN ANTIOXIDANT FOR THE BRAIN, SHIELDING IT FROM FREE RADICALS AND OXIDATIVE STRESS THAT HELP AGE THE BRAIN. EACH TABLET CONTAINS 100 MG CERA-Q POWDER (60% SILK PROTEIN HYDROLYSATE). TAKE 2 TABLETS DAILY WITH 4 TABLETS MAXIMUM.	37.00	.1	ABCD
NA614	COGNIUM EXTRA STRENGTH 60 TABLETS (ONE MONTH SUPPLY) STRONGER DOSE OF ABOVE. EACH TABLET 200 MG SILK PROTEIN HYDROLYSATE (60%). TAKE 2 TABLETS DAILY.	58.00	.1	ABCD
1330	COPPER CHELATE 2 MG 100 TABLETS AIDS IN THE FORMATION OF BONE, HEMOGLOBIN, AND RED BLOOD CELLS. WORKS IN BALANCE WITH ZINC AND VITAMIN C TO FORM ELASTIN. EACH TABLET CONTAINS 2 MG COPPER AND 103 MG CALCIUM. TAKE ONE TABLET DAILY, PREFERABLY WITH A MEAL.	7.00	.2	ABCD
SWU347	CoQ10 30 MG 60 SOFTGELS CLINICALLY STUDIED TO SUPPORT HEART HEALTH. ALSO HELPS MAINTAIN BLOOD PRESSURE LEVELS ALREADY WITHIN A NORMAL RANGE AND SUPPORT ENERGY PRODUCTION. TAKE 1-3 DAILY.	8.00	.1	ABCD
1852B	CoQ10 100 MG 60 SOFTGELS TAKE 1-3 DAILY. STRONGEST CoQ10 ON THE MARKET. SEE ABOVE DESCRIPTION.	16.00	.3	ABCD
50851	CoQ10, RESVERATROL & GRAPESEED FORMULA 60 SOFTGELS RAPID RELEASE Q-SORB SOFTGELS. TRIPLE ANTIOXIDANT FOR SUPPORTING HEALTHY AGING. HELPS FIGHT CELL DAMAGING FREE RADICALS AND SUPPORTS HEART HEALTH. EACH SOFTGEL CONTAINS 100 MG GRAPESEED EXTRACT, 100 MG RESVERATROL AND 50 MG COENZYME Q-10. TAKE 1 SOFTGEL 2 TIMES DAILY.	25.00	.2	ABCD
SN1563	CORAL CALCIUM 420 MG (FROM OKINAWA) 120 TABLETS A PREDIGESTED AND HIGHLY ABSORBABLE FORM OF CALCIUM CONTAINING 73 TRACE MINERALS HARVESTED ABOVE-SEA IN OKINAWA, JAPAN. ADDED VITAMIN D-3 IN FORM THAT SUPPORTS INTESTINAL ABSORPTION OF THE CALCIUM THAT YOU EAT AND ITS’ OPTIMAL USE IN THE BODY. HELPS BUILD HEALTHY BONES, PLAYS A ROLE IN MUSCLE CONTRACTION, HEARTBEAT, BLOOD CLOTTING AND NERVE TRANSMISSION. MAY HELP MAINTAIN BODY PH (ALKALINITY). MAY REDUCE THE RISK OF OSTEOPOROSIS LATER IN LIFE. EACH TABLET CONTAINS 420 MG CALCIUM (FROM VORAL), 1.2 G CORAL CALCIUM AND 10 MCG (400 IU) VITAMIN D-3. TAKE 1 TABLET 1 TO 2 TIMES DAILY.	25.00	.3	ABCD
13791	CRANBERRY FRUIT CONCENTRATE 12,600 MG 100 SOFTGELS TRIPLE STRENGTH. SUPPORTS HEALTHY URINARY TRACT HEALTH, SUPPORTS INTEGRITY AND CLEANSING OF THE BLADDER FOR PROPER FUNCTION AND ALLOWS FOR A HEALTHY FLOW OF URINE. TAKE 2 SOFGELS DAILY.	17.00	.2	ABCD
NWF1149	CURCUMIN (TURMERIC) 475 MG 60 SOFTGELS THE PRINCIPLE BIOACTIVE COMPONENT OF THE TURMERIC HERB DEMONSTRATED FOR ITS’ POTENT FREE RADICAL SCAVENGING PROPERTIES AND ABILITY TO SUPPORT THE BODY’S PROPER RESPONSE TO BIOLOGICAL STRESS. MAY SUPPORT A HEALTHY DIGESTIVE SYSTEM AND MAINTENANCE OF NORMAL CELL REPRODUCTIVE CYCLES. EACH SOFTGEL 475 MG TUMERIC ROOT EXTRACT (CURCUMA LONGA) STANDARDIZED TO MINIMUM 95% CURCUMINOIDS (450 MG). TAKE 2-4 SOFTGELS DAILY.	31.00	.2	ABCD
LE392	DOPA-MIND BY LIFE EXTENSION 60 TABLETS SUPPORTS HEALTHY COGNITIVE FUNCTION. AFFECTS MOOD AND COGNITION BY PROMOTING YOUTHFUL BRAIN DOPAMINE LEVELS. ENCOURAGES MEASURABLE MENTAL ACUITY USING STANDARD-IZED COGNITIVE TESTING. SUPPORTS CEREBRAL ARTERY DILATION FOR HEALTHY BRAIN BLOOD FLOW. DOPAMINE IS A NEUROTRANS-MITTER THAT HELPS SUPPORT MOOD AND COGNITION. BUT DOPAMINE LEVELS DECLINE WITH AGE, RESULTING IN A DECREASE IN MENTAL PERFORMANCE. THE NOVEL WILD GREEN OAT EXTRACT IN THIS FORMULA INHIBITS AN ENZYME WHICH AFFECTS DOPAMINE, EFFECTIVELY PROMOTING YOUTHFUL DOPAMINE LEVELS. THIS IN TURN SUPPORTS HEALTHY COGNITIVE FUNCTION. EACH TABLET CONTAINS 800 MG NEURAVENA WILD GREEN OAT EXTRACT (AERIAL PART)(PROVIDING ISOVITEXIN) AND 100 MG CALCIUM. TAKE 1 TABLET ONCE OR TWICE DAILY.	45.00	.3	ABCD

SPECIALTY NUTRITION		YOUR PRICE	WEIGHT IN POUNDS	16 PRIV. GROUP
CODE				
SN197	D-RIBOSE 1,000 MG 90 TABLETS A SIMPLE SUGAR THAT IS USED BY THE BODY TO SYNTHESIZE NUCLEOTIDES, ATP, NUCLEIC ACIDS AND GLYOGEN. PROMOTES ENERGY, SUPPORTS THE BODY DURING PHYSICAL ACTIVITY AND AIDS IN POST-WORKOUT RECOVERY. TAKE 3-6 TABLETS DAILY.	39.00	3	ABCD
PF0063	ECHINACEA DEFENSE FORCE 90 TABLETS SUPPORTS IMMUNE SYSTEM. UNIQUE COMINATION OF ECHINACEA WITH SOME OF THE MOST WIDELY USED TONIFYING HERBS OF CHINA AND SOME OF NORTH AMERICA’S FINEST PURIFIERS. EACH TABLET CONTAINS 51 MG CALCIUM AND A 784 MG PROPRIETARY BLEND OF ECHINACEA PURPUREA ROOT EXTRACT, SCHISANDRA FRUIT, LIGUSTRUM FRUIT, ASTRAGALUS ROOT, PAU D’ARCO BARK, OREGON GRAPE ROOT, GINGER ROOT, GARLIC BULB, SUMA ROOT AND ELEUTHERO ROOT EXTRACT. TAKE 1 TABLET 3 TIMES DAILY BETWEEN MEALS.	24.00	.3	ABCD
31240	ELDERBERRY SAMBUCUS 1250 MG 60 SOFTGELS TODAY, MOST OFTEN TAKEN AS A SUPPLEMENT TO TREAT COLD AND FLU SYMPTOMS. TRADITIONAL HERB FOR IMMUNE SUPPORT AND SUPPORTING ANTIOXIDANT HEALTH. NATURALLY CONTAINS BENEFICIAL FLAVONOIDS, INCLUDING PLANT-BASED PHYTO-CHEMICALS WITH ANTIOXIDANT PROPERTIES. EACH SOFTEL PROVIDES 266 MG ELDERBERRY JUICE CONCENTRATE (SAMBUCUS NIGRA)(BERRY)(A 4.7:1 CONCENTRATE EQUIVALENT TO 1,250 MG OF ELDERBERRY). TAKE 1 SOFTGEL TWO TIMES DAILY.	13.00	.2	ABCD
THN002	EMU OIL 750 MG 90 SOFTGELS 100% PURE EMU OIL THAT PROVIDES POLYUNSATURATED AND MONOUNSATURATED FATTY ACIDS WITHOUT PROVIDING ANY TRANS FATS. CONTAINS 750 MG OF ESSENTIAL FATTY ACIDS TO SUPPORT HEART AND VASCULAR HEALTH. TAKE 3 TO 6 SOFTGELS DAILY. TAKE LESS IF CONSUMING OTHER FATTY ACID PRODUCTS.	40.00	.3	ABCD
273B	EPA/DHA OMEGA-3 FISH OIL CONCENTRATE 120 SOFTGELS FREE OF MERCURY, LEAD AND OTHER HEAVY METALS. 1,000 MG MARINE LIPID CONCENTRATE CONTAINING 180 MG EPA AND 120 MG DHA. HEALTH EXPERTS AGREE: NOT ALL FAT IS BAD FOR YOU. OMEGA-3 FATTY ACIDS ARE CONSIDERED ONE OF THE “GOOD” FATS IMPORTANT FOR CELLULAR, HEART AND METABOLIC HEALTH. CHOLESTEROL FREE FISH OIL CONTAINS EICOSAPENTAENOIC ACID (EPA) AND DOCOSAHEXAENOIC ACID (DHA), TWO FATTY ACIDS THAT HELP SUPPORT AND MAINTAIN THE HEALTH OF YOUR CARDIOVASCULAR SYSTEM. THIS PRODUCT CONTAINS IMPORTANT FATTY ACIDS FOR THE BODY AND COMES IN A LARGER DOSAGE SIZE TO ENSURE YOU ARE GETTING THE BENEFITS FISH OIL IS FAMOUS FOR PROVIDING. PCB TESTED AND GUARANTEED TO BE WITHIN CALIFORNIA PROPOSITION 65 LIMITS! TAKE 1-3 SOFTGELS DAILY.	11.00	.4	ABCD
10150A	ESSENTIAL FATTY ACID COMPLEX 120 SOFTGELS COMPLETE WITH OMEGA 3,6, & 9, CLA, GLA,ALA, EPA, AND DHA. EACH SOFTGEL CONTAINS 10 IU NATURAL VITAMIN E (D-ALPHA TOCO.). COMPLETE WITH OMEGA 3-6-9 BLEND DERIVED FROM MARINE LIPID CONCENTRATE CONTAINING 125 MG EPA (EICOSAPENTAENOIC ACID/FISH OIL) AND 100 MG DHA (DOCOSAHEXAENOIC ACID/FISH OIL), 290 MG CLA COMPLEX (80% CONJUGATED LINOLEIC ACID FROM SAFFLOWER OIL), 262 MG GLA COMPLEX (18.5% GAMMA LINOLEIC ACID FROM BORAGE SEED OIL), 150 MG ALA COMPLEX (50% ALPHA LINOLEIC ACID FROM FLAX SEED OIL) AND 6.7 MG VITAMIN E. PCB TESTED AND GUARANTEED TO BE WITHIN CALIFORNIA PROPOSITION 65 LIMITS! TAKE 1-3 SOFTGELS DAILY.	19.00	.6	ABCD
SWU548	ESSIAC 398 MG 120 SOFTGELS ORIGINAL PROPRIETARY 8 HERB BLEND FROM RENE CAISSE USED AS A SUPER IMMUNE HEALTH HERBAL SUPPLEMENT. AMONG THE MOST POPULARLY RECOGNIZED AND REQUESTED HERBAL FORMULAS WORLD WIDE. INCLUDES HERBS BLESSED THISTLE, BURDOCK, SHEEP SORREL, RED CLOVER, SLIPPERY ELM, WATERCRESS, KELP, AND TURKEY RHUBARB. TAKE 2 TO 4 SOFTGELS DAILY.	42.00	.5	ABCD
SWE010	EVENING PRIMROSE OIL 1,300 MG 100 SOFTGELS (PROVIDES 130 MG GAMMA-LINOLENIC ACID (GLA), 962 MG LINOLEIC ACID (LA), AND 161 MG OLEIC AND PALMITIC ACID). TAKE 1-2 DAILY.	23.00	.3	ABCD



CODE	SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP	17
122A	EXCELLENT HAIR FORMULA 30 TABLETS PROVIDES WELL BALANCED BLEND OF IMPORTANT NUTRIENTS RECOGNIZED IN PROMOTING THE GROWTH AND HEALTH OF HAIR. INCLUDES HERBS LIKE SAW PALMETTO WHICH MAY HAVE VERY POSITIVE EFFECTS ON LOWERING DHT LEVELS IN THE BODY. DHT IS RECOGNIZED AS A MAJOR CONTRIBUTING FACTOR IN HAIR LOSS BY BOTH MEN AND WOMEN. INCLUDES 10,000 IU VITAMIN A; 12 IU VITAMIN E; 250 MG EACH VITAMIN C, PANTOTHENIC ACID, CHOLINE, INOSITOL AND SAW PALMETTO; 100 MG EACH VITAMIN B-2, VITAMIN B-6, CYSTEINE, PABA, AND PYGEUM AFRICANUM; 60 MG SILICA; 50 MG EACH MSM, GREEN TEA, AND GRAPE SEED; 30 MG EACH VITAMIN B-1, NIACINAMIDE, AND GINKGO BILOBA; 5 MG ZINC; 1 MG COPPER; 2,000 MCG BIOTIN; AND 400 MCG FOLIC ACID. TAKE 2 TABLETS DAILY WITH MEALS.	12.00	.3	ABCD	
142	EXCELLENT SKIN, HAIR & NAILS 120 TABLETS THE EFFECTS OF AGING AS WELL AS THE DESTRUCTIVE BY-PRODUCTS OF OXIDATION TO THE CELLS OF THE BODY CAUSED BY HAZARDS SUCH AS SMOKING, POLLUTION, UV RAYS AND A POOR DIET WORK TO UNDERMINE THE QUEST TO LOOK AND FEEL YOUNGER. WHILE THERE IS NO MIRACLE PRODUCT THAT STOPS THE AGING PROCESS OR MAKES US IMMUNE TO THE IMPACT OF OUR ENVIRONMENT, WE CAN FORTIFY OUR BODIES WITH NUTRIENTS WHICH HELP COMBAT THESE ADVERSARIES AS MUCH AS POSSIBLE. FORMULATED TO HELP SUPPORT THE AREAS OF THE BODY WHICH ARE ARGUABLY THE MOST TELLING FEATURES IN TERMS OF A YOUTHFUL APPEARANCE AS WELL AS OVERALL HEALTH AND WELLBEING. THIS FORMULAS’ COMPREHENSIVE BLEND OF 27 ANTIOXIDANTS, VITAMINS, MINERALS, HERBS AND SPECIFIC PROTEINS. EACH 2 TABLETS CONTAIN 400 MG VITAMIN C, 40 MG VITAMIN E, 4 MG VITAMIN B-6, 5000 MCG BIOTIN, 20 MG PANTOTHENIC ACID, 20 MG ZINC, 140 MCG SELENIUM, 1 MG COPPER, 4 MG MANGANESE, 250 MG OPTI MSM, 12.5 MG SILICA, 250 MG HYDROLYZED COLLAGEN TYPE 1&3, 125 MG METHIONE, 50 MG CITRUS BIOFLAVONOID COMPLEX, 50 MG HYDROLYZED KERATIN, 5 MG HYALURONIC ACID, 50 MG ALPHA LIPOIC ACID, 85 MG CALCIUM, AND 367 MG PROPRIETARY BLEND CONSISTING OF GOTU KOLA EXTRACT, GRAPE SEED EXTRACT, FO-TI ROOT, AMLA ROOT, GOJI BERRY, BLADDERWRACK, KELP THALLUS, WAKAME, OLIVE FRUIT EXTRACT, AND NATURAL ASTAXANTHIN COMPLEX. TAKE 2 TABLETS DAILY WITH MEALS. CAN STACK WITH “EXCELLENT HAIR” TO CONCENTRATE MORE ON HAIR HEALTH.	24.00	.4	ABCD	
4122	FIBER DIET 120 TABLETS FIBER DIET TABLETS ARE A SPECIAL COMBINATION OF GRAIN AND FRUIT FIBER. TAKE UP TO 5 TABLETS WITH A GLASS OF WATER 15-60 MINUTES BEFORE EACH MEAL. EACH TABLET IS FREE OF SUGAR, STARCH, PRESERVATIVES AND ARTIFICIAL COLORS. EACH 5 TABLETS CONTAIN 2200 MG FIBER BLEND (CONTAINS NATURAL FIBER FROM MICROCRYSTALLINE CELLULOSE, CITRUS PECTIN, GRAPEFRUIT PECTIN AND BEET ROOT CONCENTRATE), 177 MG CALCIUM AND 137 MG PHOSPHORUS. TAKE 5-15 TABLETS DAILY.	15.00	.3	ABCD	
270A	FLAX SEED OIL 1,000 MG 100 SOFTGELS (PROVIDES 500 MG ALPHA-LINOLENIC ACID (OMEGA-3), 123 MG LINOLEIC ACID (OMEGA-6), AND 140 MG OLEIC ACID (OMEGA-9)). AND 62 MG OTHER FATTY ACIDS & PHYTONUTRIENTS. NUTRITION FOR THE CARDIOVASCULAR SYSTEM, BRAIN, SKIN AND OTHER VITAL ORGANS. TAKE 1-2 SOFTGELS DAILY.	9.00	.4	ABCD	
55632	GARCINIA CAMBOGIA 750 MG 60 TABLETS STANDARDIZED TO CONTAIN 50% HYDROXYCITRIC ACID (HCH) (SALT FORM) FOR RELIABLE POTENCY. NATURAL FAT-BUSTER HERB. TARGETS BODY FAT AND WORKS TO NATURALLY DECREASE THE AMOUNT OF FAT YOU CREATE AND HELPS BREAK THE STRESS/APPETITE CONNECTION. BLOCKS THE ACTIVITY OF LIVER ENZYMES THAT CONVERT SUGAR AND CARBS INTO FAT, MAKING THEIR CALORIES AVAILABLE AS GLYCOGEN TO FUEL YOUR MUSCLES WHEN YOU EXERCISE. TAKE 2 TABLETS DAILY, PREFERABLY WITH A MEAL.	15.00	.2	ABCD	
250A	GARLIC 1,000 MG EXTRACT (ODORLESS) 100 SOFTGELS (100:1 EXTRACT EQUIVALENT TO 1,000 MG FRESH GARLIC BULB). EXCEPTIONAL ANTIOXIDANT AND HELPS MAINTAIN NORMAL CHOLESTEROL LEVELS. ANTIBIOTIC AND ANTIFUNGAL PROPERTIES THAT MAY MAKE IT USEFUL IN COUNTERACTING FUNGAL INFECTIONS SUCH AS VALLEY FEVER. TAKE 1 DAILY.	9.00	.1	ABCD	
202B	GARLIC & PARSLEY STANDARDIZED EXTRACT 500 MG 250 SOFTGELS ODORLESS AND TASTELESS PROVIDING 500 MG GARLIC, 200 MCG PARSLEY AND 28 MCG CHLOROPHYLL. TAKE 1-3 DAILY.	10.00	.4	ABCD	

CODE	SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP	18
SN0050	GENISTEIN SOY COMPLEX (FOR WOMEN) 120 TABLETS DESIGNED FOR MENOPAUSAL WOMEN TO EXPERIENCE THE “FREEDOM TO CHANGE” NATURALLY. RESEARCH SUGGESTS THAT SOY PROTEIN AND SOY ISOFLAVONES MAY REDUCE THE FREQUENCY AND SEVERITY OF HOT FLASHES DURING MENOPAUSE. EACH 2 TABLETS CONTAIN 2 GRAMS SOYLIFE NON-GMO ISOFLAVONE COMPLEX YIELDING 2 MG GENISTEIN AND 40 MG TOTAL ISOFLAVONES. TAKE UP TO 2 TABLETS TWICE DAILY WITH A MEAL.	25.00	.6	ABCD	
PF0418	GINGER EXTRACT 350 MG 120 TABLETS FULL SPECTRUM GINGER EXTRACT COMBINES AN EXTRACT CONCENTRATED TO 5% GINGEROLS, AND PURE, CULTIVATED GINGER ROOT TO DELIVER A BROAD SPECTRUM OF CONSTITUENTS. USED TO SUPPORT DIGESTIVE AND ASSIMILATIVE FUNCTIONS. OTHER POSSIBLE BENEFITS INCLUDE REDUCING MUSCLE PAIN AND SORENESS; LOWERING BLOOD SUGARS AND IMPROVING HEART DISEASE RISK FACTORS; HELPS LOWER CHOLESTEROL LEVELS; HELPS TREAT CHRONIC INDIGESTION; HELP FIGHT INFECTIONS; HELPS IMPROVE BRAIN FUNCTION AND PROTECT AGAINST ALZHEIMER’S DISEASE; HELPS TREAT MANY FORMS OF NAUSEA; HELPS LOWER ANTI-INFLAMMATORY EFFECTS ASSOCIATED WITH OSTEOARTHRITIS; HELPS REDUCE MENSTRUAL PAIN; AND MORE. EACH TABLET PROVIDES 61 MG CALCIUM; 250 MG GINGER RHIZOME (STANDARDIZED EXTRACT 5% YIELDING 12.5 MG GINGEROLS); AND 100 MG GINGER RHIZOME. TAKE 2 TABLETS DAILY.	20.00	.6	ABCD	
7654	GINKGO BILOBA 60 MG 120 TABLETS (24% GINKGO FLAVONE GLYCOSIDES). HELPS MAINTAIN PERIPHERAL CIRCULATION TO THE ARMS, LEGS AND BRAIN. CAN HELP IMPROVE MEMORY. TAKE 2 DAILY.	12.00	.3	ABCD	
PF112	GINSENG EXTRACT 450 MG 90 TABLETS TAKE 1 DAILY. UNIQUE FULL SPECTRUM GINSENG EXTRACT THAT COMBINES WHOLE ASIAN GINSENG ROOT WITH A STANDARDIZED EXTRACT OF ASIAN GINSENG ROOT CONCENTRATED TO 20% GINSENOSIDES (A BIOACTIVE FACTOR THAT PLAYS A ROLE IN WELL-BEING). COMBINING THE EXTRACT WITH PURE ROOT INSURES ALL THE IMPORTANT COMPOUNDS OF GINSENG ARE CAPTURED FOR A BROAD RANGE OF GINSENG ACTIVITY. HELPS SUPPORT PHYSICAL PERFORMANCE, ACT AS AN IMMUNE SUPPORT, AND HELPS BODY ADAPT TO PHYSICAL AND PSYCHOLOGICAL STRESSES.	38.00	.2	ABCD	
12213	GINSENG (HRG80 RED PANEX GINSENG) 30 CHEWABLE TABLETS BY TERRY NATURALLY. HRG80 IS A UNIQUE RED GINSENG, HYDROPONICALLY GROWN USING A PESTICIDE-FREE METHOD THAT MAKES IT ULTRA-CLEAN AND CONCENTRATES ITS’ MOST VALUABLE COMPOUNDS: RARE, NOBLE GINSENOSIDES. NOBLE GINSENOSIDES ARE SHOWN TO BE 17 TIMES BETTER ABSORBED. ALSO FEATURES EXCLUSIVE GAMMASORB DELIVERY SYSTEM (GAMMA CYCLODEXTRIN) , A PLANT-BASED MATERIAL THAT BINDS TO NUTRIENTS, MAKING THEM MORE EASILY ABSORBED AND BIOAVAILABLE FOR OPTIMAL RESULTS. IT HAS BEEN SHOWN TO INCREASE THE ABSORPTION OF CERTAIN HARD TO ABSORB (FAT SOLUBLE) DIETARY INGREDIENTS, IN SOME CASES BY AS MUCH AS 8 TIMES. USES WHOLE ROOT RED GINSENG FOR FULL SPECTRUM BENEFITS WHICH INCLUDE: MENTAL AND PHYSICAL ENERGY; RESILIENCE DURING STRESS; CONCENTRATION; STAMINA AND ENDURANCE; AND HEALTHY CORTISOL, SEROTONIN, AND GABA LEVELS. THIS HRG80 GINSENG CLINICALLY STUDIED SHOWING INCREASED ENERGY, BETTER MENTAL CLARITY, SLEEP IMPROVEMENT, AND MORE STAMINA. STUDY ALSO SHOWED MARKED IMPROVEMENT IN PEOPLE WITH POST COVID CHRONIC FATIGUE SYNDROME AND FIBROMYALGIA SYNDROME. EACH CHEWABLE TABLET CONTAINS 100 MG KOREAN RED GINSENG (PANAX GINSENG) ROOT POWDER (HRG80) CONTAINING RARE, NOBLE GINSENOSIDES. ALSO CONTAINS XYLITOL AND GAMMA CYCLODEXTRIN (FOR GAMMASORB DELIVERY SYSTEM. TAKE 1 TABLET DAILY. RESULTS IMPROVE WITH CONTINUED USE.	32.00	.2	ABCD	
PF0026	GINSENG REVITALIZER 964 MG 90 TABLETS CHINESE ENERGIZING COMPOUND BASED ON A CLASSIC FORMULA THAT HAS BEEN IN CONTINUED USE SINCE 1078 A.D. THIS DYNAMIC COMBINATION IS DESIGNED TO SUPPORT ENERGY LEVELS WITHOUT THE USE OF STIMULANTS - FOR LONG LASTING VITALITY AND WELL BEING. IN ADDITION TO BEING ONE OF THE MOST HIGHLY REGARDED ENERGY TONICS, GINSENG IS CLASSIFIED AS AN ADAPTOGEN, WHICH HELPS TH E BODY ADAPT TO A VARIETY OF PHYSICAL AND PSYCHOLOGICAL STRESSES. IN TRADITIONAL CHINESE HERBALISM, GINSENG IS COMBINED WITH HERBS CONSIDERED TO ASSIST AND AUGMENT ITS’ TONIFYING ACTIONS. THIS FORMULA COMINES A VARIETY OFADDITIONAL HERBS TO EXPAND THE EFFECTS OF GINSENG FOR INCREASED VITALITY AND ENDURANCE. EACH 3 TABLETS CONTAINS 76 MG CALCIUM AND A 2.89 GRAM PROPRIETARY BLEND OF DONG QUAI ROOT, BAI-SHU ATRACTYLODES RHIZOME, CODONOPSIS ROOT, FO-TI ROOT,	27.00	.4	ABCD	

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CODE	SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
	LICORICE ROOT, ASTRAGALUS ROOT, ASIAN GINSENG ROOT EXTRACT, EUTHERO ROOT, TIENCHI GINSENG ROOT, AMERICAN GINSENG ROOT EXTRACT, GINGER ROOT, ELEUTHERO ROOT EXTRACT, AND PORIA SCLEROTIUM. SUGGESTEXD USE: TAKE 3 TABLETS DAILY BETWEEN MEALS.			
491A	GLUCOSAMINE SULFATE 500 MG WITH POTASSIUM 120 TABLETS PROMOTES MOBILITY, FLEXIBILITY AND RANGE OF MOTION. EASES OCCASIONAL JOINT STRESS DUE TO EXERCISE OR PHYSICAL ACTIVITY. EACH TABLET CONTAINS 500 MG GLUCOSAMINE SULFATE AND 73 MG POTASSIUM (D-GLUCOSAMINE SULFATE). TAKE 1 TO 3 TABLETS DAILY.	9.00	.4	ABCD
W842	GLUCOSAMINE HCL 1500 MG 100 TABLETS TAKE 1 DAILY. ECONOMICAL AND EFFECTIVE JOINT SUPPORT THAT NOURISHES AND MAINTAINS HEALTHY, DURABLE CARTILAGE. PROVIDES FUNDAMENTAL SUPPORT FOR THE SHOCK-ABSORBING CARTILAGE THAT MAKES COMFORTABLE MOVEMENT POSSIBLE.	18.00	.5	ABCD
WU036	GLUCOSAMINE & CHONDROITIN SULFATE 750 MG/600 MG 120 TABLETS <b>TIMED RELEASE</b> TRUFLEX FORMULA FOR JOINT SUPPORT AND HEALTH ALL DAY LONG! HELPS BODY DEVELOP STRONG CARTILAGE, PROMOTING FLUID MOVEMENT AND JOINT FLEXIBILITY. TAKE 2 TABLETS DAILY.	34.00	.6	ABCD
NUB002	GRAPEFRUIT SEED EXTRACT 125 MG 100 VEGAN TABLETS HIGH POTENCY GRAPEFRUIT SEED EXTRACT IN A HYPOALLERGENIC FORM OFFERING POTENT BIOFLAVONOIDS SHOWN TO BE HIGHLY EFFECTIVE IN NUMEROUS APPLICATIONS. CONTAINS POWERFUL ANTIMICROBIALS THAT CAN KILL MORE THAN 60 TYPES OF BACTERIA AND YEASTS. CONTAINS POWERFUL ANTIOXIDANTS THAT CAN PROTECT YOUR BODY FROM OXIDATIVE DAMAGE CAUSED BY FREE RADICALS. OXIDATIVE DAMAGE HAS BEEN LINKED TO MANY CHRONIC ILLNESSES INCLUDING HEART DISEASE AND DIABETES. GRAPESEED EXTRACT MAY ALSO PROTECT AGAINST STOMACH DAMAGE, MAY HELP TREAT URINARY TRACT INFECTIONS, MAY REDUCE YOUR RISK OF HEART DISEASE, AND MAY PROTECT AGAINST DAMAGE CAUSED BY RESTRICTED BLOOD FLOW. TAKE 1 TABLET 1 TO 3 TIMES DAILY, WITH OR WITHOUT MEALS.	18.00	.2	ABCD
N428	GREEN COFFEE EXTRACT 500 MG 60 TABLETS POWERFUL NATURAL ENERGIZING ANTIOXIDANT DERIVED FROM RAW COFFEE BEANS. PROTECTS AGAINST OXIDATIVE STRESS CAUSED BY FREE RADICALS. TAKE 1-4 TABLETS DAILY.	25.00	.4	ABCD
N113	GREEN TEA EXTRACT 500 MG 120 TABLETS SUPER ANTIOXIDANT. DECAFFEINATED HIGHLY CONCENTRATED FORM STANDARDIZED FOR BIOFLAVONOID-LIKE ANTIOXIDANTS KNOWN AS POLYPHENOLS, PARTICULARLY EPIGALLOCATECHIN GALLATE (EGOG). EGOG HAS BEEN FOUND IN SCIENTIFIC STUDIES TO BE A POTENT ANTI OXIDANT. EACH TABLET CONTAINS GREEN TEA LEAF STANDARDIZED EXTRACT YIELDING 175 MG EPIGALLOCATECHIN GALLATE (EGOG). TAKE 1 TABLET DAILY.	17.00	.2	ABCD
19A	GUARANA 1000 MG 90 TABLETS (22% EXTRACT PROVIDING 220 MG NATURALLY-OCCURRING CAFFEINE - NATURAL HERBAL ENERGIZER). TAKE 1-2 DAILY.	12.00	.3	ABCD
701	GYMNEMA SYLVESTRE 400 MG 180 TABLETS ANCIENT AYURVEDIC HERB TRADITIONALLY USED FOR SUGAR AND CARBOHYDRATE METABOLISM. TAKE 6 TABLETS DAILY.	20.00	.4	ABCD
F0007	HAWTHORN HEART 60 TABLETS CARDIOVASCULAR SYSTEM SUPPORT. HAWTHORN IS A FLAVONOID-RICH HERB RENOWNED FOR ITS ABILITY TO SUPPORT THE NORMAL ACTIVITY OF THE HEART. COMINES BOTANICAL AND TONIFIERS FROM EUROPE, NORTH AMERICA AND ASIA TO SUPPORT THE CARDIOVASCULAR SYSTEM. EACH 900 MG TABLET CONTAINS PROPRIETARY BLEND: TIENCHI GINSENG ROOT, MOTHERWORT AERIAL PARTS, HAWTHORN BERRY EXTRACT, HAWTHORN LEAF AND FLOWER EXTRACT (MINIMUM 1.8% VITEXIN), CHINESE SALVIA ROOT EXTRACT, POLYGALA ROOT, DONG QUAI ROOT, CODONOPSIS ROOT, DONG QUAI ROOT EXTRACT, AND PORIA SCIEROTIUM.. TAKE 1 TABLET THREE TIMES DAILY.	16.00	.2	ABCD
1903	HEALTHY BONE 180 TABLETS TAKE 3 DAILY. EFFECTIVE PROPRIETARY HEALTHY, STRONG, LONG LASTING BONE SYSTEM SUPPORT FORMULA. EACH 3 TABLETS CONTAIN 30 MG EACH VITAMIN C, IPRIFLAVONE, & BROMELAIN; 400 IU VITAMIN D-3; 39 MCG VITAMIN K-1; 690 MG CALCIUM; 400 MG PHOSPHORUS; 200 MG MAGNESIUM; 7.5 MG ZINC; 750 MCG MANGANESE; 400 MCG COPPER; 50 MG POTASSIUM; 1.5 MG BORON; AND 75 MG LYSINE HCL.	13.00	.6	ABCD

SPECIALTY NUTRITION		YOUR PRICE	WEIGHT IN POUNDS	20 PRIV. GROUP
CODE				
NW862	HEARTCARE HAWTHORN 120 TABLETS PROMOTES HEALTHY HEART FUNCTION. CLINICALLY PROVEN NUTRITION FOR HEART HEALTH. HELPS SUPPORT BLOOD FLOW AND NUTRIENT FLOW TO YOUR HEART MUSCLE. MANY HAWTHORN EXTRACT FORMULAS CONTAIN 2% VITEXIN EXTRACTED FROM HAWTHORN BERRIES. BUT THIS FORMULA DELIVERS 18.75% OLIGOMERIC PROCYANIDINS EXTRACTED FROM THE HERB’S POTENT LEAVES AND FLOWERS INSTEAD, ALLOWING UP TO 10 TIMES MORE OF THE KEY ACTIVE BIOFLAVONOIDS NECESSARY FOR EFFICACY. VALIDATED BY OVER 50 YEARS OF CLINICAL RESEARCH, THIS FORMULA HAS BEEN SHOWN TO SUPPORT EFFICIENT HEART MUSCLE METABOLISM BY IMPROVING ITS OXYGEN AND ENERGY UTILIZATION, EACH TABLET CONTAINS 80 MG HAWTHORN LEAF AND FLOWER EXTREACT STANDARDIZED TO 18.75% OLIGOMERIC PROCYANIDINS (15 MG). TAKE 1 TABLET TWICE DAILY WITH WATER. FOR INTENSIVE USE TAKE UP TO 2 TABLETS THREE TIMES DAILY WITH WATER. BEST RESULTS OBTAINED WITH CONTINUAL USE.	26.00	.2	ABCD
16524A	HOODIA 1,000 MG SUSTAINED RELEASE 90 TABLETS EACH TABLET CONTAINS 1,000 MG SUSTAINED RELEASE HOODIA CACTUS POWDER. NOW YOU CAN GET THE APPETITE SUPPRESSING BENEFIT OF HOODIA AROUND THE CLOCK! TAKE 3 TIMES DAILY.	18.00	.3	ABCD
SWU750	HYALURONIC ACID 90 SOFTGELS EACH SOFTGEL SUPPLIES 75 MG HYALURONIC (PROVIDING 6.3 MG HYALURONIC ACID. THIS UNIQUE PREPARATION MAKES IT EASIER TO MAINTAIN THE FLUID BALANCE WITHIN THE CELLS, HELPING RESTORE YOUR NATURAL BEAUTY BY HELPING SUPPORT MOISTURE RETENTION IN THE SKIN. HELPS FIGHT THE VISIBLE SIGNS OF AGING. TAKE 2-4 SOFTGELS DAILY.	50.00	.2	ABCD
SN1893	HYALURONIC JOINT COMPLEX 60 TABLETS A COMPREHENSIVE FORMULA THAT COMBINES HYALURONIC ACID WITH GLUCOSAMINE, CHONDROITIN, MSM, AND MANGANESE ASCORBIC ACID COMPLEX. THESE INGREDIENTS ARE IMPORTANT BUILDING BLOCKS FOR HEALTHY JOINTS AND CONNECTIVE TISSUES. HYALURONIC ACID IS A MAJOR COMPONENT OF JOINT TISSUE THAT HELPS TO HOLD LUBRICATING MOISTURE IN JOINTS AND CARTILAGE. BIOCELL COLLAGEN IS A PATENED PRODUCT USING A HYDROLYSIS PROCESS TO YIELD LOW MOLECULAR WEIGHT HYALURONIC ACID, CHONDROITIN, AND COLLAGEN TYPE II FOR EVEN BETTER JOINT FUNCTION SUPPORT. EACH 3 TABLETS CONTAIN 1,000 MG BIOCELL COLLAGEN (HYDROLYZED TYPE II), 100 MG HYALURONIC ACID, 750 MG GLUCOSAMINE, 600 MG CHONDROITEN SULFATE COMPLEX, 450 MG MSM, 1 GRAM PROTEIN, 25 MG VITAMIN C, AND 6 MG MANGANESE. TAKE 1 TO 3 TABLETS TWICE DAILY.	35.00	.3	ABCD
4596	HYDROLIZED COLLAGEN 1,000 MG 180 TABLETS PRO-STRUCTURED TYPE 1 AND 3 COLLAGEN, PROVIDES THE MAJOR BUILDING MATERIALS FOR GROWTH, MAINTENANCE AND FLEXIBILITY OF HAIR, SKIN AND NAILS. ALSO AN ESSENTIAL COMPONENT OF MUSCLES, TENDONS, CARTILAGE AND TEETH. ALSO CONTAINS 15 MG L-ORNITHINE HCL, 10 MG VITAMIN C, AND 1 GRAM PROTEIN. TAKE 4-8 TABLETS DAILY.	21.00	.6	ABCD
31596	INOSITOL 1,000 MG 90 TABLETS ESSENTIAL FOR CELLS AND BRAIN FUNCTION AND PLAYS AN IMPORTANT ROLE IN CELL GROWTH AND FUNCTION. TAKE 1-2 DAILY.	17.00	.4	ABCD
2030102	JA ALPHA LIPOIC SUSTAIN 300 WITH BIOTIN 120 TABLETS PROMOTES CARBOHYDRATE METABOLISM AND RECYCLES FAT AND WATER SOLUBLE VITAMINS. SPECIAL BILAYER QUICK RELEASE/SUSTAINED RELEASE FORMULA TO MAXIMIZE AND SUSTAIN BLOOD LEVELS AND TO MINIMIZE GASTRIC IRRITATION AND BLOOD SUGAR FLUCTUATIONS OVER A LONGER PERIOD OF TIME. LIPID AND WATER SOLUBLE ANTIOXIDANT THAT IS A COFACTOR IN ENERGY PRODUCTION, HELPING TO REGULATE GLUCOSE METABOLISM. PROMOTES THE SYNTHESIS OF GLUTATHIONE, A CRITICAL COMPONENT OF THE BODY’S ENDOGENEOUS ANTIOXIDANT NETWORK. BIOTIN ADDED FOR OPTIMUM ALPHA LIPOIC ACID ACTIVITY. EACH TABLET CONTAINS 300 MG ALPHA LIPOIC ACID AND 333 MCG BIOTIN. TAKE 1 TO 2 TABLETS PER DAY WITH MEALS.	44.00	.4	ABCD
2030017	JA N-A-C 1,000 MG 120 TABLETS A POWERFUL ANTIOXIDANT AND GLUTATHIONE PRECURSOR THAT SUPPORTS LIVER AND LUNG FUNCTION. DETOXIFICATION AND INTRACELLULAR DEFENSE AGAINST OXIDATIVE STRESS. HELPS MAINTAIN NORMAL IMMUNE SYSTEM FUNCTION. EACH TABLET CONTAINS 1,000 MG NAC. TAKE 1 TABLET 1 TO 3 TIMES PER DAY.	25.00	.5	ABCD

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CODE	SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
2030051	JA ULTRA BONE-UP 240 EASY DISSOLVE TABLETS POWERFUL MULTINUTRIENT BONE-HEALTH/GROWTH SYSTEM THAT PROMOTES BONE DENSITY AND SUPPPORTS CARDIOVASCULAR AND ARTERIAL HEALTH. PROVIDES STIMUCAL OSSEIN MICROCRYSTALLINE HYDROXY APATITE (MCHA) (FROM FREE-RANGE NEW ZEALAND CALVES), WHICH INCLUDES THE SUPERIOR COMBINATION OF THE INORGANIC CALCIUM LATTICE OF MCHA WITHIN AN ORGANIC PROTEIN MILIEU. STIMUCAL IS RICH IN NATIVE TYPE I COLLAGEN - THE PREDOMINANT PROTEIN FOUND IN BONE - AND HAS BEEN CLINICALLY DEMONSTRATED NOT TO DISPROPORTIONATELY SPIKE CALCIUM LEVELS AS DO OTHER FORMS OF CALCIUM SUCH AS THE CITRATE AND CARBONATE SALT FORMS. STIMUCAL IS COMBINED WITH VITAMIN D3, VITAMIN K2 (AS MORE BIOAVAILABLE FORM MK-7) AND JARROSIL ACTIVATED SILICON TO SUPPORT THE DEPOSITION OF CALCIUM INTO THE BONES, AS WELL AS TO ASSIST IN BUILDING UP THE ORGANIC BONE MATRIX. POTASSIUM CITRATE AND MBP (MILK BASIC PROTEIN) ARE INCLUDED FOR OPTIMAL OSTEO SUPPORT. EASH 6 TABLETS CONTAIN 200 MG VITAMIN C, 2000 IU VITAMIN D3 (CHOLECALCIFEROL), 90 MCG NATURAL MK-7 (VITAMIN K2 AS MENAQUINONE-7), 1200 MG CALCIUM (ELEMENTAL)(FROM STIMUCAL MICROSRYSTALLINE HYDROXYAPATIT), 500 MG MAGNESIUM (OXIDE), 10 MG ZINC, 1 MG COPPER, 1 MG POTASSIUM, 5 MG JARROSIL SILICON (ACTIVATED SILICON FORMULA OF MOLECULAR CLUSTERS OF STABILIZED SILICIC ACID), 3 MG BORON AND 40 MG MBP (MILK BASIC PROTEIN). TAKE 2 TABLETS THREE TIMES DAILY WITH MEALS. EXCELLENT STACK WITH SPORTS EDGE #53 JOINT COMPLEX FORMULA.	48.00	1.0	ABCD
25542	JOINT COLLAGEN TYPE 2 ADVANCED FORMULA 120 TABLETS THIS FORMULA BRINGS TOGETHER ANCIENT HERBS KNOWN TO HELP FIGHT INFLAMMATION COMBINED WITH HYDROLYZED COLLAGEN TYPE 2 TO HELP RESTORE CARTILAGE AND JOINT FUNCTION. COLLAGEN TYPE 2 IS NATURALLY PRODUCED IN THE BODY IN SELF-SUSTAINING QUANTITIES THROUGH OUR 20'S, BUT AS WE AGE LESS IS PRODUCED. EACH OF THE HIGH QUALITY INGREDIENTS USED IN THIS FORMULA HAVE COMMONLY BEEN USED EITHER ALONE OR IN COMBINATION TO HELP FIGHT JOINT DEGRADATION, PAIN, INFLAMMATION AND STIFFNESS. SUPPORTS AND ENCOURGES CARTILAGE REPAIR, AIDS TO REDUCE MUSCLE AND JOINT STIFFNESS, PROMOTES JOINT FLEXIBILITY AND ELASTICITY, AND HELPS REDUCE JOINT INFLAMMATION. EACH TABLET CONTAINS 300 MG HYDROLYZED COLLAGEN (CHICKEN) AND 250 MG PROPRIETARY ADVANCED JOINT BLEND CONTAINING BOSWELLIA (INDIAN FRANINCESNSE)(GUM) EXTRACT (65% BOSWELLIC ACIDS), CINNAMON (BARK) (CINNAMONOOMUM CASSIA) EXTRACT (4:1), TUMERIC (RHIZOME)(CURCUMA LONGA) EXTRACT (95% CURCUMINOIDS, AND QUERCETIN DIHYDRATE. TAKE 2 TABLETS ONCE PER DAY.	39.00	.5	ABCD
SW994	K-1 100 MCG 100 TABLETS TAKE 1 DAILY. VITAMIN THAT IS AN OUTSTANDING SOURCE OF NOURISHMENT THAT WORKS TO KEEP YOUR BONES AND BLOOD HEALTHY.	8.00	.1	ABCD
17875	K-2 (MENA Q7) 50 MCG 30 SOFTGELS NATURAL, MOST BIOACTIVE FORM OF VITAMIN K-2. SUPPORTS NORMAL BLOOD CLOTTING AND ACTIVATES ENZYMES RESPONS-IBLE FOR BONE FORMATION AND MAINTAINING BONE HEALTH . WESTERN DIETS TEND TO BE LOW IN K-2. TAKE 1 SOFTGEL DAILY.	18.00	.1	ABCD
SW1745	KELP IODINE SOURCE 225 MCG 250 TABLETS KELP IS AN OCEAN PLANT PACKED WITH NUTRIENTS AND IS A RICH SOURCE OF IODINE. SUPPORTS HEALTHY THYROID FUNCTION AND HEALTHY BODY WEIGHT. EACH TABLET CONTAINS 225 MCG IODINE (FROM KELP) AND 56 MG ATLANTIC KELP (STANDARDIZED TO 0.4% IODINE). TAKE 1 TABLET PER DAY WITH WATER.	11.00	.2	ABCD
SN0172	KLAMATH BLUE-GREEN ALGAE 500 MG 100 TABLETS CERTIFIED ORGANIC, WILD-HARVEST BLUE-GREEN ALGAE (FRESHWATER ALGAE GROWN FROM THE UNSPOILED WATERS OF UPPER KLAMATH LAKE OREGON). POTENT GREEN FOOD NUTRITION PACKED WITH VITAMINS, MINERALS AND PHYTO- NUTRIENTS THAT SUPPORTS A HEALTHY GASTROINTESTINAL TRACT. TAKE 1-2 TABLETS DAILY.	40..00	.2	ABCD

CODE		SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
19392	KRILL OIL 500 MG 60 SOFTGELS	PROVIDES NATURALLY OCCURING ESSENTIAL FATTY ACIDS INCLUDING OMEGA-3, 6, & 9 PLUS EPA, DHA, PHOSPHOLIPIDS AND ASTAXANTHIN . HELPS MAINTAIN TRIGLYCERIDES LEVELS ALREADY WITHIN A HEALTHY RANGE. KRILL IS A TYPE OF SHRIMP-LIKE MARINE INVERTEBRATES AND ARE A COMMON FOOD SOURCE OF BALEEN WHALES AND NUMEROUS MARINE ANIMALS. THE OIL DERIVED FROM KRILL IS RICH IN PHOSPHOLIPIDS, THE BUILDING BLOCKS FOR CELL MEMBRANES, AND ESSENTIAL FATTY ACIDS INCLUDING OMEGA-3, 6, AND 9. KRILL OIL IS VERY STABLE, FREE OF HEAVY METAL CONTENT AND CONSIDERED MORE EFFICIENT IN THE BODY THAN REGULAR FISH OIL. TAKE 1 TO 3 GELCAPS OF OUR POTENT PURIFIED KRILL OIL PER DAY.	16.00	.2	ABCD
125B	LECITHIN 1,200 MG 250 SOFTGELS	(19 GRAIN GELCAP WITH 1200 MG PURE SOYA LECITHIN PROVIDING 61% PHOSPHATIDES.) CONSIDERED AN EFFECTIVE “BRAIN FOOD” AND OFTEN USED IN CONJUNCTION WITH WEIGHT LOSS PROGRAMS DUE TO ITS’ EFFECT ON FAT BURNING. HELPS LOWER CHOLESTEROL AND IMPROVE CIRCULATION. TAKE 1-3 DAILY.	16.00	1.1	ABCD
MSH009	LION’S MANE 275 MG 120 TABLETS	MUSHROOM WITH LONG CASCADING TENDRILS THAT SUPPORTS A HEALTHY NERVOUS SYSTEM. USED FOR PROMOTING HEALTHY DIGESTIVE AND IMMUNE SYSTEMS. STIMULATES THE SYNTHESIS OF NERVE GROWTH FACTOR, WHICH MAY PROTECT THE HEALTH OF NERVES, BRAIN AND THE BODY. MAY ASSIST DEALING WITH THE NEUROLOGICAL CONDITIONS SUCH AS ALZHEIMERS AND PARKINSONS DISEASE. TAKE UP TO 4 TABLETS DAILY.	41.00	.2	ABCD
SN0038	LIVER GUARD 60 TABLETS	BIO-ALIGNED COMBINATION OF SPECIALLY FORMULATED VITAMINS, MINERALS AND HERBS ESSENTIAL FOR HEALTHY LIVER FUNCTION. EACH 2 TABLETS CONTAIN 250 MG VITAMIN C, 100 IU VITAMIN E, 8 MG THIAMIN, 8 MG RIBOFLAVIN, 50 MG NIACINAMIDE AND NIACIN, 10 MG VITAMIN B-6, 400 MCG. FOLATE, 100 MCG VITAMIN B-12, 15 MG PANTOTHENIC ACID, 13 MG CALCIUM, 50 MG MAGNESIUM, 15 MG ZINC, 50 MCG SELENIUM, 48 MG POTASSIUM, 350 MG NAC, 250 MG SYLYMARIN, 175 MG DANDELION WHOLE PLANT/ROOT EXTRACT, 150 MG TUMERIC ROOT EXTRACT, 150 MG ALPHA-LIPOIC ACID, 100 MG BUPLEURUM ROOT EXTRACT, 100 MG GAMMA-VITAMIN E COMPLEX, 100 MG CALCIUM D-GLUCARATE, 75 MG OREGON GRAPE ROOT, 75 MG ARTICHOKE LEAF EXTRACT, 50 MG CHOLINE, 50 MG INOSITOL AND 12 MG COENZYME Q10. TAKE 2 TABLETS DAILY WITH A MEAL.	32.00	.3	ABCD
4901	LUTEIN 20 MG 60 SOFTGELS	TAKE 1 DAILY. SUPPORTS EYE HEALTH. NATURAL CAROTENOID WITH ANTIOXIDANT FACTORS THAT DECREASE AS ONE AGES.	19.00	.1	ABCD
2111	LYCOPENE 10 MG 100 SOFTGELS	NATURAL CAROTENOID MADE BY PLANTS. RESEARCH INDICATES IT SUPPORTS PROSTATE HEALTH AND PROMOTES THE IMMUNE SYSTEM. ALSO A POWERFUL ANTIOXIDANT FOR PROMOTING HEART HEALTH. TAKE 2-4 SOFTGELS DAILY.	16.00	.3	ABCD
5535	MAGNESIUM (OXIDE) 500 MG 100 TABLETS	ESSENTIAL FOR BONE HEALTH MINERALIZATION AND STRUCTURE. PROMOTES MUSCLE HEALTH, ENERGY PRODUCTION, AND NERVE IMPULSES. TAKE 1 TABLET DAILY.	15.00	.4	ABCD
53621	MAGNESIUM (CITRATE) 200 MG 90 TABLETS	ESSENTIAL FOR CALCIUM METABOLISM (BONE BUILDING), THE PRODUCTION OF ENZYMES AND PRTOEINS, AND THE UTILIZATION OF FATS AND CARBOHYDTRATES. VITAL FOR HEALTHY HEART AND NERVES. TAKE 1-2 TABLETS DAILY.	13.00	.4	ABCD
SN0262	MAGNESIUM MALATE 180 TABLETS	SUPPORTS MUSCLES AND ENERGY PRODUCTION. MAGNESIUM MALATE IS A COMPOUND OF MAGNESIUM AND MALIC ACID THAT SUPPORTS PROPER MUSCLE FUNCTION, CARDIOVASCULAR HEALTH, AND ENERGY PRODUCTION. MALIC ACID IS A NATURAL FRUIT ACID THAT IS PRESENT IN MOST CELLS IN THE BODY AND IS AN INTERMEDIATE IN THE KREBS CYCLE, WHERE ENERGY IS CAPTURED DURING THE METABOLISM OF CARBS AND FATS. MAGNESIUM IS AN ESSENTIAL COFACTOR FOR OVER 300 ENZYMATIC REACTIONS IN METABOLISM, ATP SYNTHESIS AND ENERGY PRODUCTION. MAGNESIUM PLAYS IMPORTANT ROLES IN MUSCLE RELAXATION BECAUSE OF ITS FUNCTION AS A COFACTOR FOR ENZYMES AND BECAUSE OF ITS ABILITY TO COUNTERBAL-ANCE CALCIUM IN THE CELL. EACH 3 TABLETS CONTAIN 425 MG MAGNESIUM (AS MAGNESIUM MALATE TRIHYDRATE), 5 MG SODIUM, 3.75 GRAMS MAGNESIUM MALATE TRIHYDRATE, AND 2.5 GRAMS MALIC ACID (AS MAGNESIUM MALATE TRIHYDRATE AND MALIC ACID). TAKE 1 TO 3 TABLETS DAILY WITH MEALS.	22.00	.8	ABCD

CODE		SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
2194B		MAXIMUM EPA/DHA OMEGA-3 FISH OIL (70% YIELD!) 120 SOFTGELS FREE OF MERCURY, LEAD AND OTHER HEAVY METALS. 1,000 MG MARINE LIPID HIGHEST YIELDING CONCENTRATE (70% YIELD!!!) CONTAINING 400 MG EPA AND 300 MG DHA. HEALTH EXPERTS AGREE: NOT ALL FAT IS BAD FOR YOU. OMEGA-3 FATTY ACIDS ARE CONSIDERED ONE OF THE “GOOD” FATS IMPORTANT FOR CELLULAR, HEART AND METABOLIC HEALTH. CHOLESTEROL FREE FISH OIL CONTAINS EICOSAPENTAENOIC ACID (EPA) AND DOCOSAHEXAENOIC ACID (DHA), TWO FATTY ACIDS THAT HELP SUPPORT AND MAINTAIN THE HEALTH OF YOUR CARDIOVASCULAR SYSTEM. THIS PRODUCT CONTAINS IMPORTANT FATTY ACIDS FOR THE BODY AND COMES IN A LARGER DOSAGE SIZE TO ENSURE YOU ARE GETTING THE BENEFITS FISH OIL IS FAMOUS FOR PROVIDING. PCB TESTED AND GUARANTEED TO BE WITHIN CALIFORNIA PROPOSITION 65 LIMITS! TAKE 1-2 SOFTGELS DAILY.	19.00	.4	ABCD
8040A		MILK THISTLE (SILYMARIN) COMPLEX 450 MG 60 TABLETS EACH TABLET CONTAINS 175 MG (STANDARDIZED FOR 80% (140 MG) SILYMARIN AND 275 MG MILK THISTLE (HERB POWDER). SUPPORTS LIVER HEALTH. USED TO FIGHT SYMPTOMS OF HEPATITIS AND IMPROVE DIABETES CONTROL. MAY HELP FIGHT CELL DAMAGING FREE RADICALS. RECOMMENDED 2 TO 6 TABLETS DAILY.	7.00	.2	ABCD
8040AB		MILK THISTLE (SILYMARIN) COMPLEX 450 MG 180 TABLETS	19.00	.4	ABCD
SN2716		MORINGA EXTRACT 600 MG 120 TABLETS PROVIDES POWERFUL ANTIOXIDANT DEFENSE AND TRADITIONALLY USED TO BOOST ENERGY AND INCREASE STAMINA AND VITALITY. EACH TABLET CONTAIN S 600 MG MORINGA LEAF EXTRACT. SUGGESTED USE: TAKE 2 TABLETS DAILY WITH A MEAL.	22.00	.3	ABCD
11732		MSM (METHYLSULFONYLMETHANE) 1500 MG 120 TABLETS JOINT SUPPORT FORMULA. ORGANIC FORM OF THE ESSENTIAL MINERAL SULPHUR NEEDED TO NOURISH AND MAINTAIN VITAL TISSUES LIKE CARTILAGE, LIGAMENTS, TENDONS, AND SKIN. EXCELLENT STACK WITH ANY GLUCOSAMINE AND/OR CHONDROITIN CONTAINING FORMULA. TAKE 2 TABLETS 1 TO 2 TIMES PER DAY BEFORE MEALS WITH WATER.	16.00	.6	ABCD
PF0106		MULLEIN LUNG COMPLEX 850 MG 180 TABLETS A PREMIER MULLEIN AND OTHER HERBAL COMPLEX FORMULA KNOWN TO SUPPORT A HEALTHY RESPIRATORY SYSTEM. MULLEIN IS A BIENIAL PLANT HISTORICALLY USED AS AN HERBAL TREATMENT FOR COUGHS, CONGESTION, CHEST COLDS, BRONCHITIS AND INFLAMMATION. BOTH AN EXPECTORANT, TO PROMOTE THE DISCHARGE OF MUCUS, AND A DEMULCENT, TO SOOTHE AND PROTECT MUCOUS MEMBRANES. EACH 2 TABLETS PROVIDE 1,700 MG PROPRIETARY BLEND OF PLATYCODON ROOT, OPHIOPOGON RHIZOME, LONG PEPPER FRUIT, BLACK CHERRY BARK, CASSIA TWIG. ELECAMPANE ROOT EXTRACT (4:1). MULLEIN LEAF EXTRACT (4:1), LICORICE ROOT EXTRACT (4:1) AND GINGER RHIZOME EXTRACT (4:1); 1,000 MG DIETARY FIBER: AND 5 MG SODIUM. TAKE 2 TABLETS TWICE DAILY BETWEEN MEALS.	31.00	.6	ABCD
SWU374		NADH 10 MG 30 TABLETS FAST ACTING NADH (REDUCED B-NICOTINAMIDE ADENINE DINUCLEOTIDE) IS A NATURAL COENZYME THAT PLAYS AN IMPORTANT ROLE IN CELLULAR ENERGY PRODUCTION AND AIDS THE NATURAL SYNTHESIS OF VITAL NEUROTRANSMITTERS HELPING FIGHT MENTAL FATIGUE AND MAINTAINING A POSITIVE OUTLOOK. TAKE 1 TABLET DAILY.	35.00	.1	ABCD
17630		NEURO-PS (PHOSPHATIDYLSERINE) 300 MG 60 SOFTGELS (2 MONTH SUPPLY OF EASY-TO SWALLOW SOFTGELS). AIDS BRAIN FUNCTION, SUPPORTS A HEALTHY MIND AND HELPS REPLENISH PHOSPHATIDYLSERINE LEVELS, WHICH MAY DECLINE WITH AGE. PHOSPHATIDYLSERINE (PS) IS A NATURALLY OCCURRING SUBSTANCE THAT IS A KEY COMPONENT OF THE BRAIN. IT PLAYS A ROLE IN NEUROTRANSMITTER RELEASE AND ION TRANSPORT. EACH SOFTGEL CONTAINS 432 MG NEURO-PS PHOSPHOLIPID COMPLEX FROM SOY LECITHIN STANDARDIZED TO CONTAIN PHOSPHATIDYLSERINE 300 MG). TAKE 1 SOFTGEL DAILY, PREFERABLY WITH A MEAL.	70.00	.3	ABCD
SWU280		NIACIN (SUSTAINED RELEASE) 500 MG 90 TABLETS NIACIN (NICOTINIC ACID) TIME-RELEASED OVER 6 TO 8 HOURS. HELPS MAINTAIN A HEALTHY LIPID BALANCE IN THE BODY, SUPPORTING CARDIOVASCULAR FUNCTION. HEART SMART B FAMILY. ESSENTIAL FOR CARBOHYDRATE METABOLISM, HELPING SUPPLY THE ENTIRE BODY ENERGY. MINIMIZES THE UNPLEASANT “RED” FLUSHING EFFECT BY UTILIZING GRADUAL RELEASE. TAKE 1 TABLET DAILY.	18.00	.2	ABCD
SW043		NIACIN 100 MG 250 TABLETS TAKE 1 DAILY. IMMEDIATE RELEASE NIACIN. MAY CAUSE TEMPORARY HARMLESS SKIN FLUSHING, TINGLING AND/OR ITCHING.	9.00	.4	ABCD

CODE		SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
BC017	NU HAIR DHT BLOCKER FOR MEN AND WOMEN 60 TABLETS	NOW MANUFACTURED BY PIPING ROCK. SAFE, EFFECTIVE DRUG FREE FORMULA THAT HELPS BLOCK NEGATIVE EFFECTS OF DHT AND SUPPORTS HAIR REGROWTH FROM INSIDE OUT. COMBATS HAIR LOSS AND THINNING HAIR FOR STRONGER, THICKER, HEALTHIER HAIR. AS MEN AND WOMEN AGE, DHT BUILDS UP ON THE SCALP AND DAMAGES THE HAIR PRODUCING FOLLICLES RESULTING IN HAIR LOSS. THIS FORMULA HELPS BLOCK DHT. EACH BOTTLE IS A ONE MONTH SUPPLY. FOR BEST RESULTS TAKE A MINIMUM OF 3-4 MONTHS, THEN MAINTENANCE LEVEL AFTERWARDS. CONTAINS PROPRIETARY DHT BLOCKER BLEND INCLUDING ZINC, SELENIUM, PHYTOSTEROL COMPLEX, SAW PALMETTO EXTRACT, PUMPKIN CONCENTRATE, QUERCETIN, FO-TI EXTRACT, KUDZU EXTRACT, ISOFLAVONES, SOY EXTRACT, AND TOMATO POWDER.	40.00	.1	ABCD
PF0450	OLIVE LEAF OIL FULL SPECTRUM EXTRACT 825 MG 60 TABLETS	BIOTANICAL SUPPORT FOR IMMUNE SYSTEM HEALTH AND DEFENSE. STANDARDIZED FULL SPECTRUM OLIVE LEAF EXTRACT COMBINES A CONCENTRATED OLIVE LEAF EXTRACT STANDARDIZED TO 10% OF ITS’ KEY CONSTITUENT OEUROPEIN, WITH A PURE WHOLE HERB OLIVE LEAF CONCENTRATE. THIS COMBINATION GUARANTEES THE PRESENCE OF ALL PRIMARY AND SECONDARY COMPOUNDS THAT GIVE OLIVE LEAF ITS’ IMMUNE SUPPORTIVE EFFECTS. EACH TABLETS CONTAINS 700 MG OLIVE LEAF EXTRACT (10% OLEUROPEIN) AND 125 MG OLIVE LEAF. TAKE UP TO 2 TABLETS TWICE DAILY BETWEEN MEALS.	22.00	.2	ABCD
SWE092	OLIVE OIL 1,000 MG 120 SOFTGELS	CERTIFIED ORGANIC EXTRA VIRGIN OLIVE OIL. COLD PRESSED TO PRESERVE ALL THE FRAGILE COMPONENTS. MADE FROM THE FIRST PRESSING OF RIPE OLIVE FRUIT TO YIELD THE MOST CONCENTRATED LEVELS OF ESSENTIAL FATTY ACIDS (EFA’S), ANTIOXIDANT POLYPHENOLS, AND OLEOCANTHAL. STUDIES LINK CARDIOVASCULAR HEALTH WITH THOSE CONSUMING OLIVE OIL EACH DAY. OLIVE OIL IS ONE OF THE PILLARS SUPPORTING THE HEALTHFUL REPUTATION OF THE “MEDITERRANEAN DIET”. TAKE 1 SOFTGEL TWO TIMES PER DAY.	21.00	.5	ABCD
SW1016	OREGENO OIL 150 MG 10:1 EXTRACT CONCENRATE 120 SOFTGELS	HIGH BIO-AVAILABILITY CONCENTRATED EXTRACT IN A BASE OF EXTRA VIRGIN OLIVE OIL. CONCENTRATED SUPPORT FOR GASTROINTESTINAL, RESPRIATORY AND URINARY TRACT HEALTH. ONE OF THE MOST EFFECTIVE ANTIFUNGAL SUPPLEMENTS WITH PROPERTIES THAT MAY MAKE IT USEFUL IN COUNTERACTING FUNGAL INFECTIONS SUCH AS VALLEY FEVER. TAKE 1-4 DAILY.	11.00	.1	ABCD
SN664	PANTOTHENIC ACID 100 MG 250 TABLETS	NEEDED FOR NORMAL FUNCTIONING OF THE GASTROINTESTINAL TRACT AND IS REQUIRED BY ALL OF THE CELLS IN THE BODY. IT ALSO HELPS CONVERT FATS, CARBOHYDRATES, AND PROTEINS INTO ENERGY. TAKE 1 TABLET DAILY.	19.00	.3	ABCD
SW279	PAPAYA SUPREME (50 MG ENZYME PAPAIN) 250 TABLETS	HIGH-POWERED SUPPORT FOR PROTEIN DIGESTION. SOURCE OF PAPAIN, AN ENZYME THAT HELPS BREAK DOWN COMPLEX PROTEINS INTO SIMPLE AMINO ACIDS FOR EASY ASSIMILATION. TAKE 2 TABLETS IMMEDIATELY BEFORE OR AFTER EACH MEAL OR PROTEIN/AMINO ACID TABLET/WAFER CONSUMPTION.	18.00	.4	ABCD
SN0226	PAU D’ARCO 500 MG 250 TABLETS	POPULAR BLOOD CLEANSING HERB SOURCED FROM THE INNER BARK OF THE PURPLE LAPACHO TREE OF BRAZIL AND NORTHERN ARGENTINA. SUPPORTS HEALTHY IMMUNE SYSTEM FUNCTION, INTESTINAL HEALTH, AND HELPS SUPPORT HEALTHY INTESTINAL FLORA. PAU D’ARCO HAS UNIQUE COMPOUNDS IN ITS’ BARK THAT WORK TO REINFORCE THE BODY’S DEFENSE MECHANISMS. EACH TABLET CONTAINS 500 MG PAU D’ARCO BARK AND 48 MG CALCIUM. TAKE 1 TO 2 TABLETS TWICE DAILY BETWEEN MEALS.	21.00	.6	ABCD



CODE		SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
NFC049	PGX DAILY ULTRA MATRIX 120 SOFTGELS	SUPPORTS HEALTHY WEIGHT LOSS, METABOLISM AND OVERALL GOOD HEALTH WHEN USED IN CONJUNCTION WITH DIET AND EXERCISE. <b>CONTAINS KONJAC-MANNAN, THE MAIN INGREDIENT FOUND IN LIPOZENE AS ADVERTISED ON TV!</b> DELIVERS PGX (KONJAC-MANNAN) DIRECTLY TO YOUR STOMACH, WHERE IT GRADUALLY ABSORBS WATER AND SLOWLY BEGINS TO EXPAND AND PRODUCE A FEELING OF FULLNESS. OTHER BENEFITS INCLUDE: CONTROLLING APPETITE FOE HEALTHY WEIGHT LOSS. BURNING BODY FAT. NORMALIZING AND STABILIZING BLOOD SUGAR. LOWERING INSULIN SECRETION. IMPROVING INSULIN SENSITIVITY. LOWERING AFTER-MEAL BLOOD SUGAR LEVELS. REDUCING THE GLYCEMIC INDEX OF MEALS. BALANCING CHOLESTEROL AND REDUCING TRIGLYCERIDES. IMPROVING REGULARITY. EACH 4 SOFTGELS CONTAIN 1 GRAM PROTEIN, 4 GRAMS DIETARY FIBER, 3 GRAMS SOLUBLE FIBER, 2,400 MG MEDIUM CHAIN TRYGLYCERIDES (PURIFIED COCONUT OIL), AND 3,000 MG PGX (POLYGLYCOPLEX) HIGHLY PURIFIED WATER SOLUBLE POLYSACCHARIDE COMPLEX MANUFACTURED USING PROPRIETARY ENVIROSIMPLEX PROCESS: KONJAC-MANNAN (AMORPHPHALLUS KONJAC)(ROOT), XANTHAN GUM, SODIUM ALGINATE. ON AVERAGE, TAKE 2 TO 4 SOTGELS 30 MINUTES BEFORE MEALS UP TO 3 TIMES DAILY WITH 8 TO 16 OUNCES WATER.	49.00	.5	ABCD
13981	PHYTOSTEROL COMPLEX 1,000 MG 100 SOFTGELS	TAKE 2-4 DAILY. PROMOTES CARDIOVASCULAR AND CIRCULATORY WELLNESS AND MAY REDUCE THE RISK OF HEART DISEASE. CONTAINS 1,000 MG BLEND OF STEROL ESTERS BETA SITOSTEROL, CAMPESTEROL, AND STIGMASTEROL (EQUIVALENT TO 500 MG PLANT STEROLS).	20.00	.4	ABCD
50094	POLICOSANOL 20 MG 60 SOFTGELS	TAKE 1 DAILY. PROMOTES HEART AND CIRCULATORY HEALTH. HELPS MAINTAIN CHOLESTEROL LEVELS ALREADY WITHIN THE NORMAL RANGE.	11.00	.1	ABCD
SN2518	PQQ MIND 30 TABLETS	MICRONUTRIENT THAT CLINICAL RESEARCH SUGGEST THAT AS AN ANTIOXIDANT, PQQ MAY IMPACT NERVES AND NEUROLOGICAL HEALTH, AS WELL AS COGINITIVE FUNTION. PROMOTES MITOCHON-DRIAL BIOGENESIS, WHICH MAY CONTRIBUTE TO SLOWING THE AGING PROCESS AND INCREASING ENERGY LEVELS. EACH TABLET PROVIDES 32 MG CALCIUM AND 20 MG BIOPQQ PYRROLOQUINOLINE QUINONE DISODIUM SALT. TAKE 1 TABLET DAILY.	36.00	.1	ABCD
SWU945	PQQ ENHANCED WITH UBIQUINOL 30 SOFTGELS	ENERGIZING COMBO FOR BODY AND MIND THAT SUPPORTS NORMAL COGNITIVE FUNCTION. SUPPORTS CARDIOVASCULAR HEALTH AND BLOOD SUGAR METABOLISM. SEE ABOVE DESCRIPTION FOR PQQ. EACH SOFTGEL PROVIDES 50 MG UBIQUINOL AND 10 MG PQQ (PYRROLOQUINOLINE QUINONE DISODIUM SALT). TAKE 1 SOFTGEL DAILY.	43.00	.1	ABCD
NW641	PRIMADOPHILUS REUTERI PEARLS 60 SOFTGELS	ACTIVE PROBIOTIC BLEND FOR DIGESTION AND IMMUNITY. PATENTED PROBIOTIC STRAIN FOR HEALTHY DIGESTIVE FLORA. 100% STABLE AT ROOM TEMPERATURE - NO REFRIGERATION REQUIRED. TRADEMARKED TRUE RELEASE DELIVERY SYSTEM ENSURES SURVIVAL OF DIGESTIVE FLORA THROUGH STOMACH ACID FOR MAXIMUM DELIVERY INTO THE INTESTINAL TRACT. CLINICALLY PROVEN, SUPERIOR PROBIOTIC FOR IMPROVED DIGESTIVE HEALTH. EACH PROPRIETARY PROBIOTIC BLEND OF 1 BILLION CFU IN A TRIPLE-LAYER SHELL CONSISTING OF LACOBACILLUS ACIDOPHILUS NCFM, BIFIDOBACTERIUM LONGUM BB536, LACTOBACILLUS RHAMNOSUS LR-32, AND LACTOBACILLUS REUTERI SD-5865. TAKE 1 SOFTGEL DAILY WITH OR WITHOUT FOOD. DO NOT CHEW OR CRUSH.	38.00	.1	ABCD
6052	PROSTA-METTO EXTRA STRENGTH 120 SOFTGELS	SAW PALMETTO COMPLEX. SUPPORTS PROSTATE AND URINARY HEALTH IN MEN. SAW PALMETTO CONTAINS PHYTOCHEMICALS WHICH SUPPORT PROSTATE AND URINARY HEALTH IN MEN. EACH SOFTGEL CONTAINS 5 MG VITAMIN B-6 (PYRIDOXINE HYDRO-CHLORIDE), 15 MG ZINC (GLUCONATE), 160 MG SAW PALMETTO EXTRACT (SERENOA REPENS BERRY STANDARDIZED TO CONTAIN 85%-95% FATTY ACIDS AND STEROLS), 40 MG PUMPKIN SEED OIL EXTRACT (CUCURBITA SSP.), AND 5 MG UVA-URSI LEAF STANDARDIZED TO CONTAIN 10% ARBUTIN). TAKE 2 DAILY.	44.00	.2	ABCD
SW364	PUMPKIN SEED OIL 1,000 MG 100 SOFTGELS	FEATURES A BALANCED BLEND OF HIGH BIOAVAILABILITY OMEGA-3 AND OMEGA-6 ESSENTIAL FATTY ACIDS WITH UNIQUE NUTRITIVE BENEFITS FOR PROSTATE HEALTH. SUPPORTS CARDIOVASCULAR HEALTH AND BLOOD SUGAR METABOLISM. SUPPORTS COGNITIVE FUNCTION AND HEALTHY BRAIN DEVELOPMENT. SUPPORTS HEATHY SKIN, JOINTS AND CONNECTIVE TISSUES. TAKE 1 SOFTGEL ONE TO TWO TIMES PER DAY.	19.00	.4	ABCD

SPECIALTY NUTRITION		YOUR PRICE	WEIGHT IN POUNDS	26 PRIV. GROUP
17720	RESVERATROL 100 MG 60 SOFTGELS PROMOTES ANTIOXIDANT HEALTH BY FIGHTING AGAINST THE EFFECTS OF FREE RADICALS. EACH SOFTGEL SUPPLIES MORE RESERVATROL THAN YOU WOULD RECEIVE FROM A BOTTLE OF RED WINE WITHOUT THE CALORIES OR ALCOHOL. TAKE 1-4 DAILY.	16.00	.2	ABCD
PF0558	RHODIOLA ROSEA EXTRACT 327 MG 120 TABLETS A LEGENDARY ADAPTOGENIC TONIFIER HERB THAT COMES FROM THE POLAR ARTIC REGIONS OF EASTERN SIBERIA WHERE IT IS HIGHLY VALUED AS A STRENGTHENING TONIC TO INCREASE PHYSICAL AND MENTAL STAMINA. THIS FULL SPECTRUM RHODIOLA ROSEA COMBINES AN EXTRACT STANDARDIZED TO 0.8% SALIDROSIDES AND 0.8% ROSAVIN WITH A WHOLE ROOT EXTRACT IN ORDER TO PROVIDE THE BROADEST SPECTRUM OF RHODIOLA CONSTITUENTS. EACH 2 TABLETS CONTAIN 30 MG CALCIUM, 625 MG RHODIOLA ROSEA ROOT EXTRACT (STANDARDIZED) AND 30 MG RHODIOLA ROSEA ROOT EXTRACT (4:1). TAKE UP TO 2 TABLETS TWICE DAILY BETWEEN MEALS.	24.00	.2	ABCD
0293	SAW PALMETTO 320 MG 60 SOFTGELS A SPECIAL STANDARDIZED FORM OF CONCENTRATED SAW PALMETTO EXTRACT THAT CONTAINS 85% TO 95% FATTY ACIDS AND STEROLS. CONTAINS PHYTOCHEMICALS WHICH SUPPORT PROSTATE AND URINARY HEALTH IN MEN. TAKE 1-2 DAILY.	29.00	.2	ABCD
1594	SAW PALMETTO 1,000 MG EQUIVALENT EXTRACT 90 SOFTGELS CONTAINS PHYTOCHEMICALS WHICH SUPPORT PROSTATE AND URINARY HEALTH IN MEN. TAKE 1 SOFTGEL DAILY.	19.00	.2	ABCD
3201	SELENIUM 200 MCG 100 TABLETS TAKE 1 DAILY. SELENIUM IS AN ESSENTIAL TRACE MINERAL THAT SUPPORTS THE IMMUNE SYSTEM. SOME SCIENTIFIC EVIDENCE SUGGESTS THAT CONSUMPTION OF SELENIUM MAY REDUCE THE RISK OF CERTAIN FORMS OF CANCER. HOWEVER, THE FDA HAS DETERMINED THAT THIS EVIDENCE IS LIMITED AND NOT CONCLUSIVE.	8.00	.3	ABCD
SWR044	SPIRULINA 500 MG 180 TABLETS 100% CERTIFIED ORGANIC SPIRULINA - ONE OF NATURE’S MOST POWERFUL “SUPERFOODS” THAT WILL BOOST YOUR IMMUNE SYSTEM HEALTH AND VITALITY. MOST POTENT AND DIGESTIBLE SOURCE OF VEGETARIAN PROTEIN AND CONTAINS ANTIOXIDANTS, PHYTONUTRIENTS, BETA-CAROTENE, ESSENTIAL AMINO ACIDS, MINERALS, B VITAMINS, AND CHLOROPHYLL. ALSO RICH IN GAMMA-LINOLENIC ACID (GLA). TAKE 3-6 TABLETS DAILY.	16.00	.3	ABCD
PF135	ST. JOHN’S WORT 600 MG 60 TABLETS FULL SPECTRUM NATURAL HERB COMBINES A STANDARDIZED PURE HYPERICIN EXTRACT (YIELDS MINIMUM 1.5 MG HYPERICIN) WITH A FLAVONOID-RICH (4:1) CONCENTRATE OF BLOSSOMING ST. JOHN’S WORT AERIAL PARTS. PRIMARY BOTANICAL FOR MENTAL WELL-BEING. TAKE 2 TABLETS DAILY.	20.00	.2	ABCD
PF0031	STONE FREE 90 TABLETS HERBAL SUPPORT FOR KIDNEYAND GALLBLADDER HEALTH. FEATURES A BLEND OF DANDELION AND TUMERIC ROOT, AS WELL AS GINGER AND MARSHMALLOW ROOT. IT IS A UNIQUE COMBINATION DESIGNED TO SUPPORT THE KIDNEYS, LIVER AND GALLBLADDER. DANDELION ROOT AND TUMERIC ROOT ARE BITTER SUBSTANCES, WHICH SUPPORT THE BODY’S NORMAL BILE FLOW, MARSHMALLOW ROOT HAS BEEN USED HISTORICALLY FOR SUPPORTING NORMAL FLUID ELIMINATION. EACH 5 TABLETS CONTAIN 2,000 MG DIETARY FIBER, 15 MG SODIUM, AND 4,100 MG PROPRIETARY HERBAL BLEND; TURMERIC ROOT, DANDELION WHOLE PLANT/ROOT EXTRACT, GINGER ROOT, LEMON BALM LEAF, MARSHMALLOW ROOT EXTRACT, PARSLEY ROOT, COIN-LEAF DESMODIUM AERIAL PARTS, LYSIMACHIA AERIAL PARTS, AND LICORICE ROOT. TAKE 2 TABLETS IN THE MORNING AND 3 TABLETS IN THE EVENING BETWEEN MEALS.	16.00	.3	ABCD
4151	SUPER ANTIOXIDANT FORMULA 100 SOFTGELS THE ESSENTIAL NUTRIENTS IN THIS PRODUCT ARE SOME OF THE BEST ANTIOXIDANTS AVAILABLE FOR FIGHTING FREE RADICALS. FREE RADICALS CAN BE PRODUCED FROM THINGS LIKE CAR EXHAUST, SMOKING, EVEN YOUR OWN BODY. FREE RADICALS CONTRIBUTE TO OXIDATIVE STRESS, WHICH CAN LEAD TO PREMATURE AGING. VITAMINS A, C, AND E AND THE MINERAL SELENIUM COMBAT THE HARMFUL EFFECTS OF FREE RADICALS. AS AN ADDED BONUS, THE NUTRIENTS IN THIS FORMULA ARE ALSO KNOWN FOR SUPPORTING IMMUNE SYSTEM HEALTH. EACH SOFTGEL PROVIDES 25,000 VITAMIN A, 500 MG VITAMIN C, 400 IU VITAMIN E, 50 MCG SELENIUM. TAKE 1 SOFTGEL DAILY.	27.00	.6	ABCD

CODE	SPECIALTY NUTRITION	YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP
4932	SUPER LACTASE ENZYME 125 MG 120 SOFTGELS ENJOY MILK PRODUCTS ONCE AGAIN! SUPPORTS DIEGESTIVE HEALTH WITH LACTASE ENZYME (ASPERGILLUS ORYZAE). LACTASE IS A DIGESTIVE ENZYME THAT HELPS BREAK DOWN THE SUGAR IN MILK AND DAIRY PRODUCTS. SUPPLEMENTING WITH THIS FORMULA CAN MAKE MILK MORE READILY DIGESTIBLE TO YOUR SYSTEM. THIS PRODUCT IS IDEAL FOR PEOPLE WITH LACTOSE INTOLERANCE. FOR ADULTS, TAKE 1 TO 3 SOFTGELS BEFORE CONSUMING FOOD OR DRINK THAT CONTAINS LACTOSE. THIS PRODUCT MAY ALSO HELP REDUCE THE EFFECTS OF POOR DIGESTION, INCLUDING HEARTBURN, GAS AND OTHER OCCASIONAL GASTROINTESTINAL DISCOMFORT.	21.00	.2	ABCD
17926	UBIQUINOL 50 MG 60 SOFTGELS     TAKE 2 OR MORE DAILY. UP TO EIGHT TIMES MORE EFFECTIVE AT INCREASING BLOOD COQ10 LEVELS. ORDINARY COQ-10 SUPPLEMENTS MUST BE CONVERTED IN THE BODY TO UBIQUINOL TO PROVIDE BENEFITS - UBIQUINOL, A REDUCED FORM OF COQ-10, SAVES YOUR BODY A STEP. THIS FAT SOLUBLE ANTIOXIDANT HELPS TO FIGHT CELL DAMAGING FREE RADICALS AND PLAYS A ROLE IN HELPING THE BODY CONVERT FOOD TO ENERGY. HELPS SUPPORT CARDIOVASCULAR HEALTH.	29.00	.2	ABCD
SWU868	ULTIMATE OCULAR ANTIOXIDANT 30 SOFTGELS (1 MONTH SUPPLY) EYE AND VISION HEALTH FORMULA, OPTIMIZING YOUR EYES’ PROTECTION AGAINST FREE RADICALS. COMBINES MOST EFFECTIVE ANTIOXIDANT CAROTENOIDS FOR PROTECTING EYE TISSUES TO HELP MAINTAIN HEALTHY EYESIGHT AT ANY AGE. LUTIEN AND ZEAXANTHIN ARE THE TWO MOST PREVALENT CAROTENOIDS IN THE MACULA AND RETINA OF THE EYE, WHERE THEY NEUTRALIZE FREE RADICALS GENERATED BY ENVIRONMEN- TAL POLLUTANTS AND PROTECT AGAINST PHOTO-OXIDATIVE DAMAGE. ENHANCED EVEN FURTHER BY ASTAXANTHIN WITH ITS’ UNIQUE PHOTO-PROTECTIVE PROPERTIES OF ITS OWN. ALGAL-SOURCE ASTAXANTHIN IN A SAFFLOWER OIL BASE ENSURES OPTIMAL ABSORPTION AND ASSIMILATION OF THESE POWERFUL FAT-SOLUBLE CAROTENOIDS. EACH SOFTGEL PROVIDES 20 MG LUTEIN, 4 MG ASTAXANTHIN AND 4 MG ZEAXANTHIN. TAKE 1 SOFTGEL DAILY.	35.00	.1	ABCD
3894	ULTRA VITA MAN DAILY MULTI FOR MEN 90 TABLETS (45 DAY SUPPLY) HIGH POTENCY MULTIVITAMIN/MULTI MINERAL FORMULA DESIGNED SPECIFICALLY FOR A MAN’S NUTRITIONAL NEEDS; FROM ANTIOXIDANT AND IMMUNE SUPPORT TO CARDIOVASCULAR HEALTH. THIS EXCEPTIONAL TIME-RELEASE FORMULA DELIVERS VITAMINS, HERBS AND MINERALS THAT HAVE BEEN SHOWN TO BE BENEFICIAL TO MEN’S OVERALL WELLNESS. EACH 2 TABLETS PROVIDE 1,500 IU VITAMIN A; 300 MG VITAMIN C; 2,000 IU VITAMIN D3, 20 MG VITAMIN E; 75 MCG VITAMIN K; 50 MG EACH THIAMIN, RIBOFLAVIN, NIACIN, VITAMIN B-6, PANTOTHENIC ACID AND MAGNESIUM; 666 MCG FOLIC ACID; 100 MCG VITAMIN B-12; 10 MG EACH CHOLINE, POTASSIUM, ALPHA LIPOIC ACID, CHOLINE AND INOSITOL; 100 MG CALCIUM; 150 MCG IODINE; 15 MG ZINC; 200 MCG EACH SELENIUM AND CHROMIUM; 2 MG EACH COPPER, BORON AND MANGANESE; 72MG MOLYBDENUM; 27 MCG CHLORIDE; 10 MCG VANADIUM; 150 MG ULTRA MAN AMINO BLEND; 120 MG ULTRA MAN BIO-ACTIVE BLEND (INCLUDES PUMPKIN SEED, OYSTER EXTRACT, SAW PALMETTO EXTRACT AND LYCOPENE); AND 120 MG ANTIOXIDANT BLEND (CITRUS BIOFLAVONOID COMPLEX, BILBERRY. ELDERBERRY, BLACK CURRANT, GRAPE SEED EXTRACT, BRUSSELLS SPROUTS EXTRACT, KALE EXTRACT, CAULIFLOWER EXTRACT, CELERY SEET EXTRACT, CARROT EXTRACT, BROCCOLI EXTRACT, CABBAGE EXTRACT, RESERVATROL, LUTEIN AND COENZYME Q-10). TAKE 2 TABLETS DAILY.	32.00	.4	ABCD
1328	VALERIAN ROOT 1,000 MG 90 SOFTGELS WORKS IN HARMONY WITH YOUR NATURAL CYCLE TO HELP PROMOTE RELAXATION AND SLEEP. TAKE 1 SOFTGEL ONCE OR TWICE DAILY, PREFERABLY 30 TO 60 MINUTES BEFORE BEDTIME OR REST.	14.00	.3	ABCD
SN1399	VINPOCETINE 10 MG 120 TABLETS     TAKE 1-3 DAILY. USED IN EUROPE FOR YEARS AND PLAYS A ROLE IN SUPPORTING CEREBRAL CIRCULATION AND COGNITIVE FUNCTION.	20.00	.1	ABCD

CODE		SPECIALTY NUTRITION		YOUR PRICE	WEIGHT IN POUNDS	PRIV. GROUP	28
SWU1032	VISION DEFENSE 60 SOFTGELS (2 MONTH SUPPLY) EYE AND HEALTH VISION FORMULA THAT ALSO FIGHTS EYE FATIGUE AND EYE STRAIN. <b>SAME FORMULA AS #SWU868 ULTIMATE OCULAR ANTIOXIDANT (SEE DESCRIPTION)</b> BUT WITH ADDED BROCCOLI AND BILBERRY EXTRACTS TO BOOST THE EFFECTS OF LUTEIN. ADDITIONALLY PROTECTS AGAINST BLUE LIGHT AND EYE FATIGUE. BLUE LIGHT REFERS TO SHORT WAVE LENGTH, HIGH ENERGY LIGHT RAYS FROM YOUR SMARTPHONE, COMPUTER OR TV SCREEN. THE PHYSICAL PROPERTIES OF BLUE LIGHT MAKE IT MORE LIKELY TO NEGATIVELY IMPACT THE HEALTH OF YOUR EYES, SPECIFICALLY YOUR RETINAS. EACH SOFTGEL PROVIDES 20 MG LUTEIN, 4 MG ASTAXANTHIN, 4 MG ZEAXANTHIN, 50 MG MITROSELECT BILBERRYH EXTRACT AND 40 MG TRUEBROC BROCCOLI EXTRACT. TAKE 1 SOFTGEL DAILY.			69.00	.1	ABCD	
SN0022	WELLNESS FORMULA 90 TABLETS HERBAL DEFENSE COMPLEX. BIO-ALIGNED FORMULA DESIGNED TO SUPPORT THE IMMUNE SYSTEMS WHEN TAKEN UNDER PHYSICAL STRESS. CONTAINS A POWERFUL COMBINATION OF HERBS, ANTIOXIDANTS, VITAMINS AND MINERALS FORMULATED TO BOOST YOUR WELL-BEING. EACH 3 TABLETS CONTAIN 5,000 IU VITAMIN A, 1,275 MG VITAMIN C, 400 IU VITAMIN D-3, 23 MG ZINC, 60 MCG SELENIUM, 150 MCG COPPER, 10 MG SODIUM, 360 MG GARLIC BULB, 295 MG PROPOLIS EXTRACT, 270 MG ECHINACEA PURPUREA ROOT EXTRACT, 240 MG ELDERBERRY FRUIT EXTRACT, 120 MG AROMATIC SOLOMON’S SEAL RHIZOME, 100 MG HOREHOUND AERIAL PARTS EXTRACT, 100 MG OLIVE LEAF EXTRACT, 100 MG ANDROGRAPHIS AERIAL PARTS EXTRACT, 75 MG ISATIS ROOT EXTRACT, 75 MG ELEUTHERO ROOT EXTRACT, 70 MG ELECAMPANE ROOT, 60 MG CITRUS BIOFLAVONOID COMPLEX, 60 MG ISATIS LEAF EXTRACT, 55 MG CINNAMOMUM BARK EXTRACT, 55 MG KUDZU ROOT EXTRACT, 50 MG MULLEIN LEAF, 45 MG ANGELICA ROOT EXTRACT, 45 MG ASTRAGALUS ROOT EXTRACT, 30 MG ELECAMPANE ROOT EXTRACT, 30 MG PAU D’ARCO BARK EXTRACT, 30 MG CAYENNE FRUIT, 30 MG GINGER ROOT EXTRACT, 25 MG COPTIS RHIZOME EXTRACT, AND 10 MG GRAPE SEED EXTRACT. DURING WELL-BEING IMBALANCE, TAKE 3 TABLETS EVERY 3 HOURS. DO NOT EXCEED 15 TABLETS DAILY FOR A MAXIMUM OF 10 DAYS. FOR WELLNESS MAINTENANCE, TAKE UP TO 3 TABLETS DAILY.			26.00	.4	ABCD	
0490	WHEAT GERM OIL 1130 MG 100 SOFTGELS DRAWN FROM THE HEART OF THE FINEST WHEAT EMBRYO BY A REFINED COLD PRESSING PROCESS. RICH SOURCE OF VITAMIN E, B COMPLEX, PLUS PROTEIN FACTORS. TAKE 2 SOFTGELS DAILY.			17.00	.5	ABCD	
PF0010	WILD YAM-BLACK COHOSH COMPLEX (FOR WOMEN) 60 TABLETS HERBAL MENOPAUSAL SUPPORT FORMULA COMBINES SOME OF THE MOST RESPECTED BOTANICALS FOR SUPPORTING WOMEN THROUGH THE HORMONAL TRANSITIONS OF MENOPAUSE. EACH TABLET CONTAINS 740 MF PROPRIETARY BLEND: DONG QUAI ROOT EXTRACT, DONG QUAI ROOT, AMERICAN GINSENG ROOT, SARSAPARILLA ROOT, LICORICE ROOT, WILD YAM ROOT EXTRACT, BLACK COHOSH ROOT EXTRACT, WILD YAM ROOT, GINGER ROOT, SAW PALMETTO BERRY EXTRACT, SAW PALMETTO BERRY, AND OREGON GRAPE ROOT; 18 MG CALCIUM, AND 83 MCG IODINE. TAKE UP TO 2 TABLETS TWICE DAILY.			18.00	.2	ABCD	

## HEPATITUS PRODUCT

8040A	MILK THISTLE (SILYMARIN) COMPLEX 450 MG 60 TABLETS EACH TABLET CONTAINS 175 MG (STANDARDIZED FOR 80% (140 MG) SILYMARIN AND 275 MG MILK THISTLE (HERB POWDER). SUPPORTS LIVER HEALTH. USED TO FIGHT SYMPTOMS OF HEPATITUS AND IMPROVE DIABETES CONTROL. MAY HELP FIGHT CELL DAMAGING FREE RADICALS. RECOMMENDED 2 TO 6 TABLETS DAILY.			7.00	.2	ABCD	
8040AB	MILK THISTLE (SILYMARIN) COMPLEX 450 MG 180 TABLETS			19.00	.4	ABCD	

SPORTS EDGE

PROTEIN MAX

OR

ANABOLIC MAX AMINO

CODE 10 OR 10A

29

400 TABLETS

SUSTAINED RELEASED!

- \*MOST ADVANCED, SCIENTIFIC PROTEIN/AMINO FORMULA ON THE MARKET.
- \*SUSTAINED RELEASED! SUPPLIES MUSCLES WITH A STEADY STREAM OF PROTEIN/AMINOS THROUGHOUT THE DAY. FORM USED IN MANY CURRENT MEDICAL STUDIES. SUPERIOR TO TIME RELEASED AND OTHER FORMULAS.
- \*MANY TIMES MORE EFFECTIVE THAN OTHER HIGH DOSAGE FORMULAS!
- \*PROVIDES EVEN ABSORPTION AMONG THE DIFFERENT AMINOS IN PROPER PROPORTION TO MUSCLE TISSUE, THUS INCREASING METABOLIC GAINS WHILE PREVENTING THE BREAKDOWN OF MUSCLE PROTEINS.
- \*FORMULATED WITH 100% PHARMACEUTICAL GRADE PEPTIDE BOND AMINOS, THE MOST EFFICIENT AMINO FORM. NEW RESEARCH SHOWS FREE FORM AMINOS ARE NOT AS EFFICIENT AND CAN ACTUALLY DILUTE THE EFFECT OF OTHER TYPES OF AMINOS SO WE PACKED THIS FORMULA WITH AN EFFICIENT ALL- PEPTIDE BOND AMINO BLEND.
- \*FORMULA DERIVED FROM CALCIUM CASEINATE AND WHEY FOR HIGHER BIO-AVAILABILITY AND OPTIMUM UTILIZATION.
- \*MAXIMUM ABSORPTION FOR SUPERIOR RESULTS WITH ADDED CALCIUM, B-12, AND PYRIDOXINE HCL (B-6) TO ENSURE FULL UTILIZATION.
- \*PROVIDES ALL 10 ESSENTIAL AMINO ACIDS ENSURING THE BODY'S ABILITY TO PROPERLY ASSIMILATE PROTEIN.
- \*HIGH IN ALL THE BRANCHED CHAIN AMINO ACIDS WHICH SIGNIFICANTLY INCREASE PROTEIN SYNTHESIS, FACILITATE THE RELEASE OF HORMONES SUCH AS GROWTH HORMONE (GH), IGF-1, AND INSULIN; AND HELP MAINTAIN A FAVORABLE TESTOSTERONE TO CORTISOL RATIO.
- \*HELPS MAINTAIN SUPERIOR NITROGEN BALANCE NECESSARY FOR RECUPERATION AND TISSUE REPAIR BETWEEN WORKOUTS.
- \*HELPS PUT ON LEAN MUSCLE MASS. HIGH IN GLUTAMINE, ESSENTIAL TO MUSCLE BUILDING.
- \*EACH TABLET SUPPLIES APPROXIMATELY 2000 MG PROTEIN/AMINOS NEEDED TO REPAIR AND BUILD MUSCLE TISSUE AFTER RIGOROUS PHYSICAL TRAINING.
- \*PROVIDES SOURCE OF PROTEIN THAT IS FAT AND CARBOHYDRATE FREE AND VERY LOW IN CALORIES.
- \*PROTEIN MAX/MAX AMINO IS A GREAT AID FOR MUSCLE MASS, STRENGTH INCREASE, ENDURANCE, RECUPERATION, ENERGY, AND PROTEIN SYNTHESIS.
- \*100% NATURAL. NO SUGAR, STARCH, WAX, PRESERVATIVES. OR FLAVORING.
- \*LARGE QUANTITY - 400 TABLETS PER BOTTLE TO LAST YOU LONGER.
- \*NO OTHER FORMULA LIKE SPORTS EDGE PROTEIN MAX IS AVAILABLE TO BODYBUILDERS, POWERLIFTERS, AND ATHLETES ANYWHERE AT ANY PRICE.
- \*FOR BEST RESULTS, TAKE 4 TO 6 TABLETS ONE HOUR BEFORE EXERCISE AND 4 TO 6 TABLETS IMMEDIATELY AFTER EXERCISE WITH A GLASS OF WATER. IF ADDITIONAL PROTEIN INTAKE IS NEEDED, THIS PRODUCT MAY ALSO BE TAKEN BETWEEN MEALS AND EVENING. ON NON-TRAINING DAYS, TAKE 4 TO 6 TABLETS TWICE DAILY BETWEEN MEALS AND EVENING.

AMINO ACID PROFILE AS A % OF EACH 2000 MG TABLET:

ONLY 5 CALORIES PER TABLET!

L-ALANINE	2.8%	L-HISTIDINE (EAA)	2.6%
L-ARGININE (EAA)	3.4%	L-ISOLEUCINE (BCAA/EAA)	4.0%
L-ASPARTIC ACID	6.8%	L-LEUCINE (BCAA/EAA)	9.0%
L-CYSTEINE	.7%	L-LYSINE (EAA)	7.3%
L-GLUTAMIC ACID	22.6%	L-METHIONINE (EAA)	2.7%
L-GLYCINE	1.7%	L-PHENYLALANINE (EAA)	4.8%

BCAA: BRANCHED CHAIN AMINO ACIDS  
EAA: ESSENTIAL AMINO ACIDS

L-PROLINE	10.4%
L-SERINE	5.5%
L-THREONINE (EAA)	4.1%
L-TRYPTOPHAN (EAA)	1.2%
L-TYROSINE	5.2%
L-VALINE (BCAA/EAA)	5.1%
B-6 (PYRIDOXINE HCL)	10 MG
B-12 (CYANOCOBALAMIN)	5 MCG
CALCIUM (CASEINATE)	20 MG

"I AM CURRENTLY USING PROTEIN MAX AND IT IS MY BELIEF THAT THESE ARE THE BEST PROTEIN TABLETS ON THE MARKET TODAY. I HAVE USED THEM FOR SOME TIME NOW AND THE RESULTS ARE AMAZING."  
BRUCE W. REEVES NORCO, CA

"I HAVE USED YOUR PROTEIN MAX ... AND HAVE RECEIVED EXCELLENT RESULTS AT A VERY REASONABLE PRICE. THANK YOU."  
DON WHEELER SR.  
PADUCAH, KENTUCKY

INGREDIENTS: PROTEIN COMPLEX (CALCIUM CASEINATE AND WHEY PROTEIN CONCENTRATE), VEGETABLE STEARIC ACID, METHYLCELLOLOSE (FOR SUSTAINED RELEASE), CROSCARMELLOS SODIUM (TO HELP WITH TABLET DISINTEGRATION IN STOMACH), VEGETABLE MAGNESIUM STEARATE AND SILICON DIOXIDE. CONTAINS NO SUGAR, STARCH, PRESERVATIVES, OR ARTIFICIAL COLORINGS AND FLAVORINGS.

SPORTS EDGE

PROTEIN 2200

OR

AMINO 2200

CODE 11 OR 11A

325 TABLETS

- \*FORMULATED WITH 100% PHARMACEUTICAL GRADE PEPTIDE BOND AMINOS, THE MOST EFFICIENT AMINO FORM. NEW RESEARCH SHOWS FREE FORM AMINOS ARE NOT AS EFFICIENT AND CAN ACTUALLY DILUTE THE EFFECT OF OTHER TYPES OF AMINOS SO WE PACKED THIS FORMULA WITH AN EFFICIENT ALL- PEPTIDE BOND AMINO BLEND.
- \*DERIVED MOSTLY FROM CALCIUM CASEINATE FOR SLOWER PROTEIN/AMINO RELEASE. OFTEN TAKEN BEFORE BED TO HELP WITH RECOVERY AND REDUCE MUSCLE BREAKDOWN DURING SLEEP. HIGH BIO-AVAILABILITY.
- \*PROVIDES ALL 10 ESSENTIAL AMINO ACIDS ENSURING THE BODY'S ABILITY TO PROPERLY ASSIMILATE PROTEIN.
- \*HIGH NITROGEN CONTENT FOR POSITIVE NITROGEN BALANCE.
- \*EACH TABLET SUPPLIES APPROXIMATELY 2 GRAMS PROTEIN/AMINOS NEEDED TO REPAIR AND BUILD MUSCLE TISSUE AFTER RIGOROUS PHYSICAL TRAINING.
- \*PROVIDES SOURCE OF PROTEIN THAT IS FAT AND CARBOHYDRATE FREE AND VERY LOW IN CALORIES.
- \*PROTEIN 2200/AMINO 2200 IS A GREAT AID FOR MUSCLE MASS, STRENGTH INCREASE, ENDURANCE, RECUPERATION, ENERGY, AND PROTEIN SYNTHESIS.
- \*HIGH IN ALL THE BRANCHED CHAIN AMINO ACIDS WHICH SIGNIFICANTLY INCREASE PROTEIN SYNTHESIS, FACILITATE THE RELEASE OF HORMONES SUCH AS GROWTH HORMONE (GH), IGF-1, AND INSULIN; AND HELP MAINTAIN A FAVORABLE TESTOSTERONE TO CORTISOL RATIO. HIGH IN GLUTAMINE, ESSENTIAL TO MUSCLE BUILDING.
- \*FOR BEST RESULTS, TAKE 4 TO 6 TABLETS BETWEEN MEALS, ONE HOUR BEFORE EXERCISE, AND DIRECTLY AFTER EACH WORKOUT. ESPECIALLY GOOD BEFORE BEDTIME.

AMINO ACID PROFILE AS A % OF EACH 2200 MG TABLET:

ONLY 10 CALORIES PER TABLET!

L-ALANINE	2.9%	L-GLUTAMIC ACID	21.0%
L-ARGININE (EAA)	3.8%	L-GLYCINE	2.5%
L-ASPARTIC ACID	6.8%	L-HISTIDINE (EAA)	2.9%
L-CYSTEINE	.4%	L-ISOLEUCINE (BCAA/EAA)	5.1%

L-LEUCINE (BCAA/EAA)	10.5%
L-LYSINE (EAA)	6.0%
L-METHIONINE (EAA)	7.7%
L-PHENYLALANINE (EAA)	6.9%
L-PROLINE	2.3%
L-SERINE	4.2%

BCAA: BRANCHED CHAIN AMINO ACIDS  
EAA: ESSENTIAL AMINO ACIDS

L-THREONINE (EAA)	4.1%
L-TRYPTOPHAN (EAA)	1.0%
L-TYROSINE	5.8%
L-VALINE (BCAA/EAA)	6.0%

INGREDIENTS: CALCIUM CASEINATE, CALCIUM CARBONATE, VEGETABLE STEARIC ACID, WHEY PROTEIN CONCENTRATE, HYDROXYPROPYL METHYLCELLOLOSE, CROSCARMELLOS SODIUM (TO HELP WITH TABLET DISINTEGRATION IN STOMACH), MALODEXTRIN, VEGETABLE MAGNESIUM STEARATE AND SILICON DIOXIDE. CONTAINS NO SUGAR, STARCH, PRESERVATIVES, OR ARTIFICIAL COLORINGS AND FLAVORINGS.

BEWARE OF COMPETING PRODUCTS WITH MISLEADING LABELS SUCH AS "SUPERIOR AMINO 2222", AMINO 10,000, AMINO 3000, ETC. THAT REQUIRE YOU TO THEN TAKE MULTIPLE TABLETS TO GET THE LISTED MILLIGRAMS!

SPORTS EDGE

ULTIMATE WHEY PROTEIN 3000 CHEWABLE

CODE 16

300 CHEWABLE WAFERS - DELICIOUS VANILLA FLAVOR!

GLUTAMINE ENHANCED!

\*EACH DELICIOUS EASILY CHEWABLE WAFER SUPPLIES APPROXIMATELY 3 GRAMS PROTEIN PROVIDING THE BUILDING BLOCKS NECESSARY FOR REPAIRING, MAINTAINING AND BUILDING LEAN MUSCLE TISSUE. HELPS REPAIR AND BUILD MUSCLE TISSUE AFTER RIGOROUS PHYSICAL TRAINING.

\*FORMULA COMBINES SLOWER DIGESTING CALCIUM CASEINATE PROTEIN WITH FASTER ABSORBING WHEY PROTEIN FOR HIGHER OVERALL UTILIZATION. WHEN TAKEN BEFORE BED, THE ADDED CALCIUM CASEINATE HELPS MORE WITH RECOVERY AND HELPS REDUCE MUSCLE BREAKDOWN DURING SLEEP.

\*GLUTAMINE ENHANCED FOR MUSCLE AND WORKOUT RECOVERY AND CELL VOLUME MAINTENANCE.

\*FORMULATED WITH THE HIGHEST QUALITY GRADE PEPTIDE BOND AMINO ACIDS ENHANCED WITH L-GLUTAMINE. PEPTIDE BOND AMINOS ARE THE MOST EFFICIENT FOR ABSORPTION AND BIO-AVAILABILITY COMPARED TO FREE FORM OR FREE FORM/PEPTIDE BOND FORMULAS COMMON TO THE MARKET. NEW RESEARCH SHOWS FREE FORM AMINOS ARE NOT AS EFFICIENT AND CAN ACTUALLY DILUTE THE EFFECT OF OTHER TYPES OF AMINOS SO WE PACKED THIS FORMULA WITH AN EFFICIENT ALL- PEPTIDE BOND AMINO BLEND.

\*PROVIDES ALL THE ESSENTIAL AMINO ACIDS ENSURING THE BODYS’ ABILITY TO PROPERLY ASSIMILATE PROTEIN.

\*HIGH IN ALL THE BRANCHED CHAIN AMINO ACIDS WHICH SIGNIFICANTLY INCREASE PROTEIN SYNTHESIS, FACILITATE THE RELEASE OF HORMONES SUCH AS GROWTH HORMONE (GH), IGF-1, AND INSULIN; AND HELP MAINTAIN A FAVORABLE TESTOSTERONE TO CORTISOL RATIO.

\*HELPS MAINTAIN SUPERIOR NITROGEN BALANCE NECESSARY FOR RECUPERATION AND TISSUE REPAIR BETWEEN WORKOUTS.

\*PROVIDES SOURCE OF PROTEIN THAT IS FAT FREE AND LOW IN CALORIES AND CARBOHYDRATES.

\*”ULTIMATE WHEY PROTEIN 3000 CHEWABLE” IS A GREAT AID FOR MUSCLE MASS, STRENGTH INCREASE, ENDURANCE, RECUPERATION, ENERGY AND PROTEIN SYNTHESIS.

\*ADDED CALCIUM (32 MG PER WAFER) TO ENHANCE UTILIZATION.

\*DELICIOUS VANILLA FLAVOR. A PLEASURE TO CHEW AND SWALLOW.

\*LARGE QUANTITY - 300 CHEWABLE WAFERS PER BOTTLE TO LAST YOU LONGER.

\*NO OTHER CHEWABLE FORMULA LIKE SPORTS EDGE “ULTIMATE WHEY PROTEIN 3000 CHEWABLE” IS AVAILABLE TO ATHLETES, BODYBUILDERS, POWERLIFTERS OR PEOPLE JUST LOOKING TO ADD PROTEIN TO THEIR DIET ANYWHERE AT ANY PRICE.

\*SUGGESTED USE: AS A DIETARY SUPPLEMENT, CHEW THREE (3) TO SEVEN (7) WAFERS BEWTEEN EACH MEAL AND/OR BEDTIME. IF MEALS ARE LOW IN PROTEIN CONTENT, CHEW UP TO THREE (3) WAFERS BEFORE EACH MEAL TO FURTHER IINCREASE PROTEIN INTAKE.

AMINO ACID PROFILE AS A % OF EACH 3 GRAM CHEWABLE WAFER:				ONLY 15 CALORIES PER TABLET!		
L-ALANINE	3.5%	L-HISTIDINE (EAA)	2.1%	L-PROLINE	7.3%	INGREDIENTS: PROTEIN COMPLEX (CALCIUM CASEINATE AND WHEY PROTEIN CONCENTRATE), XYLITOL, MALTODEXTRIN, VEGETABLE STEARIC ACID, LACTOSE, ASPARTAME, VEGETABLE MAGNESIUM STEARATE, NATURAL FRENCH VANILLA FLAVOR, AND TRICALCIUM PHOSPHATE.
L-ARGININE (EAA)	2.8%	L-ISOLEUCINE (BCAA/EAA)	5.3%	L-SERINE	5.6%	
L-ASPARTIC ACID	7.8%	L-LEUCINE (BCAA/EAA)	9.0%	L-THREONINE (EAA)	2.8%	
L-CYSTEINE	1.1%	L-LYSINE (EAA)	7.6%	L-TRYPTOPHAN (EAA)	1.8%	
L-GLUTAMIC ACID	17.70%	L-METHIONINE (EAA)	2.7%	L-TYROSINE	3.7%	
L-GLYCINE	1.6%	L-PHENYLALANINE (EAA)	4.9%	L-VALINE (BCAA/EAA)	5.6%	
				L-GLUTAMINE	50 MG	
BCAA: BRANCHED CHAIN AMINO ACIDS						
EAA: ESSENTIAL AMINO ACIDS						

SPORTS EDGE

ESSENTIAL FATTY ACIDS COMPLEX PACK

CODE 105

30 PACKETS

\*5530 MILLIGRAMS PER PACKET OF ESSENTIAL FATTY ACIDS!

\*COMPLETE WITH OMEGA-3, 6, AND 9!

\*FLAXSEED OIL IS ONE OF THE BEST AVAILABLE SOURCES OF THE OMEGA-3 FATTY ACIDS, ALPHA-LINOLENIC ACID, LINOLEIC ACID AND OLEIC ACID.

\*MARINE LIPID CONCENTRATE IS USED TO INCREASE YOUR INTAKE OF EPA AND DHA OMEGA-3 FATTY ACIDS WITHOUT HAVING TO EAT LARGE AMOUNTS OF OILY FISH. ALSO CONTAINS GLA (OMEGA 6).

\*FREE OF MERCURY, LEAD AND OTHER HEAVY METALS VIA ADVANCED SPECIAL PROCESSING. PCB TESTED AND GUARANTEED TO BE WITHIN CALIFORNIA PROPOSITION 65 LIMITS!

\*SUGGESTED USE: TAKE 1 PACKET JUST BEFORE OR WITH MEAL.

EACH PACKET (5 SOFTGELS) CONTAINS:			
NATURAL VITAMIN E (D-ALPHA-TOCOPHERYL ACETATE)	10 IU	CLA COMPLEX (80% CONJUGATED LINOLEIC ACID FROM SAFFLOWER OIL)	290 MG
FISH OIL WHICH TYPICALLY YIELDS:	2000 MG	GLA COMPLEX (18.5% GAMMA LINOLEIC ACID FROM BORAGE SEED OIL)	262 MG
EPA (EICOSAPENTAENOIC ACID)	360 MG	ALA COMPLEX (50% ALPHA LINOLEIC ACID FROM FLAX SEED OIL).	150 MG
DHA (DOCOSAHEXAENOIC ACID)	240 MG	EPA (EICOSAPENTAENOIC ACID/FISH OIL)	125 MG
FLAXSEED OIL (ORGANIC)	2000 MG	DHA (DOCOSAHEXAENOIC ACID/FISH OIL)	100 MG
NATURALLY PROVIDING:			
ALPHA-LINOLEIC ACID (OMEGA-3)			
LINOLEIC ACID (OMEGA-6)			
OLEIC ACID (OMEGA-9)			
OTHER FATTY ACIDS & PHYTONUTRIENTS			



SPORTS EDGE

MEGA ORGANIC GREENS COMPLEX

CODE 21

120 TABLETS

DESIGNED TO SUPPLEMENT YOUR MEALS WITH 1350 MG ORGANIC GREENS PER SERVING!

\*SPORTS EDGE MEGA ORGANIC GREENS COMPLEX IS MADE WITH 100% USDA ORGANIC GREENS, ORGANIC FRUITS, AND ORGANIC VEGETABLES TO SUPPORT A HEALTHY LIFESTYLE. MOST INMATES ARE NOT GETTING ENOUGH HEALTHY GREENS IN THEIR DAILY DIETS AND THIS HELPS SOLVE THAT PROBLEM. EVERY INMATE, YOUNG OR OLD SHOULD TAKE THIS SUPERIOR NUTRITIOUS FORMULA.

\*FOR BEST RESULTS, TAKE 2 TABLETS 1 TO 3 TIMES DAILY PREFERABLY WITH MEALS FOR BETTER HEALTH.

\*EACH PRODUCTION BATCH OF THIS FORMULA IS CERTIFIED ORGANIC BY INTERNATIONAL CERTIFICATION SERVICES, INC. AND USDA CERTIFIED SO YOU KNOW YOU ARE GETTING ONE OF THE MOST NUTRITIOUS ORGANIC FORMULAS ON THE MARKET AVAILABLE ANYWHERE.

EACH 2 TABLETS CONTAIN:

**ALL ORGANIC GREENS COMPLEX** CONSISTING OF ALFALFA GRASS (AERIAL PARTS), BARLEY GRASS (AERIAL PARTS), OAT GRASS (AERIAL PARTS), BROCCOLI (STEM AND FLORET), SPINACH LEAF, CABBAGE (HEAD), PEA (SEED), CAULIFLOWER (FLORET), PARSLEY LEAF, BRUSSELS SPROUT (HEAD), KALE LEAF, SPIRULINA, CELERY SEED, AND ASPARAGUS (SHOOT). 770 MG

**ALL ORGANIC FRUIT AND VEGETABLE COMPLEX** CONSISTING OF APPLE FRUIT PULP, BEET ROOT, CARROT ROOT, TOMATO (FRUIT), STRAWBERRY (FRUIT), TART CHERRY (FRUIT), GARLIC BULB, GREEN ONION (BULB), BLUEBERRY (FRUIT), RASPBERRY (FRUIT), BLACKBERRY (FRUIT), GINGER ROOT, RICE (GRAIN), AND GREEN BELL PEPPER (FRUIT). 580 MG

**OTHER ALL ORGANIC INGREDIENTS:** ACACIA GUM, RICE EXTRACT BLEND (RICE EXTRACT, RICE HULLS, GUM ARABIC, SUNFLOWER OIL), SILICA CONCENTRATE, AND FILM COATING (PURIFIED WATER, MALTODEXTRIN, SUNFLOWER LECHITHIN, PALM OIL AND GUAR GUM).

SPORTS EDGE

MAXIMUM DAILY SUSTAINED RELEASE

CODE 43

90 TABLETS

STRONGEST ONE-A-DAY MULTI-VITAMIN/MINERAL AVAILABLE ANYWHERE!!

MAXIMUM ONE-A-DAY HAS EVERYTHING A 1-A-DAY SHOULD HAVE AND MORE. IN ADDITION TO THE MEGA-POTENCY FORMULATION, MAXIMUM IS SUSTAINED RELEASE, CONTAINS 10,000 IU BETA-CAROTENE, 250 MG VITAMIN C, 150 IU VITAMIN E, OVER 600 MG B-COMPLEX AND A FULL RANGE OF CHELATED MINERALS. MADE WITH A SLICK FILM COATING MAKING IT EASIER TO SWALLOW. MAXIMUM ONE-A-DAY CAN ONLY BE COMPARED WITH MOST OTHER MULTIPLES WHEN IT COMES TO PRICE. MAXIMUM ONE-A-DAY COSTS ABOUT THE SAME AS YOU WOULD EXPECT TO PAY FOR OTHER MULTIPLES WITH MUCH WEAKER FORMULAS. ALL FACTS CONSIDERED, MAXIMUM TRULY PUTS THE MEANING IN THE TERM “1-A-DAY”. ESPECIALLY FORMULATED TO PROVIDE A GRADUAL RELEASE OF B AND C VITAMINS OVER A PROLONGED PERIOD OF TIME.

EACH TABLET CONTAINS:

VITAMIN A (BETA- CAROTENE)	3,000 MCG	INOSITOL	100 MG	CALCIUM (CARBONATE/AAC)	50 MG
VITAMIN D (CHOLECALCIFEROL)	10 MCG	PABA	100 MG	MAGNESIUM (AMINO CHEL.)	25 MG
VITAMIN E (D-ALPHA TOCO.SUCC.)	34 MCG	BIOTIN	100 MCG	COPPER (AMINO CHELATE)	500 MCG
VITAMIN C (ASCORBIC ACID)	250 MG	PANTOTHENIC ACID(CAL)	100 MG	ZINC (OXIDE)	15 MG
VITAMIN B-1 (THIAMINE MONO.)	100 MG	FOLIC ACID	400 MCG	CHROMIUM (AMINO CHEL.)	250 MCG
VITAMIN B-2 (RIBOFLAVIN)	100 MG	RUTIN	50 MG	SELENIUM (AMINO CHELATE)	20 MCG
VITAMIN B-6 (PYRIDOXINE HCL)	100 MG	CITRUS BIOFLAVONOIDS	50 MG	MANGANESE (SULFATE)	6 MG
VITAMIN B-12 (CYANOCOBALA.)	100 MCG	IODINE (AMINO CHEL.)	150 MCG	POTASSIUM (AMINO CHEL.)	10 MG
NIACIN (AS NIACINAMIDE)	100 MG	IRON (AMINO CHELATE)	18 MG	TRACE MINERAL COMPLEX	1 MG
CHOLINE (AS BITARTRATE)	100 MG				

IN A NATURAL BASE CONTAINING DI-CALCIUM PHOSPHATE, MAGNESIUM STEARATE, STEARIC ACID, AND MICROCRYSTALLINE CELLULOSE. CONTAINS NO YEAST, NO SUGAR, NO STARCH, NO PRESERVATIVES, NO ARTIFICIAL COLORINGS OR FLAVORINGS.

**SUGGESTED USE: FOR BEST RESULTS, TAKE ONE TABLET DAILY WITH A MEAL.**



30 PACKETS

\*SPORTS EDGE DAILY VITAMIN PACK IS DESIGNED ESPECIALLY FOR ACTIVE PEOPLE.  
\*ONE PACKET DAILY CONTAINS A TOTAL SUPPLY OF VITAMINS, MINERALS, AND FAT METABOLIZERS IN A HANDY CONVENIENT FORM.  
\*NO SUGAR, SALT, STARCH, ARTIFICIAL FLAVORS OR COLORS, WAXES, YEAST, OR PRESERVATIVES ARE USED IN THE FORMULATION OF DAILY VITAMIN PACK.  
\*FOR BEST RESULTS, TAKE ONE PACKET DAILY IN THE MORNING AFTER A MEAL.

IRON FREE  
MULTI

EACH PACKET (SIX TABLETS/SOFTGELS) CONTAINS:

VITAMIN A & D:			% USRDA		
A (RETINOL PALMITATE)	3,000 MCG		333		
D-3 (CHOLECAL.)	15 MCG		75		
VITAMIN E:					
E (D-ALPHA TOCOPHEROL ACETATE, MIXED TOCOPHEROLS)	267 MG		1,780		
VITAMIN C (SUSTAINED RELEASE):					
C (AS ASCORBIC ACID)	1000 MG		1,111		
LECITHIN:					
LECITHIN (SOYA)	1200 MG		**		
OTHER NUTRIENTS:					
CITRUS BIOFLAVONOIDS	535 MG		**		
RUTIN	50 MG		**		
HESPERIDAN COMPLEX	50 MG		**		
ACEROLA POWDER	10 MG		**		
QUERCETIN (DIHYDRATE)	50 MG		**		
BROMELAIN (40 GDU)	25 MG		**		
BENTONATE CLAY (TRACE MINERAL COMPLEX)	5 MG		**		
ROSE HIPS (FRUIT)	5 MG		**		

\*\* USRDA NOT ESTABLISHED

“SPORTS EDGE IS THE BEST IN VALUE AND QUALITY. I WILL BE BUYING SPORTS EDGE IN THE FUTURE.” DAN GROSSKLAUS  
WAUKESHA, W ISCONSIN

“...I FIND YOUR PRODUCT THE BEST ON TODAY’S MARKET...” RAYMOND JACOBY  
CAMDEN, NEW JERSEY

“I THINK YOUR SUPPLEMENTS ARE THE BEST...”  
MICHAEL WATTS  
WELLINGTON, TEXAS

“I USE YOUR PRODUCTS MYSELF, AS WELL AS RECOMMENDING TO MY PATIENTS. YOU PROVIDE QUALITY PRODUCTS AT A FAIR PRICE.”  
DR. CHARLES KING JR  
GRANITE CITY, ILLINOIS

OTHER INGREDIENTS: CALCIUM CARBONATE, VEGETABLE STEARIC ACID, EXTRA VIRGIN OLIVE OIL, GLYCERIN, HYDROXYPROPYL METHYLCELLULOSE, VEGETABLE MAGNESIUM STEARATE, CROSCARMELOSE SODIUM, PURIFIED WATER, SILICON DIOXIDE, METHOCEL, MICROCRYSTALLINE CELLULOSE, WATERCRESS POWDER, AND PARSLEY LEAF POWDER

90 TABLETS OR 180 TABLETS

IRON FREE MULTI

MULTI-VITAMIN/MINERAL FORMULA WITH DESIGNER FOOD ACTIVES!

**\*THREE TABLETS PROVIDE A LEVEL OF DESIGNER FOOD ACTIVES EQUIVALENT TO 4 POUNDS OF FRESH FRUIT AND VEGETABLES PLUS A COMPLETE BLEND OF VITAMINS AND MINERALS!**  
\*DESIGNER FOOD ACTIVES IS A NAME GIVEN TO A SELECT GROUP OF NUTRIENTS BY THE NATIONAL CANCER INSTITUTE AND APPLIES TO CERTAIN COMPOUNDS FOUND IN FRESH FRUIT, VEGETABLES AND VARIOUS PLANT FOODS. RECOGNIZED FOR THEIR SIGNIFICANCE IN THE DIET. FOOD ACTIVES ARE IMPORTANT FOR OVERALL GOOD HEALTH SUCH AS HELPING THE BODY RID ITSELF OF TOXINS, PROTECT AGAINST DAMAGE FROM OXIDATION AND ULTRAVIOLET OR SOLAR RADIATION AND PROMOTE A HEALTHIER INTESTINAL TRACT.  
\*SUGGESTED USE: FOR BEST RESULTS, TAKE ONE TABLET 3 TIMES DAILY WITH MEALS.

EACH 3 TABLETS CONTAIN:

CONTAINS NO YEAST, NO SUGAR, NO STARCH, NO PRESERVATIVES, NO ARTIFICIAL COLORINGS OR FLAVORINGS.

FOS (FRUCTOOLIGOSACCHARIDES)	200 MG	VITAMIN E (D-ALPHA TOCO.)	40 MG	MAGNESIUM (GLYCINATE)	125 MG
ODORLESS GARLIC (PROVIDES 300 MCG ALLICIN)	30 MG	VITAMIN C (ASCORBIC ACID)	500 MG	POTASSIUM (CITRATE)	75 MG
GREEN TEA EXTRACT (PROVIDES 10 MG POLYPHENOL CATECHINE)	30 MG	VITAMIN D-2 (ERGOCAL.)	10 MCG	ZINC (CITRATE)	10 MG
GLUYCYRRHIZIN (FROM LICORICE ROOT)	30 MG	VITAMIN B-1 (THIAMINE HCL)	20 MG	COPPER (CITRATE)	2 MG
ROSEMARY EXTRACT	75 MG	VITAMIN B-2 (RIBOFLAVIN)	30 MG	MOLYBDENUM (MOLYBATE)	100 MCG
FREEZE-DRIED BROCCOLI	100 MG	VITAMIN B-6 (PYRIDOXINE HCL)	20 MG	IODINE (KELP)	150 MCG
FREEZE DRIED TOMATOES	100 MG	VITAMIN B-12 (CYANOCOBAL.)	200 MCG	SELENIUM	50 MCG
FREEZE DRIED PARSLEY	30 MG	NIACINE: NIACINAMIDE (1:1)	30 MG	CHROMIUM (PICOLINATE)	200 MCG
FREEZE DRIED CELERY	30 MG	PANTOTHENIC ACID (CALCIUM D-PANTOTHENIC)	25 MG	BORON (SODIUM BORATE)	3 MG
VITAMIN A (BETA-CAROTEN/ PALMITATE)	4,500 MCG	CHOLINE BITARTRATE	25 MG	SILICA (SILICON DIOXIDE)	10 MG
		INOSITOL	30 MG	ORGANIC HORESTAIL	225 MG
		BIOTIN	75 MCG	VANADIUM (VANADYL SULFATE)	50 MCG
		FOLIC ACID	400 MCG	VITAMIN K-1	50 MCG
		CALCIUM (CARBONATE/CITR.)	200 MG		

SPORTS EDGE

MEGA MINERALS

CODE 98

100 TABLETS

IRON FREE

HIGH POTENCY CHELATED MULTI-MINERAL COMPLEX

\*HIGHLY EFFICIENT HIGH POTENCY CHELATED MULTI-MINERAL COMPLEX FORTIFIED WITH NATURALLY OCCURRING TRACE MINERALS AND FORTIFIED WITH BORON.  
\*SUGGESTED USE: AS A DIETARY SUPPLEMENT, TAKE ONE TO TWO TABLETS DAILY.

EACH 2 TABLETS CONTAIN:

VITAMIN D (CHOLECALCIFEROL)	10 MCG	MOLYBDENUM (AMINO CHELATE)	100 MCG	CONTAINS NO
CALCIUM (CARBONATE)	1000 MG	POTASSIUM (CHLORIDE)	95 MG	YEAST, NO
IODINE (FROM KELP)	150 MCG	CHLORIDE	88 MG	SUGAR, NO
MAGNESIUM (OXIDE)	500 MG	BORON (AMINO CHELATE)	3 MG	STARCH, NO
ZINC (OXIDE)	22.5 MG	BROMELAINE (10:1 / 80 GDU)	50 MG	PRESERVATIVES,
SELENIUM (AMINO CHELATE)	100 MCG	GLUTAMIC ACID (HYDROCHLORIDE)	100 MG	NO ARTIFICIAL
COPPER (AMINO CHELATE)	3 MG	BENTONITE CLAY (PROVIDING ALL 72	10 MG	COLORINGS OR
MANGANESE (CITRATE)	2 MG	NATURALLY-OCCURING TRACE		FLAVORINGS.
CHROMIUM (AMINO CHELATE)	200 MCG	MINERALS)		

SPORTS EDGE

SENTRY DAILY

CODE 156

100 CAPLETS

MULTI-VITAMIN/MINERAL

\*LOWER DOSAGE EFFICIENT MULTI-MINERAL IN A 42 FRUITS AND VEGETABLE BASE COMPLEX WITH ADDED BROMELAIN AND PAPAIN BASE FOR DIGESTION. SAME FORMULA AS SENTRY ONE-A-DAY EXCEPT WITHOUG IRON.  
\*SUGGESTED USE: AS A DIETARY SUPPLEMENT, TAKE ONE OR MORE CAPLETS DAILY.

EACH CAPLET CONTAINS:

VITAMIN A (ACETATE/ BETA-CAROTENE)	1,500 MCG	IODINE (POTASSIUM IODIDE)	150 MCG	OTHER INGREDIENTS: MYCROCRYSTALLINE
VITAMIN D-3 (CHOLECALCIFEROL)	10 MCG	CALCIUM (DICALCIUM PHOS.)	162 MG	CELLULOSE, VEGETABLE STEARIC ACID,
VITAMIN E (DL-ALPHA TOCOPHERYL)	20 MG	IRON (FERROUS SULFATE)	27 MG	DICALCIUM PHOSPHATE, PHARMACEUTICAL
VITAMIN C (ASCORBIC ACID)	90 MG	MAGNESIUM (OXIDE)	100 MG	GLAZE, VEGETABLE MAGNESIUM
VITAMIN K-1 (PHYTONADIONE)	25 MCG	COPPER (OXIDE)	2 MG	STEARATE,SILICON DIOXIDE,
VITAMIN B-1 (THIAMINE HCL)	2.25 MG	ZINC (OXIDE)	15 MG	CROSCARMELLOSE SODIUM, DESIGNER FOOD
VITAMIN B-2 (RIBOFLAVIN)	2.6 MG	CHROMIUM (AMINO CHEL.)	25 MCG	ACTIVE BASE CONSISTING OF 42 FRUITS AND
VITAMIN B-6 (PYRIDOXINE HCL)	3 MG	SELENIUM (AMINO CHELATE)	25 MCG	VEGETABLE, AND BROMELAIN AND PAPAIN
VITAMIN B-12 (CYANOCOBALA.)	9 MCG	MANGANESE (SULFATE)	3 MG	(DIGESTIVE ENZYMES).
NIACIN (NIACINAMIDE)	20 MG	POTASSIUM (CHLORIDE)	30 MG	
BIOTIN	45 MCG	PHOSPHORUS (DICALCIUM)	75 MG	
PANTOTHENIC ACID(CAL)	10 MG	MOLYBDENUM (AMINO CHEL.)	25 MCG	
FOLIC ACID	400 MCG	CHLORIDE	27 MG	

SPORTS EDGE

SENTRY DAILY IRON FREE

CODE 157

100 CAPLETS

IRON FREE MULTI

MULTI-VITAMIN/MINERAL

\*LOWER DOSAGE EFFICIENT MULTI-MINERAL IN A 42 FRUITS AND VEGETABLE BASE COMPLEX WITH ADDED BROMELAIN AND PAPAIN BASE FOR DIGESTION. SAME FORMULA AS SENTRY ONE-A-DAY EXCEPT WITHOUG IRON.  
\*SUGGESTED USE: AS A DIETARY SUPPLEMENT, TAKE ONE OR MORE CAPLETS DAILY.

EACH CAPLET CONTAINS:

VITAMIN A (ACETATE /BETA-CAROTENE)	1,500 MCG	IODINE (POTASSIUM IODIDE)	150 MCG	OTHER INGREDIENTS: MYCROCRYSTALLINE
VITAMIN D-3 (CHOLECALCIFEROL)	10 MCG	CALCIUM (DICALCIUM PHOS.)	162 MG	CELLULOSE, VEGETABLE STEARIC ACID,
VITAMIN E (DL-ALPHA TOCOPHERYL)	20 MG	MAGNESIUM (OXIDE)	100 MG	DICALCIUM PHOSPHATE, PHARMACEUTICAL
VITAMIN C (ASCORBIC ACID)	90 MG	COPPER (OXIDE)	2 MG	GLAZE, VEGETABLE MAGNESIUM
VITAMIN K-1 (PHYTONADIONE)	25 MCG	ZINC (OXIDE)	15 MG	STEARATE,SILICON DIOXIDE,
VITAMIN B-1 (THIAMINE HCL)	2.25 MG	CHROMIUM (AMINO CHEL.)	25 MCG	CROSCARMELLOSE SODIUM, DESIGNER FOOD
VITAMIN B-2 (RIBOFLAVIN)	2.6 MG	SELENIUM (AMINO CHELATE)	25 MCG	ACTIVE BASE CONSISTING OF 42 FRUITS AND
VITAMIN B-6 (PYRIDOXINE HCL)	3 MG	MANGANESE (SULFATE)	3 MG	VEGETABLE, AND BROMELAIN AND PAPAIN
VITAMIN B-12 (CYANOCOBALA.)	9 MCG	POTASSIUM (CHLORIDE)	30 MG	(DIGESTIVE ENZYMES).
NIACIN (NIACINAMIDE)	20 MG	PHOSPHORUS (DICALCIUM)	75 MG	
BIOTIN	45 MCG	MOLYBDENUM (AMINO CHEL.)	25 MCG	
PANTOTHENIC ACID(CAL)	10 MG	CHLORIDE	27 MG	
FOLIC ACID	400 MCG			

SPORTS EDGE

NOS PLUS

CODE 97PT

250 TABLETS

UP TO TWO MONTH SUPPLY!!!

\*TAKING “NOS PLUS” DAILY HELPS YOUR BODY NATURALLY INCREASE ITS’ NATURAL PRODUCTION OF NITRIC OXIDE. SOME BENEFITS INCLUDE:

- \*BOOSTS EXERCISE PERFORMANCE FOR WEIGHT LIFTING, RUNNING, FOOTBALL, BASKETBALL, SOCCER AND MORE!
- \*SUPPORTS CIRCULATORY HEALTH AND HELPS LOWER BLOOD PRESSURE.
- \*INCREASED SPORTS STRENGTH AND MUSCULARITY.
- \*DECREASED RECOVERY TIME AND INCREASED STAMINA.
- \*INCREASED WORKOUT CAPACITY.
- \*DECREASED BODY FAT AND ASSIST VASCULARITY.

\*”NOS PLUS” SUPPORTS NITRIC OXIDE WHICH IN TURN HELPS BOOST EXERCISE PERFORMANCE INCLUDING FASTER SPORTS STRENGTH AND MUSCLE GAINS, DECREASES IN BODY FAT, INCREASES IN STAMINA AND OVERALL WELL BEING.

\*IN ADDITION, THE EFFECTS OF CIRCULATORY HEALTH SUPPORT AND INCREASED BLOOD FLOW TO ALL PARTS OF THE BODY HELPS CREATE WHAT WE CALL A “MUSCLE PUMP” WHICH HELPS LEAD TO FASTER RECOVERY, BETTER WORKOUTS AND INCREASES IN OVERALL ATHLETIC PERFORMANCE.

\*THIS PRODUCT IS SAFE AND DRUG-FREE.

\*SUGGESTED USE: FOR OPTIMUM RESULTS, TAKE 1 OR 2 TABLETS THREE TIMES DAILY PRIOR TO EACH MEAL. ADD “ULTIMATE WHEY PROTEIN 3000 CHEWABLE”, “PROTEIN MAX/MAX AMINO” OR “PROTEIN 2200/AMINO 2200” TO YOUR DAILY SUPPLEMENTATION TO SUPPLY YOUR MUSCLES ADDITIONAL FUEL.

EACH 2 TABLETS CONTAIN:

L-ARGININE-ALPHA-KETOGLUTARATE  
WHEY PROTEIN CONCENTRATE

2 G  
50 MG

OTHER INGREDIENTS: CALCIUM CARBONATE,  
STEARIC ACID, VEGETABLE MAGNESIUM STEARATE,  
HYDROXYPROPLY METHYLCELLULOSE, AND SILICON  
DIOXIDE.

TYPICAL AMINO ACID PROFILE AS A % FROM WHEY PROTEIN:

L-ALANINE	4.3%	L-HISTIDINE (EAA)	2.0%	L-PROLINE	8.1%	BCAA: BRANCHED CHAIN AMINO ACIDS
L-ARGININE (EAA)	2.8%	L-IOLEUCINE (BCAA/EAA)	5.7%	L-SERINE	5.7%	
L-ASPARTIC ACID	10.4%	L-LEUCINE (BCAA/EAA)	10.9%	L-THREONINE (EAA)	5.6%	EAA: ESSENTIAL AMINO ACIDS
L-CYSTINE	2.1%	L-LYSINE (EAA)	9.3%	L-TRYPTOPHAN (EAA)	1.6%	
L-GLUTAMIC ACID	16.4%	L-METHIONINE (EAA)	2.0%	L-TYROSINE	2.8%	
L-GLYCINE	1.7%	L-PHENYLALANINE (EAA)	3.2%	L-VALINE (BCAA/EAA)	5.4%	

90 TABLETS

ADVANCED CALORIE BLOCKER - FAT AND SUGAR BLOCKER!

\*COMBINES THE BEST INGREDIENTS IN A SYNERGISTIC RATIO DESIGNED FOR HELPING TO BLOCK FAT AND SUGAR FROM REACHING YOUR SYSTEM IN ORDER TO HELP YOU BLOCK CALORIES AND LOSE WEIGHT AND GET CUT UP.  
\*EACH TABLET CAN BLOCK 12 GRAMS OF FAT OR MORE - APPROXIMATELY 100 CALORIES. HELPS YOU LOSE WEIGHT WITHOUT CHANGING YOUR EATING HABITS OR LIFESTYLE. CONTROL WEIGHT GAIN! HELPS REDUCE CHOLESTEROL AND FIGHT HEART DISEASE\*\*.  
\*CHEAT THEN EAT ACTS BY ABSORBING HARMFUL FATS BEFORE THEY ARE DIGESTED AND BLOCKS CARBOHYDRATE SUGAR FROM ABSORPTION. IT HAS ALSO BEEN REPORTED TO HELP INHIBIT BAD LDL CHOLESTEROL AND INCREASE GOOD HDL LEVELS WHICH ARE ESSENTIAL FOR CARDIAC HEALTH. THIS FORMULA ALSO WORKS WELL WHEN USED IN CONJUNCTION WITH THERMOGENIC FORMULAS.

WHAT MAKES CHEAT THEN EAT WORK:

**CHITOSAN:** CHITOSAN IS DERIVED FROM CHITIN, A POLYSACCHARIDE FOUND IN THE EXOSKELETON OF SHELLFISH. IT PREVENTS THE BODY FROM ABSORBING FAT. WEIGHT LOSS AVERAGED 8% OF BODY WEIGHT OVER A 4 WEEK PERIOD, ACCORDING TO ONE STUDY. THIS INSOLUBLE, NON-DIGESTIBLE ANIMAL FIBER CAUSES THE MOLECULAR ATTRACTION AND BONDING OF UP TO 12 TIMES ITS’ WEIGHT IN FATTY OILS - A PROCESS CALLED POLYMERTIZATION. THE GELLED POLYMER IS TOO LARGE TO BE ABSORBED THROUGH THE INTESTINAL WALL AND PASSES THROUGH THE SYSTEM AS WASTE.

**GYMNEMA SYLVESTRE:** GYMNEMA IS AN INDIAN AYURVEDIC HERB THAT HAS COME INTO MODERN USE AFTER TWO THOUSAND YEARS OF FOLKLORE USE IN INDIA FOR DIABETES, SNAKEBITES, DIURETIC, STOMACH, AND OTHER USAGE. GYMNEMA HAS THE PROPERTY OF NEUTRALIZING THE SWEET FLAVOR OF SUGAR AND IS KNOWN AS THE “SUGAR DESTROYER”. THE PLANT PREVENTS THE ABSORPTION AND ACTIVITY OF GLUCOSE MOLECULES. IT IS NOT A CURE AND DOES NOT SUBSTITUTE FOR PROPER DIETARY HABITS, BUT ITS’ USE WILL SIGNIFICANTLY HELP TO KEEP BLOOD SUGAR LEVELS WITHIN ACCEPTABLE LIMITS. GYMNEMA IS AN EFFECTIVE HYPOGLYCEMIC AND ANTI-DIABETIC AGENT. AMONG THE BASIC PHARMACOLOGICAL PROPERTIES OF GYMNEMA ARE THE FOLLOWING: ANITVIRAL: INCREASES OXYGEN UPTAKE AND BLOOD FLOW; AND INCREASES SECRETIONS OF THE LIVER AND PANCREAS. IT HAS ALSO BEEN FOUND TO STIMULATE THE HEART AND CIRCULATORY SYSTEM.

**GARCINIA CAMBOGIA:** GARCINIA CAMBOGIA IS A PLANT BELONGING TO A LARGE GENUS OF EVERGREEN TREES AND SHRUBS NATIVE TO ASIA, POLYNESIA, AND SOUTH AFRICA. IT HAS BEEN TAKEN TO RELIEVE STOMACH PROBLEMS, CHRONIC INDIGESTION, AND RHEUMATISM. THE INTEREST IN THIS COMPOUND PERTAINS TO AN ACID FOUND IN THE RIND OF THE FRUIT PRODUCED BY THE PLANT (-)HYDROXCITRIC ACID, OR (-)HCA. THIS PRINCIPLE ACID NATURALLY OCCURRING IN GARCINIA CAMBOGIA HAS BEEN SHOWN TO HAVE DRAMATIC EFFECTS IN ACCELERATING FAT BURNING AND INHIBITING FATTY ACID SYNTHESIS. IN THE 1980’S, RESEARCH CONDUCTED ON TEST ANIMALS GIVEN LEVELS OF (-)HCA IN THEIR DIET DEMONSTRATED DECREASED LEVELS IN FATTY ACID AND CHOLESTEROL SYNTHESIS. THE ANIMALS ALSO DISPLAYED A REDUCTION IN APPETITE. IN 1977, AN ARTICLE APPEARING IN THE AMERICAN JOURNAL OF CLINICAL NUTRITION REPORTED THE USE OF (-)HCA IN A TEST CONCLUDED THAT THE ACID COULD LOWER FAT LEVELS WITHOUT LOSS OF BODY PROTEIN OR LEAN MASS. A DECADE LATER, A STUDY DESCRIBED IN THE ANNALS OF THE NEW YORK ACADEMY OF SCIENCE REPORTED THE USE OF (-)HCA WITH OBESE MEN. SUBJECTS GIVEN (-)HCA JELLY SHOWED AN AVERAGE LOSS OF 3.5 POUNDS AFTER ONLY ONE WEEK. MOST RECENTLY, A STUDY CONDUCTED IN HILTON HEAD, S.C., INVOLVED A TEST GROUP OF OBESE PATIENTS. THOSE TAKING (-)HCA SHOWED AN AVERAGE WEIGHT LOSS OF 11.1 POUNDS OVER AN EIGHT WEEK PERIOD WHILE THOSE TAKING A PLACEBO LOST ONLY 4.2 POUNDS.

\***FOR BEST RESULTS**, TAKE 1 TO 2 TABLETS DAILY 30 TO 60 MINITUES BEFORE A MEAL WITH WATER, 1 TO 3 TIMES DAILY. EXCELLENT DAILY STACK WITH “**SUPER FAT BURNERS**”.  
\***NOTES:** CHEAT THEN EAT IS NOT A SUBSTITUTE FOR PROPER DIET, ADEQUATE WATER CONSUMPTION AND EXERCISE.  
\*\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA AND THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**CAUTION:** DO NOT USE IF ALLERGIC TO SHELLFISH. NOT INTENDED FOR PREGNANT OR LACTATING WOMEN, OR ADOLESCENTS. IT MAY BE ADVISABLE TO SUPPLEMENT DIET WITH ADDITIONAL FAT SOLUBLE VITAMINS SUCH AS A, D, AND E. INDIVIDUALS ON RESTRICTED DIETS SHOULD CONSULT THEIR PHYSICIAN BEFORE USE.

EACH TABLET CONTAINS:	CHITOSAN (90% DAC)	1000 MG
	GYMNEMA SYLVESTRE (POWDER)	200 MG
	GARCINIA CAMBOGIA 5:1 EXTRACT(50% HCA)	50 MG
	VITAMIN C (ASCORBIC ACID)	25 MG

VALLEY FEVER

VALLEY FEVER, ALSO CALLED DESERT FEVER, SAN JOAQUIN VALLEY FEVER, COCCIDIOIDOMYCOSIS, AND DESERT RHEUMATISM IS A FUNGAL INFECTION. IT OCCURS MAINLY IN DRY DESERT AREAS OF SUCH AS SOUTHWESTERN UNITED STATES INCLUDING CALIFORNIA AND NEVADA. THE FUNGUS GROWS IN THE SOIL AND GETS INTO THE AIR WHEN THE GROUND IS BROKEN AND THE DIRT AND DUST SPREAD INTN THE AIR. DUST STORMS CAN SPREAD THE FUNGUS INTO THE AIR. YOU CAN GET VALLEY FEVER IF YOU BREATHE IN THE FUNGUS (COCCIDIOIDES IMMITIS) THAT CAUSES THE DISEASE. VALLEY FEVER IS NOT CONTAGIOUS AND AFTER GETTING BETTER, MOST PEOPLE WILL NOT GET VALLEY FEVER AGAIN (UNLESS THE IMMUNE SYSTEM IS WEAK). TREATMENT MUST BE FOCUSED ON ERADICATING THE FUNGUS IN THE BODY. SOME NATURAL ANTIFUNGAL PRODUCTS INCLUDE OREGANO OIL, GARLIC, AND COCONUT OIL. ADDITIONALLY, TAKING A GOOD MULI VITAMIN AND EXTRA VITAMIN C ALONG WITH THE ANTI-FUNGAL PRODUCTS CAN HELP. YOU CAN FIND THESE PRODUCTS IN OUR CATALOG. ANTI-FUNGAL DRUGS MAY ALSO BE NEEDED AND WOULD NEED TO BE PRESCRIBED BY A PHYSICIAN.

120 TABLETS

MAXIMUM STRENGTH LIPOTROPIC FORMULA!

- \*MANY OF THE INGREDIENTS IN THIS FORMULA ARE LIPOTROPICS OR FAT MANIPULATORS.
- \*UNIQUE SYNERGYSTIC COMBINATION OF VITAMINS, HERBS, MEDIUM CHAIN TRIGLYCERIDES, AMINO ACIDS, DIGESTIVE ENZYMES AND OTHER UNIQUE INGREDIENTS TO HELP ANYONE INCLUDING THE AVERAGE PERSON TO THE COMPETITIVE BODYBUILDER “CUT UP” OR LOSE UNWANTED POUNDS ACCUMULATED OVER TIME.
- \*AIDS IN METABOLISM OF FATS AND REDUCES BLOOD CHOLESTEROL LEVELS.
- \*ASSISTS LIVER IN ELIMINATING POISONS AND DRUGS FROM YOUR SYSTEM AND HELPS PREVENT ABNORMAL ACCUMULATION OF FAT.
- \*MEDIUM CHAIN TRYGLYCERIDES (MCT’S) HELP LOWER BLOOD CHOLESTEROL AND BLOOD SUGAR LEVELS, BOOST ENERGY AND INCREASE ENDURANCE, AND HELP BRAIN AND MEMORY FUNCTION.
- \*CLA HELPS REDUCE BODY FAT WHILE INCREASING LEAN TISSUE. MAY HELP REDUCE APPETITE, BOOST METABOLISM AND STIMULATE THE BREAKDOWN OF BODY FAT. HELPS MAINTAIN A HEALTHY NERVOUS SYSTEM, CLEANSE THE LIVER, AND PURIFY THE KIDNEYS.
- \*HELPS DETOXYFY THE BY-PRODUCTS OF PROTEIN METABOLISM.
- \*SUGGESTED USE: TAKE 1 TO 2 TABLETS WITH 8 OUNCES OF WATER BEFORE BREAKFAST AND AGAIN BEFORE DINNER EXCELLENT DAILY STACK WITH “GUARANA” AND “CHEAT THEN EAT”!

FOUR TABLETS CONTAIN:

VITAMIN C (ASCORBIC ACID)	60 MG	PROPRIETARY BLEND	698 MG
VITAMIN B-6 (PYRIDOXINE HCL)	25 MG	CONSISTING OF: KELP POWDER, SPIRULINA ALGAE POWDER,	
CHROMIUM (PICOLINATE)	200 MCG	BROMELAIN, UVA URSI LEAF POWDER, JUNIPER BERRY POWDER,	
MEDIUM CHAIN TRIGLYCERIDES OIL POWDER	100 MG	BUCHU LEAF POWDER, CLOVES STEM POWDER, ALLSPICE,	
GLA (GAMMA-LINOLENIC ACID)	50 MG	CINNAMON BARK POWDER, CRANBERRY FRUIT POWDER,	
CLA (CONJUGATED LINOLENIC ACID)	100 MG	GRAPEFRUIT POWDER, L-PHENYLALANINE, L-METHIONE,	
BLADDERWRACK (POWDER)	50 MG	L-ISOLEUCINE, L-HISTIDINE, L-LEUCINE, L-VALINE, L-LYSINE,	
CHOLINE (FROM CHOLINE BITARTRATE)	200 MG	L-TRYPTOPHAN AND L-THREONINE.	
INOSITOL (MONOPHOSPHATE)	500 MG		
GYMNEMA SYLVESTRE	100 MG	OTHER INGREDIENTS: VEGETABLE STEARIC ACID, CALCIUM	
GARCINIA CAMBOGIA (50% HCA)	200 MG	CARBONATE, MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE	
L-CARNITINE	25 MG	SODIUM, VEGETABLE MAGNESIUM STEARATE, HYDROXYPROPLY	
TUMERIC EXTRACT 95%	25 MG	METHYLCELLULOSE, AND SILICON DIOXIDE.	
COENZYME Q10	5 MG		

120 TABLETS

COMPLETE OVERALL GMO FREE ALL ORGANIC IMMUNE SUPPORT FORMULA!

- \*INCLUDES VITAMIN C COMBINED WITH KNOWN IMMUNE SYSTEM SUPPORTING ORGANIC COMPOUNDS.
- \*MORINGA IS ONE OF THE MOST NUTRIENT DENSE PLANTS IN THE WORLD. IT IS USED TO BOOST OVERALL ENERGY, STAMINA AND VITALITY AND IS A SOURCE OF ANTIOXIDANTS AND NATURALLY OCCURING PHYTONUTRIENTS.
- \*OREGANO CONTAINS CERTAIN COMPOUNDS THAT HAVE POTENT ANTIBACTERIAL PROPERTIES.
- \*PLEASE SEE REST OF CATALOG FOR DESCRIPTIONS OF ASTRAGALUS, ELDERBERRY, GARLIC AND GINGER.
- \*SUGGESTED USE: TAKE 3 TABLETS DAILY PREFERABLY WITH MEALS OR AS DIRECTED BY A HEALTHCARE PROFESSIONAL.

THREE TABLETS CONTAIN:

VITAMIN C (FROM ORGANIC ACEROLA FRUIT EXTRACT)	60 MG	OTHER INGREDIENTS: ORGANIC ACACIA GUM, ORGANIC TAPIOCA
ORGANIC ELDERBERRY 4:1 EXTRACT (FRUIT)	300 MG	MALTODEXTRIN, ORGANIC SILICA CONCENTRATE, ORGANIG FILM
ORGANIC ASTRAGALUS 4:1 EXTRACT (ROOT)	275 MG	COATING (PURIFIED WATER, ORGANIC MALTODEXTRIN, ORGANIC
ORGANIC OREGANO LEAF POWDER	150 MG	SUNFLOWER LECITHIN, ORGANIC PALM OIL, AND ORGANIC GUAR
ORGANIC GINGER 4:1 EXTRACT (ROOT)	250 MG	GUM), AND SILICON DIOXIDE.
ORGANIC MORINGA LEAF POWDER (MORINGA OLEIFERA)	400 MG	
ORGANIC GARLIC BULB POWDER	150 MG	

MAXIMUM SUPPORT FORMULA FOR ARTHRITIS AND JOINT DISORDERS

\*WHEN DEALING WITH JOINT DISORDERS RESULTING FROM INJURY, ARTHRITIS, OR OTHER JOINT PROBLEMS, THE MOST BENEFICIAL STEPS MAY BE THOSE TAKEN TO ENHANCE THE BODY'S ABILITY TO REPAIR AND RESTORE HEALTH TO THE CARTILAGE AND SURROUNDING TISSUES IN THE JOINTS. WE HAVE SELECTED THE BEST POSSIBLE COMBINATION OF NUTRIENTS TO HELP ACCOMPLISH THIS.

\*BY PROVIDING THE EQUIVALENT OF SEVEN OR MORE PRODUCTS IN ONE FORMULA, WE HAVE CREATED A HIGHLY EFFECTIVE, YET VERSATILE, UNIQUE FORMULATION THAT TAKES THE GUESS WORK OUT OF SELECTING THE MOST EFFECTIVE PRODUCT TO HELP TREAT MOST ANY FORM OF JOINT OR ARTHRITIS DISORDER.

JOINT COMPLEX CONTAINS THE FOLLOWING MAIN INGREDIENTS:

\*CHONDROITIN SULFATE AND GLUCOSAMINE SULFATE:  
\*RESEARCHERS HAVE FOUND THAT GLUCOSAMINE MAY HELP TO STIMULATE THE PRODUCTION OF CONNECTIVE TISSUE, ESPECIALLY CARTILAGE. WHILE POSSIBLY REGENERATING CARTILAGINOUS TISSUE, GLUCOSAMINE SEEMS TO ALSO PLAY A ROLE IN REDUCING INFLAMMATION AND STUDIES HAVE SHOWN IT TO BE MORE EFFECTIVE THAN IBUPROFEN IN TREATING DEGENERATIVE ARTHRITIS. CHONDROITIN SULFATE, WHICH ACTS AS FLEXIBLE MATRIX BETWEEN CARTILAGINOUS FILAMENTS, MAY HELP TO STRENGTHEN THIS CONNECTIVE TISSUE WHILE DECREASING ITS RIGIDITY, THEREBY DECREASING THE RISK FOR INJURY.

GREEN LIPPED SEA MUSSEL:  
\*GREEN LIPPED SEA MUSSEL CONTAINS HIGH LEVELS OF HYALURONIC ACID. HYALURONIC ACID SERVES AS AN EFFECTIVE LUBRICANT FOR THE JOINT AND BUFFERS AGAINST CARTILAGE DAMAGE.

MSM (METHYLSULFONYLMETHANE):  
\*AN ESSENTIAL NUTRIENT REQUIRED BY THE BODY, MSM PLAYS AN IMPORTANT ROLE IN THE PRODUCTION OF COLLAGEN. INSUFFICIENT LEVELS OF MSM CAN LEAD TO AN INABILITY OF THE BODY TO REPAIR OR REPLACE DAMAGED TISSUE. MSM CAN ALSO PLAY A SIGNIFICANT ROLE IN CONTROLLING PAIN CAUSED BY INFLAMED TISSUE CELLS. SUCH INFLAMMATION OCCURS WHEN TISSUE CELLS ARE UNABLE TO ADJUST THEIR FLUID LEVELS IN RESPONSE TO ATMOSPHERIC PRESSURE CHANGES. THIS IS WHY MANY PEOPLE CLAIM TO BE ABLE TO FORECAST WEATHER CHANGES BY THE PAIN IN THEIR JOINTS. MSM HELPS REGULATE FLUID TRANSFER IN THE TISSUES BY KEEPING THE CELL WALLS FLEXIBLE AND PERMEABLE.

HISTIDINE:  
\*THOSE AFFLICTED BY ARTHRITIS HAVE BEEN SHOWN TO HAVE ABNORMALLY LOW LEVELS OF HISTIDINE IN THEIR BODIES. PROPER INTAKE OF HISTIDINE MAY PROVE BENEFICIAL IN THE REDUCING OF INFLAMMATION ASSOCIATED WITH JOINT DISEASE AND OTHER DISORDERS.

BORON:  
\*THIS IMPORTANT MINERAL IS REKNOWNED FOR ITS ROLE IN HELPING TO PREVENT OR SLOW THE EFFECTS OF OSTEOPOROSIS. THERE IS SOME EVIDENCE TO SUGGEST BORON MAY PROVE BENEFICIAL IN TREATING SOME FORMS OF ARTHRITIS.

\*A SPECIAL BASE OF VITAMINS, MINERALS, HERBS AND OTHER NUTRIENTS HAVE BEEN ADDED TO FURTHER ENHANCE THE ACTIVE INGREDIENTS FOUND IN SPORTS EDGE JOINT COMPLEX.

\*SUGGESTED USE: ONE OR TWO TABLETS TAKEN THREE TIMES DAILY AS A DIETARY SUPPLEMENT.

TWO TABLETS CONTAIN:

GLUCOSAMINE SULFATE	1,000 MG	VITAMIN C (ASCORBIC ACID)	1 MG
CHONDROITIN SULFATE	100 MG	VITAMIN E (D-ALPHA TOCO.ACET.)	1 IU
GREEN LIPPED SEA MUSSEL (FROM NEW ZEALAND)	250 MG	VITAMIN B-1 (THIAMINE HCL)	1 MG
HISTIDINE	10 MG	VITAMIN B-2 (RIBOFLAVIN)	1 MG
MSM (METHYLSULFONYLMETHANE)	800 MG	NIACINAMIDE	1 MG
BORON (AMINO ACID CHELATE)	1 MG	VITAMIN B-6 (PYRIDOXINE HCL)	1 MG
ALFALFA POWDER	25 MG	VITAMIN B-12 (CYANOCOBALAMIN)	10 MCG
YUCCA EXTRACT (29% SAPONINS)	1 MG	MANGANESE (SULFATE)	320 MCG
DEVIL'S CLAW (POWDER)	1 MG	ZINC (AMINO ACID CHELATE)	200 MCG
CETYL MYRISTOLEATE	1 MG	SELENIUM (AMINO ACID CHELATE)	20 MCG
VITAMIN A (ACETATE)	100 IU	COPPER (AMINO ACID CHELATE)	100 MCG
		CHROMIUM (AMINO ACID CHELATE)	20 MCG
		POTASSIUM	165 MG

OTHER INGREDIENTS: DI-CALCIUM PHOSPHATE, STEARIC ACID, MAGNESIUM STEARATE, AND CROSSCARMELLOSE SODIUM.

# THE VITAMIN OUTLET/FITNESS SYSTEMS

## ORDERING INSTRUCTIONS

**PHONE ORDERS:**      **1-800-967-1827 (6:00 AM TO 10:00 PM ORDER LINE)**  
**1-800-822-9995 (QUESTIONS) OR 1-610-670-6549**

**ON LINE ORDERING:**    **www.vitaminoutlet.net**

**FAX (TOLL FREE):**      **1-800-461-3979 (ORDERS ONLY PLEASE!)**  
**OR 610-670-0135**

**E-MAIL:**                      **vitaminout@aol.com**

### ORDERING METHODS:

\*WEBSITE ONLINE  
\*PHONE  
\*MAIL  
\*FAX  
\*E-MAIL

**MASTERCARD**

**VISA**

### PROCESSING TIME:

\*MOST ORDERS FILLED IMMEDIATELY

**DISCOVER**

**AMEX**

### PAYMENT OPTIONS:

\*VISA  
\*MASTERCARD  
\*DISCOVER  
\*NOVUS  
\*AMERICAN EXPRESS  
\*MONEY ORDER  
\*CASHIER'S CHECK  
\*CERTIFIED CHECK  
\*PERSONAL CHECK (SUBJECT TO BANK CLEARANCE BEFORE SHIPMENT AND MAY DELAY YOUR ORDER ). FOR QUICKEST SHIPMENT PLEASE PAY WITH MONEY ORDER, CERTIFIED CHECK, CREDIT CARD, OR DEBIT CARD.  
CHECKS RETURNS FOR NON-SUFFIENT FUNDS MAY COLLECTED ELECTRONICALLY  
ALONG WITH A RETURN FEE OF UP TO \$30.00.

**MAKE MONEY ORDERS OR CHECKS PAYABLE TO “THE VITAMIN OUTLET” OR “FITNESS SYSTEMS”**

### SHIPPING:

**FREE SHIPPING ON ORDERS  
OF \$150.00 OR MORE!!!**

**ORDERS BETWEEN \$40.00 AND \$149.99 SHIPPING RATE  
IS ONLY A FLAT \$8.00 TOTAL NO MATTER HOW MANY  
ITEMS ORDERED!**

**ORDERS UNDER \$40.00 ADD \$12.00 FLAT SHIPPING RATE.**

**BECAUSE PACKAGES MUST BE RECEIVED AT THE INSTITUTION WITHIN THE QUARTERLY  
PERIOD FOR WHICH THEY WERE PURCHASED, PLEASE ORDER AT LEAST 2 WEEK OR MORE  
IN ADVANCE OF THE QUARTER END.**

**THE FOUR QUARTERLY PERIODS ARE AS FOLLOWS:**

**QUARTER 1: JANUARY 1 THRU MARCH 31**

**QUARTER 2: APRIL 1 THRU JUNE 30**

**QUARTER 3: JULY 1 THRU SEPTEMBER 30**

**QUARTER 4: OCTOBER 1 THRU DECEMBER 31**

The California Department of Corrections and Rehabilitation (CDCR) has approved this independent vendor to sell merchandise to inmates and the public. CDCR's brief review and approval of this vendor was strictly limited to minimum security requirements and general business intent. The CDCR is not affiliated with this vendor and does not guarantee that the vendor will fulfill any obligations, perform as expected, nor permanently remain in business, nor does the CDCR guarantee the vendor's products in any way. Any purchases from this vendor are at the buyer's sole risk. The CDCR assumes no liability whatsoever for such purchases, nor any aspect thereof. Any issues or disputes regarding the vendor's products are the sole responsibility of the buyer and/or the vendor, and the CDCR is not obligated to mediate or resolve any such disputes.

MASTERCARD

ORDER FORM

THE VITAMIN OUTLET/  
FITNESS SYSTEMS

VISA

DISCOVER

104 EVANS AVE  
SINKING SPRING PA 19608

AMEX

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OR 610-670-0135

E-MAIL: vitaminout@aol.com

PAYMENT BY (CHECK ONE): MONEY ORDER CASHIER/CERTIFIED CHECK  
PERSONAL CHECK PRISON CHECK

MAKE MONEY ORDERS OR CHECKS PAYABLE TO “THE VITAMIN OUTLET” OR “FITNESS SYSTEMS”

VISA MASTERCARD CARD NUMBER  
DISCOVERNOVUSAMERICAN EXPRESS  
CARDHOLDER SIGNATURE EXPIRATION DATE

THREE DIGIT SECURITY CODE  
(LAST 3 NUMBERS ON BACK OF YOUR CREDIT CARD ABOVE YOUR SIGNATURE)

SHIP TO ADDRESS: BILLING ADDRESS (PERSON PAYING FOR THIS ORDER)

CIRCLE QUARTER THIS PACKAGE IS FOR : 1 2 3 4  
CIRCLE INMATE PRIVILEGE GROUP: A B C D  
INMATE NAME  
INMATE CDC NUMBER  
INMATE HOUSING NUMBER  
FACILITY NAME  
FACILITY STREET  
CITY STATE ZIP CODE

NAME  
STREET  
CITY STATE ZIP CODE  
DAY PHONE  
EVENING PHONE  
FAX NUMBER

CODE	PRODUCT NAME	SIZE	FLAVOR	QUANTITY	PRICE	TOTAL

WEIGHT  
IN POUNDS

+ 2.0 POUNDS  
(BOX & PACKING)

TOTAL WEIGHT

MAY NOT WEIGH  
OVER 30 POUNDS

FREE SHIPPING ON ORDERS OF  
\$150.00 OR MORE!!!

ORDERS BETWEEN \$40.00 AND\$149.99 SHIPPING  
RATE IS ONLY A FLAT \$8.00 TOTAL NO MATTER  
HOW MANY ITEMS ORDERED!

ORDERS UNDER \$40.00 ADD \$12.00 FLAT  
SHIPPING RATE.

SUBTOTAL

SHIPPING  
(IF APPLICABLE)

TOTAL

NOTE: ORDERS PAID WITH PERSONAL CHECKS SUBJECT TO BANK CLEARANCE BEFORE SHIPMENT. FOR QUICKEST SHIPMENT PLEASE PAY WITH MONEY ORDER, CERTIFIED CHECK, CREDIT CARD, OR DEBIT CARD.

BACKORDERS AND SUBSTITUTIONS ARE NOT PERMITTED. IN THE EVENT AN ITEM IS OUT OF STOCK OR DISCONTINUED, A FULL REFUND FOR THAT ITEM WILL BE ISSUED TO THE PURCHASER.